Safety/Wellness Committee meeting
Thursday, October 2, 2025 7:30 AM
Palmer Schools, Conference Room
202 Commercial Street
Palmer, NE 68864

1. Call to Order
Meeting called to order at 7:33 with the following present: Tayma Rasmussen, Payden Woodruff, Bill Gregoski, Asia Trout, Carissa Valasek, Heather Shotkoski, Todd Weller, Sherise Loeffelbein, Joel Bohlken, Kristin Reimers, Jenna Church, John Westman.

2. Approve minutes of May 14, 2025 meeting
Motion by Shotkoski, second by Reimers to approve the minutes. All present voted aye.

3. Wellness

3.1. Review school wellness practices
Reviewed the following topics regarding health and wellness: School Meals (great; food allergy accommodations), Physical Education (currently on sports units using 4-pt. scale), Essential Physical Activity Topics in Health Education (life posters; Red Ribbon Week), Recess (Elementary), Classroom Physical Activity Breaks (Elementary and Secondary), Active Academics.

4. Safety

4.1. Review safety training modules
500 SafeSchools training modules completed to date by 44 staff members. Staff have also completed seizure training from the Epilepsy Foundation.

4.2. Review accident reports
Reports of three recess accidents — collision and falls.

4.3. Review monthly internal safety inspection sheets
No safety issues noted on checklists.

4.4. Review Safety/Security reports
Reviewed progress on the items from ALICAP and sheriff inspection reports.

5. Other
Reports:
Jenna Church, Region 44 Emergency Manager - Described responsibilities of her agency during emergencies.
John Westman, Merrick County Sherriff - Scott Stemper and Phill Chalmers trainings.
Bill Gregoski - Looking into possibility of a lift and gym cover mats.

6. Adjourn
Adjourned at 8:05.

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Board President

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Board Secretary