



LAREDO INDEPENDENT SCHOOL DISTRICT ~ 2400 SAN BERNARDO ~ LAREDO, TX ~ (956)273-1000

**Laredo I.S.D. Board of Trustees
Student Services Committee Meeting
LISD Amber Yeary Board Room, 2400 San Bernardo Ave., Laredo, TX 78040**

Monday, September 7, 2026, at 11:00 AM

Please visit the link below to view supporting documentation for agenda items:

<https://meetings.boardbook.org/Public/Organization/2520>

- A. Meeting Called to Order
- B. Roll Call
- C. Pledge of Allegiance

AGENDA

1. Discussion and presentation on the Health Services Department including:

- Three Year Flu Clinic Summary Comparison
- 2026 Flu Clinic Schedule
- Smiles in Schools MOU Proposal
- Traumatic Injury Response Plan

Mr. Gerardo S. Rodriguez, Assistant Superintendent for Student Support Services

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Laredo Independent School District

Student Services COMMITTEE Meeting



Health Services

Mrs. M. Alejandra Peña, Director
Monday, September 7, 2026



Three Year Comparison of Flu Vaccination Rates

School	2025-2026	2024-2025	2023-2024
Bruni	48%	50%	59%
Gallego	51%	35%	36%
Daiches	43%	33%	43%
Dovalina	45%	40%	45%
D.D. Hacher	38%	39%	40%
Farias	40%	44%	42%
Heights	32%	29%	39%
Kawas	26%	37%	38%

Three Year Comparison of Flu Vaccination Rates

School	2025-2026	2024-2025	2023-2024
Leyendecker	46%	56%	45%
Ligarde	26%	27%	31%
Macdonell	52%	33%	33%
J. C. Martin	49%	48%	46%
Milton	36%	41%	41%
Pierce	24%	36%	30%
Ryan	44%	45%	36%
Sanchez/Ochoa	45%	33%	33%

Three Year Comparison of Flu Vaccination Rates

School	2025-2026	2024-2025	2023-2024
Santa Maria	51%	45%	37%
Santo Nino	42%	39%	36%
K. Tarver	45%	44%	50%
Zachry	27%	31%	39%
Christen M.S.	60%	54%	56%
Cigarroa M.S.	39%	40%	41%
Lamar M. S.	51%	52%	45%
Memorial M.S.	49%	55%	63%

Three Year Comparison of Flu Vaccination Rates

School	2025-2026	2024-2025	2023-2024
Cigarroa H.S.	34%	41%	44%
Martin H.S.	41%	54%	45%
Nixon H.S.	38%	49%	45%
Garcia E.C.H.S.	48%	51%	54%

Three Year Comparison of Flu Vaccination Rates

School	2025-2026	2024-2025	2023-2024
District Wide	41% (7,925)	44% (8,641)	42% (8,452)

- Consents were provided at registration and sent home with students.
- 18 y/o students allowed to consent for themselves, parents informed via phone prior to vaccination.
- Flu clinics were advertised on campus/district social media & calendars, local news, flyers sent home, at SHAC & campus parent meetings.
- Health Services staff reviewed ImmTrac2 for documentation of vaccinations by physicians, pharmacies, or other entities.

2026 Flu Clinic Schedule

*Testing dates, football schedules and staff development dates have been taken into consideration.

Date	Time	Location
Tuesday, September 22, 2026	8:30am-11:30am	Farias Elementary / Valdez
	1:00pm-3:30pm	Santa Maria Elementary
Wednesday, September 23, 2026	8:30am-11:30am	Tarver Elementary
	1:00pm-3:30pm	Ryan Elementary
Thursday, September 24, 2026	8:30am-11:30am	JC Martin Elementary
	1:00pm-3:30pm	Dovalina Elementary
Monday, September 28, 2026	8:30am-11:30am	Bruni Elementary
	1:00pm-3:30pm	MacDonell Elementary
Tuesday, September 29, 2026	8:30am-11:30am	Nixon High School
	1:00pm-3:30pm	
Wednesday, September 30, 2026	8:30am-11:30am	Cigarroa Middle School
	1:00pm-3:30pm	
Thursday, October 1, 2026	8:30am-11:30am	Lamar Middle School
	1:00pm-3:30pm	
Friday, October 2, 2026	8:30am-11:30am	Alma Pierce Elementary
	1:00pm-3:30pm	Leyendecker Elementary
Monday, October 5, 2026	8:30am-11:30am	Sanchez Ochoa Elementary
	1:00pm-3:30pm	Milton Elementary

Tuesday, October 6, 2026	8:30am-11:30am	Cigarroa High School
	1:00pm-3:30pm	
Wednesday, October 7, 2026	8:30am-11:30am	Memorial Middle School
	1:00pm-3:30pm	
Thursday, October 8, 2026	8:30am-11:30am	DD Hachar Elementary
	1:00pm-3:30pm	Santo Nino Elementary
Friday, October 9, 2026	8:30am-11:30am	Zachry Elementary
	1:00pm-3:30pm	Kawas Elementary
Tuesday, October 13, 2026	8:30am-11:30am	Heights Elementary
	1:00pm-3:30pm	Ligarde Elementary
Wednesday, October 14, 2026	8:30am-11:30am	Martin High School
	1:00pm-3:30pm	
Thursday, October 15, 2026	8:30am-11:30am	Christen Middle School
	1:00pm-3:30pm	
Friday, October 16, 2026	8:30am-11:30am	Garcia/VMT/Lara
	1:00pm-3:30pm	
Monday, October 19, 2026	8:30am-11:30am	Daiches Elementary
	1:00pm-3:30pm	Gallego Elementary

Smiles in Schools MOU Proposal

Smiles in Schools is a program funded by the Texas Department of State Health Services that visits elementary schools to provide preventive dental services to students in grades PK-3rd.

