Safety/Wellness Committee meeting
Friday, March 13, 2026 7:30 AM
Palmer Schools, Conference Room
202 Commercial Street
Palmer, NE 68864

1. Call to Order
Meeting called to order at 7:36 a.m. with the following present: Jim Sake, Veronica Lane, Asia Trout, Carissa Valasek, Heather Shotkoski, Todd Weller, Tayma Rasmussen, Bill Gregoski, Sherise Loeffelbein, Kristin Reimers.

2. Approve minutes of December 19, 2025 meeting
Motion by Weller, second by Shotkoski to approve the minutes. All present vote aye.

3. Wellness

3.1. Review school wellness practices
Reviewed wellness practices in: School Meals, Physical Education, Essential Physical Activity Topics in Health Education, Recess (Elementary), Classroom Physical Activity Breaks (Elementary and Secondary), Active Academics.

4. Safety

4.1. Review safety training modules
638 SafeSchools training modules have been completed in the following by staff this year. Will assign training modules for next year prior to school starting.
Back Injury and Lifting
Bloodborne Pathogen Exposure Prevention
Bullying: Recognition and Response
Bus Behavior and Discipline
CIPA: Compliance with the Children's Internet Protection Act
Chemical Spills Overview
Classroom Safety
Customer Service Overview
Dating Violence: Identification and Prevention
Electrical Safety
Fire Extinguisher Safety
First Aid
Food Safety and Kitchen Sanitation
Food Service Equipment: Safe Use
General Safety Orientation
Health Emergencies: Life-Threatening Allergies
Ladder Safety
Material Safety Data Sheets
Medication Administration Basics
Personal Protective Equipment (PPE)
Playground Maintenance & Inspection
Playground Supervision

School Intruders
Slips, Trips and Falls
Title IX Compliance Overview
Youth Suicide: Awareness, Prevention and Postvention

4.2. Review accident reports
Reviewed eight accident reports: five recess, one PE, one FCS, one restroom door. Four returned to activity, four picked up by parent.

4.3. Review monthly internal safety inspection sheets
Noted new safety straps on basketball hoops in gym, rocks removed and new sand on playground volleyball court, outside building light out.

5. Other

6. Adjourn
Meeting adjourned at 7:49 a.m.

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Board President

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Board Secretary