

AGENDA

**SCHOOL DISTRICT OF NEW GLARUS
CURRICULUM, SPORTS & CO-CURRICULAR COMMITTEE MEETING
MONDAY, JULY 18, 2022
HIGH SCHOOL LIBRARY/MEDIA CENTER, ROOM 183 JOIN ZOOM MEETING USING
LINK
HTTPS://US02WEB.ZOOM.US/J/89372298176?PWD=T25UUDLNBGFESNVSVXPIB
Y9RWVVKDZ09 OR BY PHONE USING 1-646-568-7788 MEETING ID 893 7229
8176 & PASSWORD 449036
1701 2ND STREET
NEW GLARUS, WISCONSIN 53574
6:45 PM**

- | | | |
|-----|---|---|
| I. | CALL TO ORDER - CARI ANN MUGGENBURG, CHAIR | |
| II. | 6TH GRADE HEALTH/HUMAN GROWTH AND DEVELOPMENT
CURRICULUM MATERIALS | 2 |

6th-Grade Health and Human Growth and Development

— Summer 2022 —

Health Education

Health education programs help empower individuals and communities to live healthier lives by improving their physical, mental, emotional and social health by increasing their knowledge and influencing their attitudes about caring for their well-being. ³

The purpose of health education is to positively influence the health behavior of individuals and communities as well as the living and working conditions that influence their health.

Changes

Building changes, 6th grade will very soon be at the intermediate building.

K-5 is using a successful Health Education Program.

Continuity between grades for students and teachers.

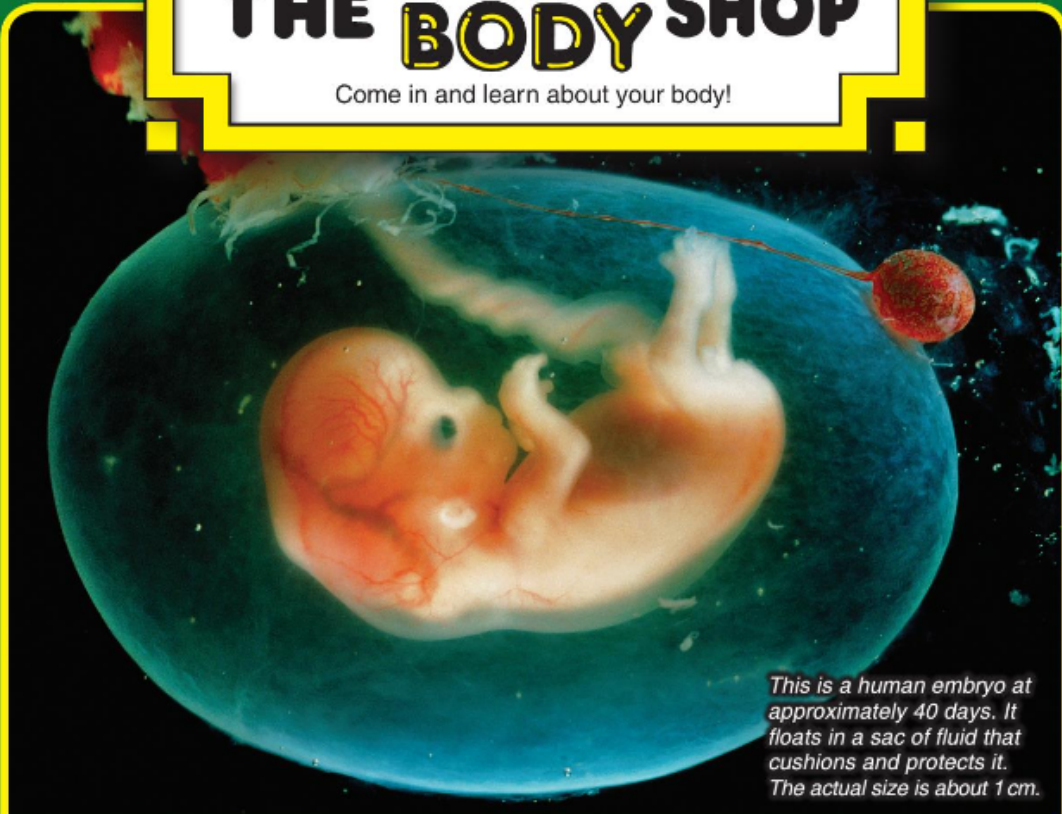
6th grade change

Proposed: The Great Body Shop

1. Connection to state and national standards
2. Developmentally and age appropriate
3. Engaging
4. Continuity between grades
5. Covers the approved topics (HGD)

GREAT THE BODY SHOP

Come in and learn about your body!



This is a human embryo at approximately 40 days. It floats in a sac of fluid that cushions and protects it. The actual size is about 1 cm.

The Reproductive System

As difficult as it is to believe, each one of us began life as a single cell no bigger than the period at the end of this sentence. That cell was a combination of an **egg** cell from your mother and a **sperm** cell from your father.