Services provided:

- Limited evaluation
- Fluoride Varnish
- Dental Sealants

The purpose of this service is to prevent dental infection and decrease decay, missing teeth, and the need for fillings.

Smiles in Schools MOU Proposal

- Clinic team consists of a dentist and dental hygienist.
- Parental consent is required prior to service.
- Parents will receive a note with evaluation results and any recommendations for follow-up.
- Student receives a goodie bag: toothbrush, toothpaste, etc.

Smiles in Schools MOU Proposal

Responsibility of LISD Health Services:

- Coordinate a schedule for campus visits.
- Obtain consents for students in qualifying grade levels.
- Provide space at each participating campus for clinic visit.
- Communicate with parents of students with follow up care recommended.

Smiles in Schools MOU Proposal

- These school based clinics are free of charge, no fees are charged to the district or families.
- No billing to Medicaid or private insurances.
- MOU proposal is for 5 years with the option to terminate early.
- If approved, clinics will be scheduled during Spring semester.

Traumatic Injury Response Plan

The goal of this trauma informed care plan is to provide a simple response guideline for all trained persons in the district to follow in the event a traumatic injury may occur where controlled bleeding measures are indicated.

Texas Education Code (TEC), §38.030, as added by House Bill (HB) 496, requires school districts to obtain bleeding control kits and provide training on the use of bleeding control stations in the event of an injury to another person.

Traumatic Injury Training:

Laredo ISD uses the Stop the Bleed: Save a Life Version 2.0 presentation, which was developed by the American College of Surgeons.

This training is provided by Health Services RN's and LVN's who are registered instructors to all staff during campus based staff development at the beginning of the school year. Staff who participate in CPR certification trainings are also trained on Stop the Bleed.

Traumatic Injury Response Plan

Bleeding Control Stations:

The district has bleeding control stations as required by HB 496 available and accessible to school employees and volunteers. Bleeding control kits are located next to or with the AED. Multiple kits are located throughout the campuses, at district facilities, and carried by nurses and athletic trainers in their emergency bags.

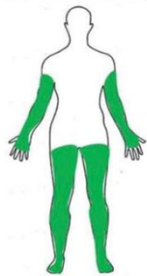


Traumatic Injury Response Plan

HOW TO STOP BLEEDING

TOURNIQUETS

When:	Where:	How:
For Life Threatening bleeding Only	- Extremities Only - Apply a tourniquet above the bleeding site as high and tight as possible	- Apply as quickly as possible - Turn the windless rod <u>until</u> bright red bleeding stops - If no tourniquet is available, use a belt or other improvised option - Note time of when applied



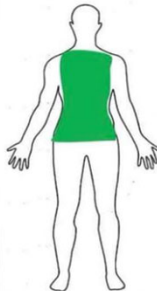
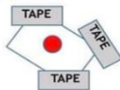
WOUND PACKING

When:	Where:	How:
Someone has severe bleeding on a part of the body where you can't place a tourniquet	- High in shoulders (front and back,) pelvic region, and buttocks NEVER pack a wound in the abdomen/chest (bleeding tends to be too deep to be reached from outside and can cause additional damage)	- Pack gauze into the wound (hemostatic gauze, if available) - Keep packing tightly until the wound is filled and bleeding has slowed/stopped - If wound packing gauze isn't available, use any absorbent material - material doesn't need to be sterile



CHEST SEALS

When:	Where:	How:
There is an open air wound allowing air to enter the lung/abdomen area	- Between the collar bone and belly button (includes abdomen) - If there is both an entrance and exit wound, a chest seal should be applied in both places	- Apply adhesive side of seal to the wound - Tape the hole on 3 sides to keep air from coming in easily, but will allow venting (example to left) - If chest seal isn't available, use any impermeable item (trash, bag, rubber gloves, ziplock, etc.)



PRIMARY PRINCIPLES OF TRAUMATIC INJURY RESPONSE:

Ensure your own safety

1. Provide care if the scene is safe to do so.
2. If, at any time, your safety is threatened, attempt to remove yourself (and the victim if possible) from danger and find a safe location.
3. Wear gloves to prevent potential transmission of blood-borne pathogens.

The ABCs of Bleeding

- A. Alert – Call 911
- B. Bleeding – **FIRST DETERMINE WHERE THE BLEEDING IS COMING FROM: WHERE IS THE WOUND?**
- C. Compress/Tourniquet



2026-2027 Flu Clinic Schedule

***Subject to change depending on flu vaccine availability**

Date	Time	Location	Team
Tuesday, September 22, 2026	8:30am-11:30am	Farias Elementary / Valdez	Team 1
	1:00pm-3:30pm	Santa Maria Elementary	
Wednesday, September 23, 2026	8:30am-11:30am	Tarver Elementary	Team 2
	1:00pm-3:30pm	Ryan Elementary	
Thursday, September 24, 2026	8:30am-11:30am	JC Martin Elementary	Team 3
	1:00pm-3:30pm	Dovalina Elementary	
Monday, September 28, 2026	8:30am-11:30am	Bruni Elementary	Team 4
	1:00pm-3:30pm	MacDonell Elementary	
Tuesday, September 29, 2026	8:30am-11:30am	Nixon High School	Team 1
	1:00pm-3:30pm		
Wednesday, September 30, 2026	8:30am-11:30am	Cigarroa Middle School	Team 2
	1:00pm-3:30pm		
Thursday, October 1, 2026	8:30am-11:30am	Lamar Middle School	Team 3
	1:00pm-3:30pm		
Friday, October 2, 2026	8:30am-11:30am	Alma Pierce Elementary	Team 4
	1:00pm-3:30pm	Leyendecker Elementary	
Monday, October 5, 2026	8:30am-11:30am	Sanchez Ochoa Elementary	Team 1
	1:00pm-3:30pm	Milton Elementary	
Tuesday, October 6, 2026	8:30am-11:30am	Cigarroa High School	Team 2
	1:00pm-3:30pm		
Wednesday, October 7, 2026	8:30am-11:30am	Memorial Middle School	Team 3
	1:00pm-3:30pm		
Thursday, October 8, 2026	8:30am-11:30am	DD Hachar Elementary	Team 4
	1:00pm-3:30pm	Santo Nino Elementary	
Friday, October 9, 2026	8:30am-11:30am	Zachry Elementary	Team 1
	1:00pm-3:30pm	Kawas Elementary	
Tuesday, October 13, 2026	8:30am-11:30am	Heights Elementary	Team 2
	1:00pm-3:30pm	Ligarde Elementary	
Wednesday, October 14, 2026	8:30am-11:30am	Martin High School	Team 3
	1:00pm-3:30pm		
Thursday, October 15, 2026	8:30am-11:30am	Christen Middle School	Team 4
	1:00pm-3:30pm		
Friday, October 16, 2026	8:30am-11:30am	Garcia/VMT/Lara	Team 1
	1:00pm-3:30pm		
Monday, October 19, 2026	8:30am-11:30am	Daiches Elementary	Team 2
	1:00pm-3:30pm	Gallego Elementary	

