

## **School Start/End Time Task Force Meeting**

Monday, January 6, 2020 12:30 PM

Weston High School Main Office Conference Room, 24 School Road, Weston, CT  
06883-1623

I. **Welcome and Review of Agenda**

II. **Update on School Start/End Time Options Survey**

III. **Update on WPS Staff Focus Groups**

IV. **Update on Report to Board of Education for  
February 2020**

V. **Next Meeting Agenda Items**

VI. **Adjourn**

**School Start/End Time Options Survey (December 2019)**

**Survey Data Results Summary for Analysis**

**And**

**Workgroup Review**

**Version Date – 1/3/2020**

## OVERVIEW

Purpose – This document is a summary of the raw data collected from the survey that was conducted in December, 2019. The review, synthesis and analysis of this data will result in the final report.

The final report will contain visual representations of the key findings from this data and a narrative analysis in sections such as

1. Overview/Introduction
2. Rankings
  - a. Parents
  - b. Students
  - c. Staff
3. Ratings
4. Considerations
5. Narrative Highlights.

### Data Analysis Methodology –

Mixed Methods Review using an exploratory sequential design.

### **QUAN-Qual Model**

Quantitative data was collected (Q5, Q6, Q7, Q8, Q9, Q10, Q11) and is more heavily weighted and results are clarified with qualitative data (Q12)

Note: Question numbers (Q#) are used in the document to provide a link between the electronic data collection and this summary. They will not be included in the final document and are not meant to be in numeric order.

**DRAFT**

**School Start/End Time Options Survey (December 2019)**

**Survey Data Results Summary for Analysis**

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## RESPONDENTS

TOTAL NUMBER OF RESPONDENTS (began survey)

Q1 – Please indicate your role in the school district. (Select One)

Response Type	Percentage of Responses	Count	Percentage of Contact Attempts	Total Contact Attempts
Parent	38.21%	838	33.61%	2493
Staff	10.72%	235	48.54%	482
Student	51.07%	1120	81.81%	1369
	Total	2193		

*Analysis Note: It is important to note that the number of respondents (N) for each question is indicated with those results. While we did request that all respondents complete the entire survey this is not the case for all respondents. In the case were a respondent exited the survey before completing all questions the number of respondents for the question will vary for those listed above.*

*Distribution Note: 3 emails were sent to parents and staff on December 10, 16 and 19. The click rate on these emails are the following (not separated by response type).*

Email Date	Total Sent*	Click Rate
December 10	2975	1350
December 16	2980	1410
December 19	2983	715

*\* This number varies based on parents and staff changing their contact information as well as adjustments to student enrollment records.*

TOTAL NUMBER OF RESPONDENTS (complete entire survey)

Q1 – Please indicate your role in the school district. (Select One)

Response Type	Percentage of Responses	Count	Percentage of Contact Attempts	Total Contact Attempts
Parent	37.85%	645	25.87%	2493
Staff	12.09%	206	42.73%	482
Student	50.06%	853	62.30%	1369
	Total	1704		

*Analysis Note: 77.701% of respondents completed the entire survey. In analyzing the individual question results all responses were considered unless otherwise noted. The responses for each question is indicated with the results.*

RESPONDENTS REPRESENTATION OF POPULATION (sample size):

When considering a confidence level of 95% and a margin of error of 5% all responses exceed the required sample size.

Required Sample Sizes

Survey Group	Minimum Response Rate
Parent	333
Staff	215
Students	301

This is the minimum number of necessary samples to meet the desired statistical constraints noted above.

Actual Margin of Error (based on responses):

Survey Group	Margin of Error
Parent	2.70%
Staff	4.49%
Students	1.22%

The means, in this case, there is a 95% chance that the real value is within +/- (margin of error listed above) of the measured/survey value.

## RANKINGS, RATINGS & CONSIDERATIONS

### PARENT RESPONSES - OVERVIEW

Q2. Parents, please indicate with which school level you are associated. (Select One)

Answered (N): 833

Response	Percentage	Count
Upper Schools	72.75%	606
Lower Schools	27.25%	227

Q10. Please rank order the five options, with one (1) being your top choice. To begin, the options are displayed in random order. Using the number drop down to the left, or by dragging the options up and down, indicate your rank order preference (one is your top choice, five is your bottom choice).

Answered: 653

	Rank 1		Rank 2		Rank 3		Rank 4		Rank 5	
Option 1	29.71%	194	14.70%	96	13.94%	91	14.40%	94	27.26%	178
Option 2	20.52%	134	16.69%	109	13.63%	89	22.51%	147	26.65%	174
Option 3	16.93%	104	32.31%	211	31.70%	207	16.23%	106	3.83%	25
Option 4	19.14%	125	21.13%	138	31.09%	203	22.21%	145	6.43%	42
Option 5	14.70%	96	15.16%	99	9.65%	63	24.66%	161	35.83%	234

#### Definition of Options:

**Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

**Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

**Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

**Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

**Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

PARENT RESPONSES – UPPER SCHOOLS

Q2. Parents, please indicate with which school level you are associated. (Select One)

Answered (N): 833 (represents total parent responses)

Response	Percentage	Count
Upper Schools (WMS & WHS)	72.75%	606

Number of respondents who indicated they were a student at Weston High School in question 4. The number that responded to each question is indicated below for each question.

Q10. Please rank order the five options, with one (1) being your top choice. To begin, the options are displayed in random order. Using the number drop down to the left, or by dragging the options up and down, indicate your rank order preference (one is your top choice, five is your bottom choice).