The fact that an egg and a sperm have the ability to grow into a healthy baby is pretty amazing. So is the fact that the developing **embryo** can get all of the nutrients and oxygen it needs while safe, warm, and protected inside its mother's body. These amazing abilities are brought to you by your body's reproductive system. The reproductive system is composed of all of the organs needed to create a baby.

Keep reading—you may agree that the reproductive system is just about the most complex and incredible of all of your body systems!

Name: _____



Copyright © 2021 The Children's Health Market, Inc. P.O. Box 7294 Wilton, CT 06897 www.TheGreatBodyShop.net SI606

Puberty—The Road to Adulthood

Puberty is the time during which your body changes from that of a child to that of an adult. During this four to six year period, both males and females grow taller, develop more body hair, and notice more oil in their skin. Males become more muscular and their voices start to deepen. Females develop breasts and their hips widen. A male notices that his **penis** and **testicles** are growing bigger. A female will eventually get her **menstrual periods**.

Other, less obvious changes happen as well, since all of these changes are due to **hormones**, chemicals produced by the **endocrine** (end-o-krin) **glands**. Though there have been hormones in your body your whole life, a few new ones start to be released somewhere

between ages 9 and 14. These are the hormones that get the process of puberty started.



The Reproductive Organs

Pictured below are the organs that make up the female reproductive system. Locate the **ovaries** in the diagram. The ovaries are almond-shaped organs that contain eggs, the female's reproductive cells. (Females are born with approximately one half million eggs already inside their ovaries.) Once a female starts to go through puberty, one egg will become ripe each month. When it does, it will leave the ovary (this is called **ovulation**) and begin to travel through the Fallopian tube to the **uterus**. Meanwhile, the

uterus has grown a thick lining, rich in blood vessels to nourish the egg.

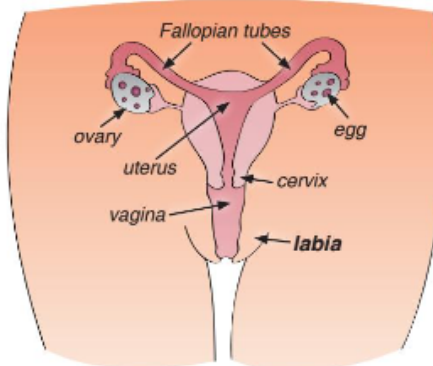
The egg will need that lining only if it has met with a sperm cell. If it has not, the lining and egg will disintegrate. The waste blood then comes out little by little through the **vagina**. This bleeding is called the menstrual period, or "period" for short. It generally occurs once every 28 days or so.

Pictured below are the organs of a male's reproductive system. The penis is usually limp. Occasionally, however, it fills with blood and becomes firmer. This is called an **erection** (ih-rek-shuhn).

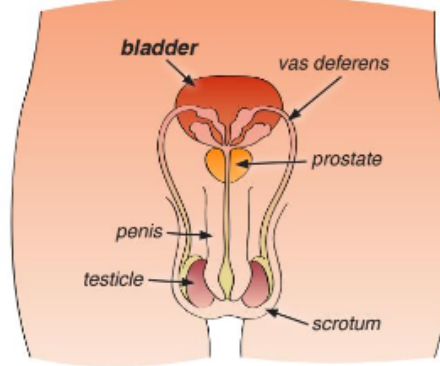
Behind the penis is the **scrotum** (skroh-tuhm), a sac-like structure that holds the two testicles. Once a male reaches puberty, his testicles will start to make sperm. Sperm are his reproductive cells. The **vas deferens** (vas def-uh-renz) are the tubes that carry sperm from the testicles to the **prostate**. As sperm move through the prostate, they are mixed with fluids.

Sometime during puberty, a male will find that his penis can discharge a white-colored fluid when it is erect. This fluid is **semen** (see-muhn), and it contains millions of sperm cells.

Female reproductive organs



Male reproductive organs



III. ADJOURN

PURSUANT TO APPLICABLE LAW, NOTICE IS HEREBY GIVEN THAT A QUORUM OR A MAJORITY OF THE NEW GLARUS SCHOOL DISTRICT BOARD MEMBERS MAY ATTEND THIS MEETING. INFORMATION PRESENTED AT THIS MEETING MAY HELP FORM THE RATIONALE BEHIND FUTURE ACTIONS THAT MAY BE TAKEN BY THE NEW GLARUS SCHOOL DISTRICT BOARD.

UPON REQUEST TO THE DISTRICT OFFICE, SUBMITTED TWENTY-FOUR (24) HOURS IN ADVANCE, THE DISTRICT SHALL MAKE REASONABLE ACCOMMODATIONS INCLUDING THE PROVISION OF INFORMATIONAL MATERIAL IN AN ALTERNATIVE FORMAT FOR A DISABLED PERSON TO BE ABLE TO ATTEND THIS MEETING.