**MEMORANDUM OF UNDERSTANDING
BETWEEN THE
DEPARTMENT OF STATE HEALTH SERVICES
AND
LAREDO INDEPENDENT SCHOOL DISTRICT
FOR
PREVENTATIVE DENTAL SERVICES**

The **DEPARTMENT OF STATE HEALTH SERVICES (DSHS)** and the **LAREDO INDEPENDENT SCHOOL DISTRICT (School)**, each a Party and collectively the Parties, enter into the following non-financial Memorandum of Understanding (MOU or Agreement) for the purposes of increasing access to preventative dental services for eligible school children. The purpose of this written agreement is to set forth the duties and obligations of the Parties neither of which shall be liable for payment to the other Party for any services rendered hereunder.

I. LEGAL AUTHORITY

This agreement is authorized by and in compliance with the provisions of Texas Health and Safety Code Chapter 43 and Title 25 Texas Administrative Code (TAC), Chapter 49, Rule §49.4.

II. DESIGNATION OF REPRESENTATIVES

The following will act as the representative authorized to administer activities including, but not limited to, notices, consents, approvals, requests, or other general communications provided for or permitted to be given under this MOU.

DSHS

Judy Kropp, CTCM
PO Box 149347 Mail Code 1990
Austin, TX 78756
512-776-2119
Judy.Kropp@dshs.texas.gov

LAREDO INDEPENDENT SCHOOL DISTRICT

Guillermo Pro
2400 San Bernardo Ste D103
Laredo, TX 78040
956-273-1401
gpro@laredoisd.org

Either Party may change its designated representative by providing written notice to the other Party.

III. ROLES AND RESPONSIBILITIES OF DSHS

DSHS will:

- A. Coordinate with School to provide preventive dental services to eligible children at times and locations in accordance with Title 25 TAC, Chapter 49, Rule §49.6. Preventive dental services include, but are not limited to: limited oral evaluation data collection, dental sealants, topical fluoride varnish when appropriate, and distribution of written materials for the purposes of outreach, education, and referral, which may include a list of dental resources for follow up treatment. A limited oral evaluation does not constitute or take the

place of a regular dental checkup, which will be explained on the *Parental Permission Form*, which is provided to School by DSHS.

- B. Provide the dentist, dental hygienist, portable dental equipment, and dental supplies for provision of preventative dental services to eligible children. DSHS must have a properly signed *Parental Permission Form* on file for each participating child prior to provision of services.
- C. Permit non-DSHS personnel assigned to DSHS preventive dental services clinics to participate in the provision of services for educational purposes. Non-DSHS personnel must be deemed suitable by their governing institution and will be supervised by DSHS and/or faculty members of their educational program.
- D. Conduct a dental screening to identify children suspected of, or known to have, therapeutic dental needs. DSHS will share results via the *Results of Limited Oral Evaluation Form* with school staff who will provide the form to the child to take home to his/her parent(s)/legal guardian.
- E. Obtain national criminal history record information for each person who will provide services under this MOU, including DSHS personnel or persons accompanying DSHS personnel, in accordance with Texas Education Code Section 22.0834. DSHS will obtain the national criminal history record information through the criminal history clearinghouse as provided by Section 411.0845, Texas Government Code. DSHS will send, or ensure that the person sends, the information required to conduct the national criminal history record information to the Texas Department of Public Safety.
- F. Certify that national criminal history record information is obtained for each person to whom Section 22.0834, Texas Education Code applies. National criminal history record information will be obtained by DSHS either before employing the person or prior to allowing the person to serve in a capacity described in Section 22.0834, Texas Education Code.
- G. Not permit a person to whom Section 22.0834, Texas Education Code applies to provide services under this Agreement if the person has been convicted of a felony or misdemeanor offense that would prevent that person from obtaining certification as an educator under Section 21.060, Texas Education Code.

IV. ROLES AND RESPONSIBILITIES OF SCHOOL

School will:

- A. Designate a contact person for coordination of preventive dental services between the School and DSHS upon initial contact by the DSHS Regional Dental Team.
- B. Distribute the *Parental Permission Form* and informational materials provided by the DSHS Oral Health Improvement Program prior to each preventative dental services clinic.

- C. Collect the properly signed *Parental Permission Forms* and submit them to the DSHS dental team in advance of each preventive dental services clinic.
- D. Complete the *Student Roster Form* provided by the DSHS Oral Health Improvement Program in advance of each preventive dental services clinic.
- E. Coordinate with DSHS to provide access to a suitable location for the provision of preventative dental services. The facility must have, at minimum, access to electrical outlets, a water source, and restroom facilities.
- F. Facilitate access to the participating children for each preventative dental services clinic.
- G. Forward the DSHS *Results of Limited Oral Evaluation Form* to the parent/legal guardian of each participating child which may include a list of dental resources for follow up treatment.