Answered: 478

	Rank 1		Rank 2		Rank 3		Rank 4		Rank 5	
Option 1	26.15%	125	13.18%	63	12.55%	60	15.69%	75	32.43%	155
Option 2	21.55%	103	13.18%	63	14.85%	71	25.10%	120	25.31%	121
Option 3	13.63%	78	33.47%	160	29.08%	139	17.36%	83	3.77%	18
Option 4	18.83%	90	23.64%	113	33.68%	161	17.36%	83	6.49%	31
Option 5	17.15%	82	16.53%	79	9.83%	47	24.48%	117	32.01%	153

Definition of Options:

**Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

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**Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

**Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

**Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Individual Option Ratings

These questions ask for feedback on five leading options for school start/end times in the Weston Public Schools. They are listed below in detail, including the first and last bus stops. The ordering of the options should not be seen as a priority. The ordering starts with the current schedule, moves to the current

schedule “flipped,” and then is followed by three options going from earliest to latest start/end times for the upper schools. Using the slider please rank your preference for each of the options (low to the left and high to the right).

**Q5. Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Answered (N): 527

Median: 3.00

Mean: 2.75

Standard Deviation: 1.65

**Q6. Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Answered (N): 527

Median: 2.00

Mean: 2.72

Standard Deviation: 1.71

**Q7. Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

Answered (N): 527

Median: 3.00

Mean: 2.92

Standard Deviation: 1.48

**Q8. Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

Answered (N): 527

Median: 3.00

Mean: 2.80

Standard Deviation: 1.87

**Q9. Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Answered (N): 527

Median: 2.00

Mean: 2.44

Standard Deviation: 1.63

*Definitions –*

*Answered (N) – Total Responses to this question*

*Median – Is the value separating the higher half from the lower half of a data sample. It may be thought of as the “middle” value.*

*Mean – is a measure of central tendency otherwise known as an “average”*

*Standard deviation – is a number used to tell how measurements for a group are spread out from the mean. A lower SD means that most of the numbers are closer to the mean.*

Q11. In rating and then ranking the five options, which of the following considerations were important to you (Scale 1-5 (with 5 high).

Answered: 478

Consideration/Ranking	Low (1)		2		3		4		5 (high)	
Impact on athletic scheduling and opportunities	28.66%	137	10.04%	48	19.25%	92	13.60%	65	28.45%	136
Impact on non-WPS after-school programs	33.05%	158	14.64%	70	19.46%	93	13.18%	63	19.67%	94
Impact on family routines (including commuting to work)	21.34%	102	9.00%	43	14.44%	69	15.27%	73	39.96%	191
Impact on elementary students (HES/WIS) having to start later	56.69%	271	11.30%	54	12.97%	62	8.16%	39	10.88%	52
Impact on elementary students (HES/WIS) having to start earlier	55.65%	266	9.83%	47	12.34%	59	7.11%	34	15.06%	72
Impact on non-athletic WPS after-school programs	36.19%	173	15.27%	73	22.38%	107	12.55%	60	13.60%	65
Impact on child care arrangements	52.30%	250	8.78%	42	14.02%	67	7.95%	38	16.95%	81
Impact on potential early dismissal for	45.61%	218	15.48%	74	22.56%	108	6.49%	31	9.83%	47

WMS/WHS co-curricular activities										
Impact on student transportation arrangements to and from school	37.87%	181	13.81%	66	19.46%	93	9.83%	47	19.04%	91
Impact on after school job opportunities	44.98%	215	16.83%	79	17.99%	86	8.16%	39	12.34%	59
Impact on WPS budget	40.17%	192	15.27%	73	23.64%	113	10.67%	51	10.25%	49
Impact on WPS teachers and administrators (change in their schedules)	35.77%	171	17.36%	83	27.20%	130	10.46%	50	9.21%	44
Impact on WPS goals, priorities and initiatives	28.24%	135	11.92%	57	28.66%	137	14.02%	67	17.15%	82
Impact on middle school and high school attendance	26.15%	125	9.41%	45	20.08%	96	15.06%	72	29.29%	140
Impact on sleep time for adolescents (middle and high schoolers)	8.58%	41	3.14%	15	10.67%	51	11.51%	55	66.11%	316
Impact on middle school and high school tardiness	25.52%	122	10.67%	51	16.53%	79	10.04%	48	34.24%	178
Impact on middle school and high school homework completion	11.92%	57	5.44%	26	14.64%	70	16.32%	78	51.67%	247
Impact on middle school and high school academic success	7.11%	34	3.14%	15	12.13%	58	12.55%	60	65.06%	311
Impact on student mental and emotional health	5.23%	25	2.51%	12	9.00%	43	11.09%	53	72.18%	345
Impact on student physical health	6.07%	29	2.93%	14	9.62%	46	13.81%	66	67.57%	323
Impact on student behavior issues	14.02%	67	4.60%	22	16.74%	80	13.81%	66	50.84%	243
Impact on student safety traveling to and from school	18.41%	88	9.41%	45	19.67%	94	13.60%	65	38.91%	186

PARENT RESPONSES – LOWER SCHOOLS

Q2. Parents, please indicate with which school level you are associated. (Select One)

Answered (N): 833 (represents total parent responses)

Response	Percentage	Count
Lower Schools	27.25%	227

Number of respondents who indicated they were a student at Weston High School in question 4. The number that responded to each question is indicated below for each question.

Q10. Please rank order the five options, with one (1) being your top choice. To begin, the options are displayed in random order. Using the number drop down to the left, or by dragging the options up and down, indicate your rank order preference (one is your top choice, five is your bottom choice).