V. CONFIDENTIALITY OF RECORDS (HIPAA/FERPA REQUIREMENTS)

- A. The Parties agree that the information created for, or obtained from, participating children and their parents/legal guardians under this Agreement will contain or consist of protected health information (PHI) as defined by, and made confidential under, the Privacy Rule of the Health Insurance Portability and Accountability Act of 1996 (“HIPAA”) and educational record(s) defined by and subject to the Family Educational Rights and Privacy Act (“FERPA”); or both.
- B. The Parties agree to comply with all applicable state and federal laws relating to the privacy and confidentiality of confidential data and records.
- C. The Parties will only access the PHI to carry out their respective roles and responsibilities under this Agreement.
- D. The Parties will implement appropriate safeguards to prevent unauthorized use or disclosure of the PHI and each Party must report an unauthorized use or disclosure of the PHI to the other Party.
- E. The School must make available to DSHS any information necessary to provide a full accounting of any unauthorized use or disclosures of the PHI.
- F. The School must make available the PHI to the child’s parent/guardian for amendment and must incorporate any amendments.
- G. Unless FERPA applies, the School must destroy, in a manner that ensures maintenance of confidentiality (e.g., shredding), all PHI, including the *Parental Permission Form* and *Results of Limited Oral Evaluation Forms*, in compliance with HIPAA.
- H. In the event that FERPA applies to an educational record that contains PHI that is also subject to HIPAA, the Parties agree to comply with FERPA in their handling of such educational records of children participating in the program.

- I. Unless required by judicial or regulatory authority, neither Party is permitted to authorize and further disclose the PHI or educational records in the custody of the other Party to persons or entities not a party to this Agreement without first having received permission of the other Party, and without having first obtained assurances that the other Party has fully complied with the provisions of HIPAA and FERPA.
- J. Any permitted redisclosure to the persons or entities not a party to this Agreement will be under the condition that no further disclosure by such party will be permitted.

VI. MUTUAL RESPONSIBILITIES

The Parties will communicate as necessary to successfully manage this Agreement and will work in good faith to fulfill the purpose of this Agreement.

VII. TERM OF AGREEMENT

This MOU is effective on the signature date of the latter of Parties to sign this MOU. This MOU will remain in effect for five (5) years from the effective date, unless terminated sooner. This MOU does not include renewals.

VIII. TERMINATION OF AGREEMENT

- A. **Termination without Cause.** This Agreement may be terminated by either Party without cause upon thirty (30) days written notice to the other Party.
- B. **Notice of Breach and Termination for Cause.** In the event of a Party's failure to comply with the terms of this Agreement, the non-breaching Party will provide notice to the breaching Party of the breach. After thirty (30) days of such notice, if the breach is not cured to the non-breaching party's satisfaction, the non-breaching party may proceed to termination by serving a notice of termination upon the breaching party which shall immediately terminate this Agreement.

DSHS may terminate this agreement immediately if School improperly discloses PHI, or breaches confidentiality and/or security requirements.

- C. **Waiver.** The failure of a Party to object to or take affirmative action with respect to the conduct of the other Party which is in violation or breach of the terms of this Agreement shall not be construed as a waiver of the violation or breach, or of any future violation or breach.

IX. GENERAL TERMS

- A. **Amendments.** This Agreement may be amended by the consent of both Parties at any time during its term. Amendments to the Agreement must be in writing and signed by DSHS and School. No change in, addition to, or waiver of any term or condition of this

Agreement shall be binding on DSHS unless approved in writing by an authorized representative of DSHS.

- B. **Change in Laws and Compliance with Laws.** The Parties shall comply with all applicable federal and state statutes, rules and regulations. Any alterations, additions, deletions to the terms of this Agreement which are required by changes in federal or state law or regulations are automatically incorporated into the Agreement without written amendment hereto, and shall become effective on the date designated by such law or by regulation.
- C. **Assignment.** School shall not assign its rights under this Agreement or delegate the performance of its duties under the agreement without prior written approval from DSHS. Any attempted assignment in violation of this provision is void and without effect.
- D. **No Partnership or Joint Venture.** The Parties agree that nothing in this Agreement shall be deemed to create an association, partnership, or joint venture between DSHS and School, but is intended solely to guide the relationship between the Parties. Each Party shall pay the cost of its participation in this Agreement without cost or reimbursement by the other Party.
- E. **Limitation on Authority.** School shall have no authority to act for or on behalf of DSHS or the State of Texas except as expressly provided for in this Agreement. No other authority, power or use is granted or implied. School may not incur any debt, obligation, expense or liability of any kind on behalf of DSHS or the State of Texas.
- F. **Sovereign Immunity.** The Parties expressly agree that no provision of this Agreement is in any way intended to constitute a waiver by DSHS or the State of Texas of any immunities from suit or from liability that DSHS or the State of Texas may have by operation of law. Notwithstanding the foregoing, if School is a Texas governmental unit, then nothing in this Agreement will be construed to waive any rights or affirmative defenses available to School under the doctrines of sovereign or official immunity.
- G. **Governing Law and Venue.** This Agreement is made, performed, and governed by the laws of the State of Texas. The venue of any suit arising under this Agreement is fixed in any court of competent jurisdiction of Travis County, Texas, unless the specific venue is otherwise identified in a statute which directly names or otherwise identifies its applicability to DSHS.
- H. **Non-Discrimination.** The Parties agree to comply with state and federal anti-discrimination laws, including:
 - i. Title VI of the Civil Rights Act of 1964 (42 U.S.C. §2000d et seq.);
 - ii. Section 504 of the Rehabilitation Act of 1973 (29 U.S.C. §794);
 - iii. Americans with Disabilities Act of 1990 (42 U.S.C. §12101 et seq.);
 - iv. Age Discrimination Act of 1975 (42 U.S.C. §§6101-6107);
 - v. Title IX of the Education Amendments of 1972 (20 U.S.C. §§1681-1688);
 - vi. Food and Nutrition Act of 2008 (7 U.S.C. §2011 et seq.); and

- vii. DSHS's administrative rules, as set forth in the Texas Administrative Code, to the extent applicable to this Agreement.

These laws provide in part that no persons in the United States may, on the grounds of race, color, national origin, sex, age, disability, political beliefs, or religion be excluded from participation in or denied any aid, care, service or other benefits provided by federal or state funding, or otherwise be subjected to discrimination.

- I. **Severability.** If any provision of this Agreement is held to be invalid or unenforceable for any reason, this Agreement shall be construed as if such provision did not exist and the non-enforceability of such provision shall not be held to render any other provision of this Agreement unenforceable.
- J. **Captions.** The captions contained herein are used solely for convenience and will not be deemed to define or limit the provisions of this Agreement.
- K. **Counterparts and Signatures.** The Parties may sign this Agreement in counterparts, each of which will be deemed an original, but all of which will together constitute one document. Electronically transmitted signatures will be deemed originals for all purposes related to this Agreement.
- L. **Entire Agreement.** This document constitutes the entire agreement of the Parties and is intended as a complete and exclusive statement of the promises, representations, negotiations, discussions, and other agreements that may have been made in connection with the subject matter hereof. Any additional or conflicting terms in any future document incorporated into this agreement will be harmonized with this agreement to the extent possible.
- M. **Attachments.** Attachments listed following the signature block at the end of this Agreement are incorporated in their entirety as terms and conditions of this Agreement.

BY SIGNING BELOW, THE PARTIES ACKNOWLEDGE THAT THEY HAVE READ THE MOU AND AGREE TO ITS TERMS, AND THAT THE PERSONS WHOSE SIGNATURE APPEAR BELOW HAVE THE REQUISITE AUTHORITY TO EXECUTE THIS MOU ON BEHALF OF THE NAMED PARTY.

SIGNATURE PAGE FOLLOWS

DEPARTMENT OF STATE HEALTH SERVICES

LAREDO INDEPENDENT SCHOOL DISTRICT

By: _____

Signature of Authorized Official

Date of Signature

Manda Hall, M.D.
Deputy Commissioner
Community Health Improvement
Texas Department of State Health Services
1100 West 49th Street
Austin, Texas 78756

By: _____

Signature of Authorized Official

Date of Signature

Printed Name and Title

Address

City, State, Zip

Counties Served

Telephone Number

Fax number

E-mail Address for Official Correspondence

**Federal Tax ID No. (9 digit) or State of Texas
Comptroller Vendor ID No. (14 digit)**



Traumatic Injury Response Plan

Introduction:

The safety and wellbeing of our students and staff is of the utmost importance to the Laredo Independent School District (LaredoISD). The goal of this trauma informed care protocol is to provide a simple response guideline for all trained persons in the district to follow in the event a traumatic injury may occur where controlled bleeding measures are indicated.

The Texas Education Code (TEC), §38.030, as added by House Bill (HB) 496, 86th Texas Legislature, requires school districts to obtain bleeding control kits and provide training on the use of bleeding control stations in the event of an injury to another person. Laredo ISD provides Stop the Bleed training programs to meet all requirements outlined in the statute. Additionally, as stated in TEC, §38.030, the district requires that the following personnel complete the above state-approved training program in the use of bleeding control stations: all district or school personnel who may **reasonably** be expected to use a bleeding control station.

A district employee or volunteer acting in good faith to control the bleeding of an injured person is immune from civil liability from damages or injuries resulting from that good faith use of a bleeding control station kit TEC §22.0511 and §22.053.

Traumatic Injury Training:

Laredo ISD will use the Stop the Bleed: Save a Life Version 2.0 presentation, for the bleeding control training. Stop the Bleed is a specific course developed by the American College of Surgeons to train the public in methods of bleeding control.

The following are eligible to teach Stop the Bleed:

- School Nurses who have completed the Stop the Bleed Course and are registered as Stop the Bleed Instructors;
- School Resource Officers Registered as Stop the Bleed Instructors;
- Other volunteers registered as Stop the Bleed Instructors.

Laredo ISD shall train the following people on the use of bleeding control stations:

- each school district peace officer commissioned under TEC, §37.081 or each school security personnel employed under TEC, §37.081 who provides security services at a campus;

- each school resource officer who provides law enforcement at a campus;
- and all other district or school personnel who may **reasonably** be expected to use a bleeding control station.

In addition, the district shall offer annual training to students in 7th grade-12th grade.

Bleeding Control Stations:

The district has bleeding control stations as required by HB 496 available and accessible to school employees and volunteers. Bleeding control kits are located next to or with the AED, to the extent possible, as approved by the safety and security committee. At least one bleeding control kit is located on every campus. Additional kits are located throughout the campuses, at district facilities, and carried by nurses and athletic trainers in their emergency bags.

Bleeding Control Kits:

Each bleeding control kit contains the following in accordance with TX HB 496:

- tourniquets approved for use in battlefield trauma care by the armed forces of the United States;
- chest seals;
- compression bandages;
- bleeding control bandages;
- space emergency blankets;
- latex-free gloves;
- markers;
- scissors; and
- instructional documents

PRIMARY PRINCIPLES OF TRAUMATIC INJURY RESPONSE:

Ensure your own safety

1. Provide care if the scene is safe to do so.
2. If, at any time, your safety is threatened, attempt to remove yourself (and the victim if possible) from danger and find a safe location.
3. Wear gloves to prevent potential transmission of blood-borne pathogens.