Answered: 173

	Rank 1		Rank 2		Rank 3		Rank 4		Rank 5	
Option 1	39.31%	68	19.08%	33	17.34%	30	10.98%	19	13.29%	23
Option 2	17.34%	30	26.59%	46	10.40%	18	15.03%	26	30.64%	53
Option 3	15.03%	26	28.90%	50	39.31%	68	12.72%	22	4.05%	7
Option 4	20.23%	35	14.45%	25	23.70%	41	35.84%	62	5.78%	10
Option 5	8.09%	14	10.98%	19	9.25%	16	25.43%	44	46.24%	80

Definition of Options:

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**Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

**Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

**Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

**Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Individual Option Ratings

These questions ask for feedback on five leading options for school start/end times in the Weston Public Schools. They are listed below in detail, including the first and last bus stops. The ordering of the options should not be seen as a priority. The ordering starts with the current schedule, moves to the current

schedule "flipped," and then is followed by three options going from earliest to latest start/end times for the upper schools. Using the slider please rank your preference for each of the options (low to the left and high to the right).

**Q5. Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Answered (N): 191

Median: 4.00

Mean: 3.47

Standard Deviation: 1.56

**Q6. Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Answered (N): 191

Median: 1.00

Mean: 2.35

Standard Deviation: 1.66

**Q7. Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

Answered (N): 191

Median: 3.00

Mean: 2.70

Standard Deviation: 1.48

**Q8. Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

Answered (N): 191

Median: 2.00

Mean: 2.47

Standard Deviation: 1.54

Q9. **Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Answered (N): 191

Median: 1.00

Mean: 1.90

Standard Deviation: 1.44

*Definitions –*

*Answered (N) – Total Responses to this question*

*Median – Is the value separating the higher half from the lower half of a data sample. It may be thought of as the “middle” value.*

*Mean – is a measure of central tendency otherwise known as an “average”*

*Standard deviation – is a number used to tell how measurements for a group are spread out from the mean. A lower SD means that most of the numbers are closer to the mean.*

Q11. In rating and then ranking the five options, which of the following considerations were important to you (Scale 1-5 (with 5 high).

Answered: 349

Consideration/Ranking	Low (1)		2		3		4		5 (high)	
Impact on athletic scheduling and opportunities	30.06	52	17.34	30	23.12	40	13.87	24	15.61	27
Impact on non-WPS after-school programs	25.43	44	16.18	28	21.39	37	19.08	33	17.92	31
Impact on family routines (including commuting to work)	8.67	15	4.62	8	15.03	26	15.03	26	56.65	98
Impact on elementary students (HES/WIS) having to start later	17.34	30	8.09	14	16.18	28	19.08	33	39.31	68
Impact on elementary students (HES/WIS) having to start earlier	15.61	27	6.94	12	12.14	21	12.72	22	52.60	91
Impact on non-athletic WPS after-school programs	26.59	46	17.92	31	24.28	42	17.34	30	13.87	24

Impact on child care arrangements	28.90	50	3.47	6	13.87	24	10.40	18	43.35	75
Impact on potential early dismissal for WMS/WHS co-curricular activities	43.93	76	19.08	33	19.65	34	6.94	12	10.40	18
Impact on student transportation arrangements to and from school	32.37	56	10.98	19	16.18	28	12.14	21	28.32	49
Impact on after school job opportunities	58.96	102	17.34	30	8.67	15	5.78	10	9.25	16
Impact on WPS budget	54.91	95	13.87	24	17.92	31	6.94	12	6.36	11
Impact on WPS teachers and administrators (change in their schedules)	40.46	70	13.87	24	20.81	36	16.76	29	8.09	14
Impact on WPS goals, priorities and initiatives	27.75	48	12.14	21	28.32	49	15.61	27	16.18	28
Impact on middle school and high school attendance	29.90	50	12.72	22	19.65	34	16.76	29	21.97	38
Impact on sleep time for adolescents (middle and high schoolers)	13.87	24	8.09	14	16.18	28	13.87	24	47.98	83
Impact on middle school and high school tardiness	31.79	55	13.29	23	13.87	24	15.61	27	25.43	44
Impact on middle school and high school homework completion	27.17	47	11.56	20	17.34	30	15.61	27	28.32	49
Impact on middle school and high school academic success	19.08	33	8.09	14	15.61	27	18.50	32	38.73	67
Impact on student mental and emotional health	8.09	14	5.78	10	17.34	30	15.03	26	53.76	93
Impact on student physical health	9.83	17	6.94	12	17.92	31	16.76	29	48.55	84
Impact on student behavior issues	13.29	23	5.78	10	21.39	37	15.03	26	44.51	77
Impact on student safety traveling to and from school	17.34	30	10.40	18	19.65	34	16.76	29	35.84	62

## STUDENT RESPONSES - OVERVIEW

Q4. Please indicate which school your attended. (Select One)

Answered (N): 1115

Response	Percentage	Count
Weston High School	63.41%	707
Weston Middle School	36.59%	408

Q10. Please rank order the five options, with one (1) being your top choice. To begin, the options are displayed in random order. Using the number drop down to the left, or by dragging the options up and down, indicate your rank order preference (one is your top choice, five is your bottom choice).

Answered: 875

	Rank 1		Rank 2		Rank 3		Rank 4		Rank 5	
Option 1	22.51%	197	16.11%	141	18.97%	166	16.80%	147	25.60%	224
Option 2	11.66%	102	15.54%	136	20.00%	175	26.29%	230	26.51%	232
Option 3	11.09%	97	37.94%	332	28.57%	250	16.46%	144	5.94%	52
Option 4	43.77%	383	17.83%	156	18.97%	166	14.17%	124	5.26%	46
Option 5	10.97%	96	12.57%	110	13.49%	118	26.29%	230	36.69%	321

### Definition of Options:

**Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

**Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

**Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

**Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

**Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

STUDENT RESPONSES – HIGH SCHOOL

Q4. Please indicate which school your attend. (Select One)

Answered (N): 1115 (represents total student responses)

Response	Percentage	Count
Weston High School	63.41%	707

Number of respondents who indicated they were a student at Weston High School in question 4. The number that responded to each question is indicated below for each question.