The ABCs of Bleeding

A. Alert – Call 911

B. Bleeding – FIRST DETERMINE WHERE THE BLEEDING IS COMING FROM: WHERE IS THE WOUND? If needed, open or cut clothing away from the victim using the shears provided in the first aid or stop the bleed kit, to visualize the injury.

o Look for **LIFE THREATENING BLEEDING:**

- Blood that is spurting from the wound
- Blood that won't stop coming out of wound
- Blood that is pooling on the ground
- Blood that has soaked through clothing or bandages
- Loss of part, or all, of an arm or leg
- Bleeding in a victim who is now confused or unconscious

C. Compress/Tourniquet– apply pressure to a bleeding wound to stop the bleeding (for both non-serious and life-threatening bleeding)

o **For life threatening bleeding from an arm or leg, and tourniquet is available, apply the tourniquet.**

1. Place the injured extremity through the loop of the band. Apply the CAT about 2-3 inches above the injury.
2. Tighten the band and then secure it onto itself with the Velcro. The band should be tight enough to prevent 3 fingers from fitting through the band.
3. Twist or wind the windlass until the bleeding stops.
4. Secure the windlass inside the clip, while assuring that the tourniquet remains tight. Wrap the remaining band over the rod and secure it with the strap.
5. Thread the excess band through the windlass clip and secure it using the windlass strap.
6. Record the time the tourniquet was applied on the tourniquet using the Sharpie provided in the kit.
7. Tourniquet application should be painful for the patient in order to be effective. Do not loosen or remove the tourniquet. This should be done by EMS or a physician.

o **If NO TOURNIQUET is available OR the bleeding is from the neck, groin, or shoulder, pack the wound.**

1. Take the end of the gauze dressing and pack the wound.

2. Use your fingers to place the gauze tightly and as deeply into the wound and continue to pack until you cannot fit anymore gauze into the wound.

3. Use the leftover gauze to compress the wound with both hands (with the palm of your hand on top of the wound and the other palm on top of your hand). Apply with direct pressure until EMS arrives.

o **If the wound is to the abdomen or torso do not pack the wound but apply direct pressure with gauze or cloth until help arrives.**

OPEN CHEST WOUNDS: For open chest wounds, identify the entry and exit of trauma to the chest, wipe the area with gauze, and apply the chest seal firmly with the wound in the center of the adhesive chest seal.

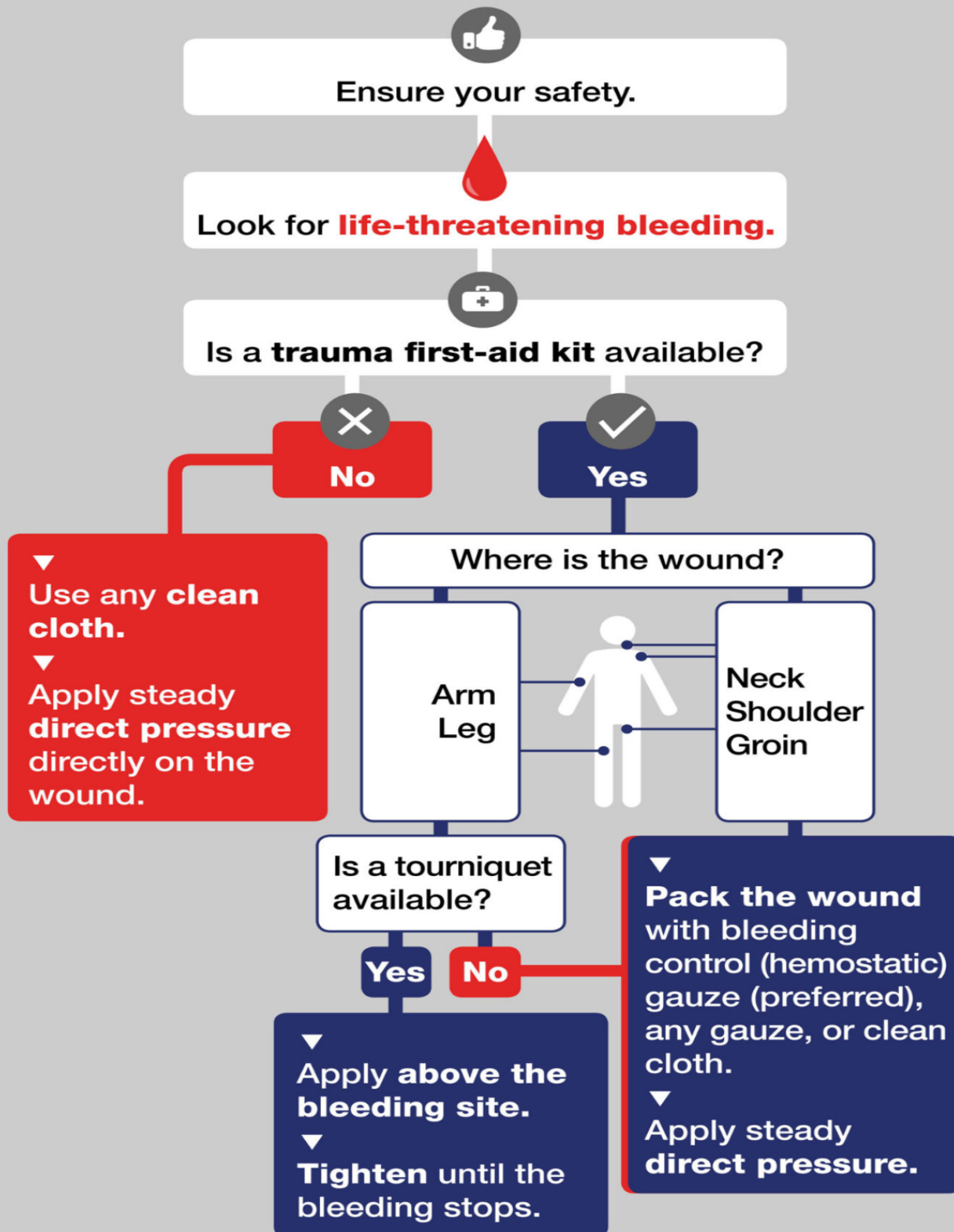
Appendix

- A. Save a Live Flow Diagram
- B. Tourniquet/Packing/Chest Seal Instructions
- C. Stop the Bleed Instructions
- D. Wound Packing