Q10. Please rank order the five options, with one (1) being your top choice. To begin, the options are displayed in random order. Using the number drop down to the left, or by dragging the options up and down, indicate your rank order preference (one is your top choice, five is your bottom choice).

Answered: 875

	Rank 1		Rank 2		Rank 3		Rank 4		Rank 5	
Option 1	22.51%	197	16.11%	141	18.97%	166	16.80%	147	25.60%	224
Option 2	11.66%	102	15.54%	136	20.00%	175	26.29%	230	26.51%	232
Option 3	11.09%	97	37.94%	332	28.57%	250	16.46%	144	5.94%	52
Option 4	43.77%	383	17.83%	156	18.97%	166	14.17%	124	5.26%	46
Option 5	10.97%	96	12.57%	110	13.49%	118	26.29%	230	36.69%	321

Definition of Options:

**Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

**Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

**Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

**Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

**Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Individual Option Ratings

These questions ask for feedback on five leading options for school start/end times in the Weston Public Schools. They are listed below in detail, including the first and last bus stops. The ordering of the options should not be seen as a priority. The ordering starts with the current schedule, moves to the current

schedule “flipped,” and then is followed by three options going from earliest to latest start/end times for the upper schools. Using the slider please rank your preference for each of the options (low to the left and high to the right).

**Q5. Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Answered (N): 641

Median: 3.00

Mean: 2.77

Standard Deviation: 1.47

**Q6. Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Answered (N): 641

Median: 2.00

Mean: 2.57

Standard Deviation: 1.50

**Q7. Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

Answered (N): 641

Median: 3.00

Mean: 3.03

Standard Deviation: 1.38

**Q8. Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

Answered (N): 641

Median: 4.00

Mean: 3.60

Standard Deviation: 1.51

**Q9. Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Answered (N): 641

Median: 2.00

Mean: 2.28

Standard Deviation: 1.40

*Definitions –*

*Answered (N) – Total Responses to this question*

*Median – Is the value separating the higher half from the lower half of a data sample. It may be thought of as the “middle” value.*

*Mean – is a measure of central tendency otherwise known as an “average”*

*Standard deviation – is a number used to tell how measurements for a group are spread out from the mean. A lower SD means that most of the numbers are closer to the mean.*

Q11. In rating and then ranking the five options, which of the following considerations were important to you (Scale 1-5 (with 5 high)).

Answered: 524

Consideration/Ranking	Low (1)		2		3		4		5 (high)	
Impact on athletic scheduling and opportunities	17.18%	90	11.45%	60	18.51%	97	19.27%	101	33.59%	176
Impact on non-WPS after-school programs	24.62%	129	18.13%	95	23.09%	121	12.40%	65	21.76%	114
Impact on family routines (including commuting to work)	26.91%	141	17.94%	94	20.42%	107	16.79%	88	17.94%	94
Impact on elementary students (HES/WIS) having to start later	58.21%	305	19.08%	100	12.79%	67	5.34%	28	4.58%	24
Impact on elementary students (HES/WIS) having to start earlier	55.53%	291	20.04%	105	11.83%	62	4.96%	26	7.63%	40

Impact on non-athletic WPS after-school programs	34.16%	179	17.75%	93	22.14%	116	10.88%	57	15.08%	79
Impact on child care arrangements	48.09%	252	17.37%	91	17.37%	91	8.40%	44	8.78%	46
Impact on potential early dismissal for WMS/WHS co-curricular activities	33.40%	175	20.99%	110	23.09%	121	12.21%	64	10.31%	54
Impact on student transportation arrangements to and from school	31.11%	163	17.37%	91	20.04%	105	18.51%	97	12.98%	68
Impact on after school job opportunities	27.48%	144	12.60%	66	23.66%	124	16.22%	85	20.04%	105
Impact on WPS budget	56.68%	297	16.03%	84	16.79%	88	5.15%	27	5.34%	28
Impact on WPS teachers and administrators (change in their schedules)	39.12%	205	18.70%	98	22.90%	120	10.11%	53	9.16%	48
Impact on WPS goals, priorities and initiatives	45.61%	239	16.22%	85	19.85%	104	9.16%	48	9.16%	48
Impact on middle school and high school attendance	32.06%	168	12.60%	66	20.04%	105	12.98%	68	22.33%	117
Impact on sleep time for adolescents (middle and high schoolers)	11.07%	58	3.44%	18	13.36%	70	14.31%	75	57.82%	303
Impact on middle school and high school tardiness	22.90%	120	11.83%	62	20.61%	108	13.93%	73	30.73%	161
Impact on middle school and high school homework completion	15.08%	79	5.73%	30	19.27%	101	17.37%	91	42.56%	223
Impact on middle school and high school academic success	12.98%	68	5.15%	27	17.37%	91	16.98%	89	47.52%	249
Impact on student mental and emotional health	12.02%	63	6.11%	32	14.31%	75	11.83%	62	55.73%	292
Impact on student physical health	14.50%	76	6.87%	36	18.70%	98	16.03%	84	43.89%	230

Impact on student behavior issues	20.80%	109	12.21%	64	23.09%	121	12.79%	67	31.11%	163
Impact on student safety traveling to and from school	26.53%	139	14.12%	74	23.85%	125	12.40%	65	23.09%	121

STUDENT RESPONSES – MIDDLE SCHOOL

Q4. Please indicate which school you attend. (Select One)

Answered (N): 1115 (represents total student responses)

Response	Percentage	Count
Weston Middle School	36.59%	408

Number of respondents who indicated they were a student at Weston High School in question 4. The number that responded to each question is indicated below for each question.