Appendix A

Save a life

What everyone should know
to stop bleeding after an injury



Appendix B

HOW TO STOP BLEEDING

TOURNIQUETS

When:

- For Life Threatening bleeding Only

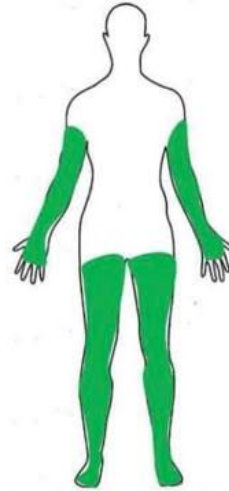


Where:

- Extremities Only
- Apply a tourniquet above the bleeding site as high and tight as possible

How:

- Apply as quickly as possible
- Turn the windless rod until bright red bleeding stops
- If no tourniquet is available, use a belt or other improvised option
- Note time of when applied



WOUND PACKING

When:

- Someone has severe bleeding on a part of the body where you can't place a tourniquet



Where:

- High in shoulders (front and back,) pelvic region, and buttocks
- **NEVER** pack a wound in the abdomen/chest (bleeding tends to be too deep to be reached from outside and can cause additional damage)

How:

- Pack gauze into the wound (hemostatic gauze, if available)
- Keep packing tightly until the wound is filled and bleeding has slowed/stopped
- If wound packing gauze isn't available, use any absorbent material - material doesn't need to be sterile



CHEST SEALS

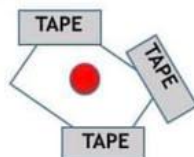
When:

- There is an open air wound allowing air to enter the lung/abdomen area



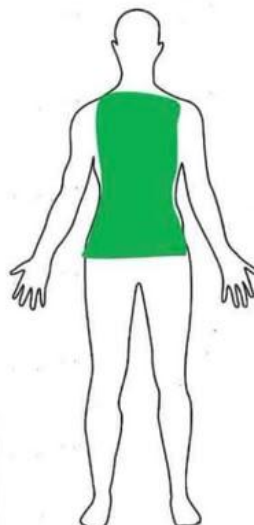
Where:

- Between the collar bone and belly button (includes abdomen)
- If there is both an entrance and exit wound, a chest seal should be applied in both places



How:

- Apply adhesive side of seal to the wound
- Tape the hole on 3 sides to keep air from coming in easily, but will allow venting (example to left)
- If chest seal isn't available, use any impermeable item (trash, bag, rubber gloves, ziplock, etc..)



Appendix C



No matter how rapid the arrival of professional emergency responders, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes, so it's important to quickly stop the blood loss.

Remember to be aware of your surroundings and move yourself and the injured person to safety, if necessary.

Call 911.

Bystanders can take simple steps to keep the injured alive until appropriate medical care is available. Here are three actions that you can take to help save a life:

1. Apply Pressure with Hands

EXPOSE to find where the bleeding is coming from and apply **FIRM, STEADY PRESSURE** to the bleeding site with both hands if possible.



2. Apply Dressing and Press

EXPOSE to find where the bleeding is coming from and apply **FIRM, STEADY PRESSURE** to the bleeding site with bandages or clothing.



3. Apply Tourniquet(s)

If the bleeding doesn't stop, place a tourniquet 2-3 inches closer to the torso from the bleeding. The tourniquet may be applied and secured over clothing.



If the bleeding still doesn't stop, place a second tourniquet closer to the torso from first tourniquet.



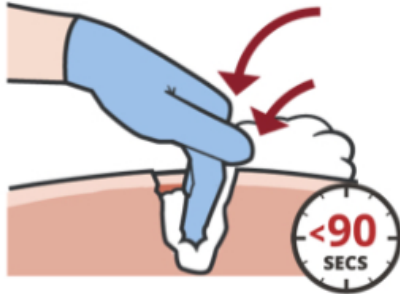
Appendix D



Module 6: Massive Hemorrhage Control



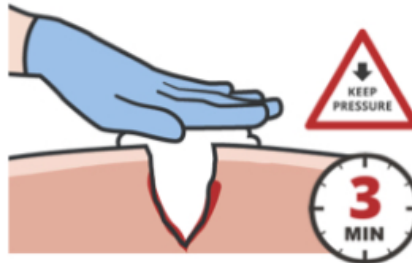
WOUND PACKING



Identify **exact source** of bleeding and **APPLY direct pressure UNTIL** gauze is placed

Pack the wound **maintaining CONSTANT** direct pressure within **90 SECONDS** to be effective

Fill and pack the wound tightly, ensuring gauze extends 1-2 inches above the skin



HOLD direct pressure for at least **3 MINS** (*this is necessary, even with the active ingredient in hemostatic gauze*)

When packing a large wound, more than one hemostatic gauze and/or **additional** gauze may be **needed**



Carefully **observe** to determine if bleeding has been **controlled**

Once you are sure the bleeding has **stopped**, apply a pressure bandage

2. Discussion and presentation on the Athletics Department, including:

- Number of Student-Athletes Participating in Fall Sports at Laredo ISD
- Elementary Showcase Schedule

Mr. Gerardo S. Rodriguez, Assistant Superintendent for Student Support Services

LISD BOARD OF TRUSTEES

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Guillermo Pro
Superintendent

Laredo Independent School District

Student Services COMMITTEE Meeting



Athletics Department

Mr. Luis Escamilla, Director

Monday, September 7, 2026



Number of Student-Athletes Participating in Fall Sports at Laredo ISD Martin High School

Sport	2024-2025	2025-2026	2026-2027
Football	84	79	120
Volleyball	50	44	38
Girls XC	36	20	21
Boys XC	32	33	30
Team Tennis	23	19	18
Girls Basketball	30	34	37
Boys Basketball	25	23	28
Girls Soccer	40	48	33
Boys Soccer	45	51	43
Golf	17	18	13
Swimming	27	25	24
Total	409	394	405