Q10. Please rank order the five options, with one (1) being your top choice. To begin, the options are displayed in random order. Using the number drop down to the left, or by dragging the options up and down, indicate your rank order preference (one is your top choice, five is your bottom choice).

Answered: 349

	Rank 1		Rank 2		Rank 3		Rank 4		Rank 5	
Option 1	24.07%	84	16.33%	57	17.77%	62	17.19%	60	24.64%	86
Option 2	8.31%	29	14.61%	51	19.48%	68	26.93%	94	30.66%	107
Option 3	10.60%	37	40.97%	143	28.65%	100	15.76%	55	4.01%	14
Option 4	42.98%	150	18.05%	63	21.78%	76	11.75%	41	5.44%	19
Option 5	14.04%	49	10.03%	35	12.32%	43	28.37%	99	35.24%	123

Definition of Options:

**Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

**Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

**Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

**Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

**Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Individual Option Ratings

These questions ask for feedback on five leading options for school start/end times in the Weston Public Schools. They are listed below in detail, including the first and last bus stops. The ordering of the options should not be seen as a priority. The ordering starts with the current schedule, moves to the current

schedule “flipped,” and then is followed by three options going from earliest to latest start/end times for the upper schools. Using the slider please rank your preference for each of the options (low to the left and high to the right).

**Q5. Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Answered (N): 380

Median: 3.00

Mean: 2.83

Standard Deviation: 1.49

**Q6. Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Answered (N): 380

Median: 2.00

Mean: 2.28

Standard Deviation: 1.45

**Q7. Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

Answered (N): 380

Median: 3.00

Mean: 2.97

Standard Deviation: 1.45

**Q8. Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

Answered (N): 380

Median: 4.00

Mean: 3.50

Standard Deviation: 1.61

**Q9. Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Answered (N): 380

Median: 2.00

Mean: 2.22

Standard Deviation: 1.45

*Definitions –*

*Answered (N) – Total Responses to this question*

*Median – Is the value separating the higher half from the lower half of a data sample. It may be thought of as the “middle” value.*

*Mean – is a measure of central tendency otherwise known as an “average”*

*Standard deviation – is a number used to tell how measurements for a group are spread out from the mean. A lower SD means that most of the numbers are closer to the mean.*

Q11. In rating and then ranking the five options, which of the following considerations were important to you (Scale 1-5 (with 5 high).

Answered: 349

Consideration/Ranking	Low (1)		2		3		4		5 (high)	
Impact on athletic scheduling and opportunities	17.48%	61	15.47%	54	17.19%	60	17.48%	61	32.38%	113
Impact on non-WPS after-school programs	19.77%	69	16.05%	56	22.92%	80	20.06%	70	21.20%	74
Impact on family routines (including commuting to work)	16.33%	57	18.34%	67	20.06%	70	18.91%	66	26.36%	92
Impact on elementary students (HES/WIS) having to start later	44.99%	157	18.05%	63	18.05%	63	9.46%	33	9.46%	33
Impact on elementary students (HES/WIS) having to start earlier	42.41%	148	14.90%	52	14.33%	50	12.03%	42	16.33%	57
Impact on non-athletic WPS after-school programs	28.08%	98	16.91%	59	21.20%	74	15.47%	54	18.34%	64

Impact on child care arrangements	33.52%	117	18.05%	63	23.78%	83	9.46%	33	15.19%	53
Impact on potential early dismissal for WMS/WHS co-curricular activities	25.50%	89	19.20%	67	25.21%	88	12.32%	43	17.77%	62
Impact on student transportation arrangements to and from school	20.92%	73	13.75%	48	22.64%	79	19.20%	67	23.50%	82
Impact on after school job opportunities	34.38%	120	15.76%	55	17.77%	62	16.05%	56	16.05%	56
Impact on WPS budget	45.85%	160	20.92%	73	17.19%	60	6.88%	24	9.17%	32
Impact on WPS teachers and administrators (change in their schedules)	27.22%	95	21.20%	74	25.50%	89	14.61%	51	11.46%	40
Impact on WPS goals, priorities and initiatives	32.09%	112	19.20%	67	24.07%	84	12.61%	44	12.03%	42
Impact on middle school and high school attendance	22.35%	78	18.05%	63	19.20%	67	16.05%	56	24.36%	85
Impact on sleep time for adolescents (middle and high schoolers)	8.31%	29	3.72%	13	11.17%	39	12.03%	42	64.76%	226
Impact on middle school and high school tardiness	19.48%	68	14.90%	52	18.91%	66	16.05%	56	30.66%	107
Impact on middle school and high school homework completion	9.46%	33	6.59%	23	16.05%	56	22.35%	48	45.56%	159
Impact on middle school and high school academic success	10.32%	36	9.74%	34	17.19%	60	22.64%	49	40.11%	140
Impact on student mental and emotional health	14.04%	49	7.45%	26	14.61%	51	20.06%	70	43.84%	153
Impact on student physical health	14.04%	49	11.17%	39	17.19%	60	19.20%	67	38.40%	134
Impact on student behavior issues	20.63%	72	13.47%	47	18.05%	63	19.48%	68	28.37%	99
Impact on student safety traveling to and from school	21.78%	76	12.89%	45	23.21%	81	17.19%	60	24.93%	87

## STAFF RESPONSES - OVERVIEW

Q3. Staff, please indicate with which school level you are associated. (Select One)

Answered (N): 235 (represents total student responses)

Response	Percentage	Count
Upper Schools (WMS & WHS)	57.45%	135
Lower Schools (HES & WIS)	39.15%	92
Central Office or Other	3.40%	8

Q10. Please rank order the five options, with one (1) being your top choice. To begin, the options are displayed in random order. Using the number drop down to the left, or by dragging the options up and down, indicate your rank order preference (one is your top choice, five is your bottom choice).