Number of Student-Athletes Participating in Fall Sports at Laredo ISD

Nixon High School

Sport	2024-2025	2025-2026	2026-2027
Football	146	133	131
Volleyball	37	38	39
Girls XC	19	28	22
Boys XC	25	23	14
Team Tennis	34	46	31
Girls Basketball	43	39	34
Boys Basketball	38	42	41
Girls Soccer	47	48	38
Boys Soccer	35	53	48
Golf	35	21	20
Swimming	47	55	31
Total	506	526	449

Number of Student-Athletes Participating in Fall Sports at Laredo ISD

Cigarroa High School

Sport	2024-2025	2025-2026	2026-2027
Football	76	88	105
Volleyball	36	41	40
Girls XC	23	21	18
Boys XC	24	23	23
Team Tennis	17	19	19
Girls Basketball	45	33	31
Boys Basketball	48	50	46
Girls Soccer	41	44	37
Boys Soccer	41	53	50
Golf	16	18	19
Swimming	20	20	28
Total	387	410	416



Number of Student-Athletes Participating in Fall Sports at Laredo ISD Middle Schools

Sport	2024-2025	2025-2026	2026-2027
Football	343	338	311
Volleyball	229	192	158
Girls Cross Country	70	78	51
Boys Cross Country	78	73	49
Total	720	681	569



Number of Student-Athletes Participating in Fall Sports at Laredo ISD (Christen)

Sport	2024-2025	2025-2026	2026-2027
Enrollment	1,115	1,090	961
Football	76	92	72 / 311
Volleyball	68	48	54 / 158
Girls Cross Country	11	27	16 / 51
Boys Cross Country	30	22	10 / 49
Total	185	189	152 / 569



Sources: TAPR, Skyward, Rank One

Number of Student-Athletes Participating in Fall Sports at Laredo ISD (Lamar)

Sport	2024-2025	2025-2026	2026-2027
Enrollment	1,204	1,119	1,075
Football	117	100	102 / 311
Volleyball	51	47	43 / 158
Girls Cross Country	23	16	23 / 51
Boys Cross Country	16	24	23 / 49
Total	207	187	191 / 569



Sources: TAPR, Skyward, Rank One

Number of Student-Athletes Participating in Fall Sports at Laredo ISD (Cigarroa Middle)

Sport	2024-2025	2025-2026	2026-2027
Enrollment	1,053	1,010	998
Football	76	82	81 / 311
Volleyball	51	51	52 / 158
Girls Cross Country	14	20	19 / 51
Boys Cross Country	11	13	11 / 49
Total	152	166	163 / 569



Sources: TAPR, Skyward, Rank One

Number of Student-Athletes Participating in Fall Sports at Laredo ISD (Memorial)

Sport	2024-2025	2025-2026	2026-2027
Enrollment	679	647	596
Football	74	64	75 / 311
Volleyball	59	46	44 / 158
Girls Cross Country	22	15	12 / 51
Boys Cross Country	21	22	28 / 49
Total	176	147	159 / 569



Sources: TAPR, Skyward, Rank One

Elementary Showcases



Elementary Showcase Schedule

Martin High School Tiger Team

Sport	Date
Cross Country	Nov. 10th
Volleyball	Sept. 17th
Flag Football 7on7	Nov. 17th
Boys Basketball	Jan. 13th
Girls Basketball	Dec. 17th
Girls Soccer	Nov. 5th
Boys Soccer	Nov. 17th
Track	Apr. 23rd

Nixon High School Mustang Team

Sport	Date
Cross Country	Nov. 10th
Volleyball	Sept. 8th
Flag Football 7on7	Nov. 18th
Boys Basketball	Jan. 13th
Girls Basketball	Dec. 16th
Girls Soccer	Nov. 3rd
Boys Soccer	Nov. 10th
Track	Apr. 23rd

Cigarroa High School Toro Team

Sport	Date
Cross Country	Nov. 10th
Volleyball	Sept. 15th
Flag Football 7on7	Nov. 19th
Boys Basketball	Jan. 13th
Girls Basketball	Dec. 14th
Girls Soccer	Nov. 3rd
Boys Soccer	Nov. 9th
Track	Apr. 23rd

*** Tentative Dates. Subject to Change ***



The Fruit of our Labor

Elementary → Middle School → High School → District Championship/Playoffs → NCAA & Beyond



3. Discussion and presentation on the proposed MOU with the City of Laredo Municipal Court for the Laredo Road Ready Initiative.

Mr. Gerardo S. Rodriguez, Assistant Superintendent for Student Support Services

4. Communication and Updates

Mr. Guillermo Pro, Superintendent of Schools

5. Adjournment

Chairperson

NOTICE OF VIDEO CONFERENCE CALL

Notice is hereby given that one or more board members may participate remotely in this board meeting by means of a videoconference call. The location of the meeting will be at the Amber Yeary Board Room - 2400 San Bernardo Ave., Laredo, TX 78040 where the presiding officer and a quorum of the Board will be physically present, and it is intended for the presiding officer to be present at this location during the meeting.

NOTICE OF POTENTIAL CLOSED MEETING

If during the course of the meeting, discussion of any item on the agenda should be held in a closed meeting, the Board will conduct a closed meeting in accordance with the Texas Open Meetings Act, Texas Government Code, Chapter 551, Subchapter D and E, regardless of whether the particular agenda item identifies a potential closed meeting.

DISABILITY ACCESS STATEMENT

Persons with disabilities who plan to attend this meeting and who may need auxiliary aid or services are requested to contact Erika Trevino at (956) 273-1401 at least two working days prior to the meeting so that appropriate arrangements can be made. The accessible entrance and accessible parking spaces are located at the Amber Yeary Board Room, 2400 San Bernardo Ave.

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