Answered: 207

	Rank 1		Rank 2		Rank 3		Rank 4		Rank 5	
Option 1	60.87	126	20.77	43	8.21	17	4.83	10	5.31	11
Option 2	18.36	38	14.49	30	8.21	17	28.99	60	29.95	62
Option 3	5.80	12	38.16	79	38.16	79	14.98	31	2.90	6
Option 4	13.53	28	21.26	44	39.61	82	20.29	42	5.31	11
Option 5	1.45	3	5.31	11	5.80	12	30.92	64	56.52	117

### Definition of Options:

**Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

**Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

**Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

**Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

**Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

STAFF RESPONSES – UPPER SCHOOLS

Q3. Staff, please indicate with which school level you are associated. (Select One)

Answered (N): 235 (represents total staff responses)

Response	Percentage	Count
Upper Schools (WMS & WHS)	57.45%	135

Number of respondents who indicated they were a staff member in question 3. The number that responded to each question is indicated below for each question.

Q10. Please rank order the five options, with one (1) being your top choice. To begin, the options are displayed in random order. Using the number drop down to the left, or by dragging the options up and down, indicate your rank order preference (one is your top choice, five is your bottom choice).

Answered: 118

	Rank 1		Rank 2		Rank 3		Rank 4		Rank 5	
Option 1	65.25%	77	12.71%	15	8.47%	10	6.78%	8	6.78%	8
Option 2	5.08%	6	7.63%	9	6.78%	8	42.37%	50	38.14%	45
Option 3	9.32%	11	50.85%	60	30.51%	36	5.93%	7	3.39%	4
Option 4	18.64%	22	22.88%	27	45.76%	54	6.78%	8	5.93%	7
Option 5	1.69%	2	5.93%	7	8.47%	10	38.14%	45	45.76%	54

Definition of Options:

- Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)
- Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)
- Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)
- Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)
- Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Individual Option Ratings

These questions ask for feedback on five leading options for school start/end times in the Weston Public Schools. They are listed below in detail, including the first and last bus stops. The ordering of the options should not be seen as a priority. The ordering starts with the current schedule, moves to the current

schedule “flipped,” and then is followed by three options going from earliest to latest start/end times for the upper schools. Using the slider please rank your preference for each of the options (low to the left and high to the right).

**Q5. Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Answered (N): 129

Median: 5.00

Mean: 4.26

Standard Deviation: 1.28

**Q6. Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Answered (N): 129

Median: 1.00

Mean: 1.73

Standard Deviation: 1.23

**Q7. Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

Answered (N): 129

Median: 3.00

Mean: 2.83

Standard Deviation: 1.36

**Q8. Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

Answered (N): 129

Median: 3.00

Mean: 2.78

Standard Deviation: 1.54

**Q9. Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Answered (N): 129

Median: 1.00

Mean: 1.60

Standard Deviation: 1.16

*Definitions –*

*Answered (N) – Total Responses to this question*

*Median – is the value separating the higher half from the lower half of a data sample. It may be thought of as the “middle” value.*

*Mean – is a measure of central tendency otherwise known as an “average”*

*Standard deviation – is a number used to tell how measurements for a group are spread out from the mean. A lower SD means that most of the numbers are closer to the mean.*

Q11. In rating and then ranking the five options, which of the following considerations were important to you (Scale 1-5 (with 5 high).

Answered: 118

Consideration/Ranking	Low (1)		2		3		4		5 (high)	
Impact on athletic scheduling and opportunities	36.44%	43	12.71%	15	17.80%	21	13.56%	16	19.49%	23
Impact on non-WPS after-school programs	33.90%	40	7.63%	9	19.49%	23	11.86%	14	27.12%	32
Impact on family routines (including commuting to work)	5.93%	7	0.00%	0	6.78%	8	5.08%	6	82.20%	97
Impact on elementary students (HES/WIS) having to start later	55.08%	65	18.64%	22	14.41%	17	3.39%	4	8.47%	10
Impact on elementary students (HES/WIS) having to start earlier	50.00%	59	20.34%	24	16.10%	19	2.54%	3	11.02%	13
Impact on non-athletic WPS after-school programs	29.66%	35	12.71%	15	22.88%	27	12.71%	15	22.03%	26

Impact on child care arrangements	30.51%	36	3.39%	4	10.17%	12	9.32%	11	46.61%	55
Impact on potential early dismissal for WMS/WHS co-curricular activities	28.81%	34	9.32%	11	16.95%	20	18.64%	22	26.27%	31
Impact on student transportation arrangements to and from school	38.14%	45	11.86%	14	22.03%	26	10.17%	12	17.80%	21
Impact on after school job opportunities	29.66%	35	7.63%	9	14.41%	17	22.03%	26	26.27%	31
Impact on WPS budget	37.29%	44	16.10%	19	26.27%	31	8.47%	10	11.86%	14
Impact on WPS teachers and administrators (change in their schedules)	7.63%	9	2.54%	3	10.17%	12	16.95%	20	62.71%	74
Impact on WPS goals, priorities and initiatives	22.88%	27	11.86%	14	32.20%	38	14.41%	17	18.64%	22
Impact on middle school and high school attendance	13.56%	16	9.32%	11	29.66%	35	25.54%	30	22.03%	26
Impact on sleep time for adolescents (middle and high schoolers)	11.86%	14	14.41%	17	39.66%	35	17.80%	21	26.27%	31
Impact on middle school and high school tardiness	15.25%	18	12.71%	15	36.44%	43	13.56%	16	22.03%	26
Impact on middle school and high school homework completion	17.80%	21	10.17%	12	33.90%	40	16.10%	19	22.03%	26
Impact on middle school and high school academic success	12.71%	15	9.32%	11	23.73%	28	20.34%	24	33.90%	40
Impact on student mental and emotional health	10.17%	12	4.24%	5	31.36%	37	19.49%	23	34.75%	41
Impact on student physical health	11.86%	14	7.63%	9	32.20%	38	19.49%	23	28.81%	34
Impact on student behavior issues	17.80%	21	6.78%	8	33.90%	40	17.80%	21	23.73%	28
Impact on student safety traveling to and from school	15.25%	18	16.10%	19	32.20%	38	13.56%	16	22.88%	27

STAFF RESPONSES – LOWER SCHOOLS

Q3. Staff, please indicate with which school level you are associated. (Select One)

Answered (N): 235 (represents total staff responses)

Response	Percentage	Count
Lower Schools (HES & WIS)	39.15%	92

Number of respondents who indicated they were a staff member in question 3. The number that responded to each question is indicated below for each question.

Q10. Please rank order the five options, with one (1) being your top choice. To begin, the options are displayed in random order. Using the number drop down to the left, or by dragging the options up and down, indicate your rank order preference (one is your top choice, five is your bottom choice).

Answered: 83

	Rank 1		Rank 2		Rank 3		Rank 4		Rank 5	
Option 1	54.22%	45	33.73%	28	8.43%	7	0.00%	0	3.61%	3
Option 2	38.55%	32	24.10%	20	10.84%	9	10.84%	9	15.66%	13
Option 3	1.20%	1	20.48%	17	46.99%	39	28.92%	24	2.41%	2
Option 4	6.02%	5	18.07%	15	31.33%	26	39.76%	33	4.82%	4
Option 5	0.00%	0	3.61%	3	2.41%	2	20.48%	17	73.49%	61

Definition of Options:

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**Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

**Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

**Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Individual Option Ratings

These questions ask for feedback on five leading options for school start/end times in the Weston Public Schools. They are listed below in detail, including the first and last bus stops. The ordering of the options should not be seen as a priority. The ordering starts with the current schedule, moves to the current

schedule “flipped,” and then is followed by three options going from earliest to latest start/end times for the upper schools. Using the slider please rank your preference for each of the options (low to the left and high to the right).

**Q5. Option 1 (Current Schedule)** (Length of School Day = 6:45)WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Answered (N): 87

Median: 5.00

Mean: 4.15

Standard Deviation: 1.12

**Q6. Option 2 (Current Flipped)** (Length of School Day = 6:45)HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Answered (N): 87

Median: 3.00

Mean: 3.22

Standard Deviation: 1.65

**Q7. Option 3 (15/20 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

Answered (N): 87

Median: 2.00

Mean: 2.09

Standard Deviation: 1.14

**Q8. Option 4 (30/35 mins delay)** (Length of School Day = 6:30)WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

Answered (N): 87

Median: 2.00

Mean: 2.22

Standard Deviation: 1.39

**Q9. Option 5 (45/50 mins delay)** (Length of School Day = 6:45)WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Answered (N): 87

Median: 1.00

Mean: 1.18

Standard Deviation: 0.54

*Definitions –*

*Answered (N) – Total Responses to this question*

*Median – Is the value separating the higher half from the lower half of a data sample. It may be thought of as the “middle” value.*

*Mean – is a measure of central tendency otherwise known as an “average”*

*Standard deviation – is a number used to tell how measurements for a group are spread out from the mean. A lower SD means that most of the numbers are closer to the mean.*

Q11. In rating and then ranking the five options, which of the following considerations were important to you (Scale 1-5 (with 5 high)).

Answered: 83

Consideration/Ranking	Low (1)		2		3		4		5 (high)	
Impact on athletic scheduling and opportunities	61.45%	51	9.64%	8	16.87%	14	7.23%	6	4.82%	4
Impact on non-WPS after-school programs	40.96%	34	13.25%	11	24.10%	20	10.84%	9	10.84%	9
Impact on family routines (including commuting to work)	4.82%	4	4.82%	4	6.02%	5	10.84%	9	73.49%	61
Impact on elementary students (HES/WIS) having to start later	8.43%	7	6.02%	5	9.64%	8	22.89%	19	53.01%	44
Impact on elementary students (HES/WIS) having to start earlier	21.69%	18	6.02%	5	15.66%	13	22.89%	19	33.73%	28
Impact on non-athletic WPS after-school programs	50.60%	42	14.46%	12	18.07%	15	9.64%	8	7.23%	6

Impact on child care arrangements	22.89%	19	9.64%	8	14.46%	12	12.05%	10	40.96%	34
Impact on potential early dismissal for WMS/WHS co-curricular activities	65.06%	54	13.25%	11	13.25%	11	4.82%	4	3.61%	3
Impact on student transportation arrangements to and from school	38.55%	32	20.48%	17	24.10%	20	8.43%	7	8.73%	7
Impact on after school job opportunities	21.69%	18	12.05%	10	20.48%	17	16.87%	14	28.92%	24
Impact on WPS budget	53.01%	44	21.68%	18	15.66%	13	3.61%	3	6.02%	5
Impact on WPS teachers and administrators (change in their schedules)	8.43%	7	2.41%	2	16.25%	11	16.87%	14	59.04%	49
Impact on WPS goals, priorities and initiatives	27.71%	23	16.87%	14	30.12%	25	10.84%	9	14.46%	12
Impact on middle school and high school attendance	46.99%	39	20.48%	17	24.10%	20	4.82%	4	3.61%	3
Impact on sleep time for adolescents (middle and high schoolers)	27.71%	23	24.10%	20	26.51%	22	7.23%	6	14.46%	12
Impact on middle school and high school tardiness	34.94%	29	30.12%	25	25.30%	21	6.02%	5	3.61%	3
Impact on middle school and high school homework completion	39.76%	33	21.69%	18	22.89%	19	10.84%	9	4.82%	4
Impact on middle school and high school academic success	32.53%	27	22.89%	19	22.89%	19	9.64%	8	12.05%	10
Impact on student mental and emotional health	10.84%	9	12.05%	10	24.10%	20	24.10%	20	28.92%	24
Impact on student physical health	14.46%	12	9.64%	8	33.73%	28	15.66%	13	26.51%	22
Impact on student behavior issues	15.66%	13	12.05%	10	28.92%	24	13.25%	11	30.12%	25
Impact on student safety traveling to and from school	16.87%	14	8.43%	7	22.89%	19	19.28%	16	32.53%	27

## Comments

Q12 Please share any other priority comments or concerns for you or your family. (Optional)

Priority Comment 1	609
Priority Comment 2	365
Priority Comment 3	236
Total Comments	1210

Response Number	Priority Comment 1	Priority Comment 2	Priority Comment 3
1	I want my children to get a full night of rest in middle/high school		
2	We have late activities, so time for homework and sleep is our priority		
3	It's not clear to me if there are costs to making these changes. If there are costs that will require cuts elsewhere, I would make NO CHANGES.		
4	The studies have proven that teens need more sleep.	Surrounding towns are adjusting their schedules for a later start time	
5	Getting to work on time This is a colossal amount of resources to change a system that won't really solve the problem. The amount of additional sleep the kids will get under any of these changes is minimal at best. In the process, we'll be allocating funds and attention that could more effectively be used elsewhere.	Getting enough sleep	Entire day too long if earlier schedule for HES
6	If HS and MS start later, kids will get out later and get home from activities and sports later and stay up later to finish hw thus ending up with close to the same amount of sleep had the schedules not been changed.	Too much disruption to too many things: after-school schedules and opportunities, family schedules for all WPS students, families, and staff. Lots of disruption for an additional 15-45 minutes of sleep that will likely be counterbalanced by them staying up later to fit in all the things they need to do after school.	Not worth the trouble!! Even my son who LOVES to sleep and hates getting up at 6:15 for 6:55 bus would rather get out of school earlier and have more time in the afternoon to fit in activities, schoolwork, tutoring, doctors appointments, social time, and NAPS!!
7		other high schools in our athletic conference do not start later than we do and there will be more disruption in the HS day bc kids will need to leave school even earlier on days of games and meets	

	Starting school later for the older kids who need to work later at night has been proven to improve mental and physical health. Start Weston High		
8	School later please! Older children require more sleep and are up late		
9	doing homework		
10	I don't want my Athletic activities to be impacted negatively.	I don't want my extra-curricular activities to be impacted negatively. hes/wis kids have more energy	I don't want my sleep to be impacted negatively.
11	KEEP SAME OF FLIP wis should start earliuer so parents dont have to get to		
12	work later		
	Late start times create undue burden for households with two	Older kids getting out after younger children creates childcare issues for families who rely on older children to be home to watch younger siblings	Later end times will interfere with extracurricular activities children attend after school in other towns.
13	working parents Any substantial schedule change (beyond the 15 minutes) would mean my children would need to be in child care both before and after school. This changes our quality of life substantially. I may need to look to move districts if this is this case. I don't want my kids in child care on both ends and in addition it will be financially difficult to pay		
14	for..	Please no change or slight change with flex time.	
15	I	Have	Nothing
16	Both my parents have work and wouldn't be able to get me from and to school	I would have less time for homework after school	
17	Impact on my mother's schedule.		
18	Given that my middle schooler is involved in a lot of after-school activities, it would be difficult to accommodate those and ensure enough		

homework time if the start times were significantly delayed.

It's not about the start and end times that impacts student health, stress, and physical exhaustion. It's monitoring the length of sleep. Students should not be over booked with after school activities which shorten the length of time necessary for homework completion. My concern is that we will adjust the schedule, but students will shift their sleep patterns not increase the length necessary for a full nights rest.

19

Middle school kids still need sleep and are up late at night due to homework and sports requirements I love that the district is looking at this. Sleep is so important for emotional health, growth, and development and I believe that the early start time has not been beneficial for many of our adolescents. I would love to see a slight increase in school start times for WMS/WHS

20

students, but I worry that a significantly later start time would cause them to stay up much later to do work thinking they have more time in the morning, thus voiding the positive impact that more sleep can provide for students.

21

My student will MISS SCHOOL if he gets out later

22

Parents need to be able to get to work reasonably on time in the morning

I would love to see more students riding the bus and less parent drop offs in the morning and a change in time by 15 minutes in the morning and subsequent later bus pick up times could also have a positive impact. After school activities will not change. He will need to leave school early.

Parents need to get out of work not super early in the afternoon to be able to drive their kids to sports practices

On a personal note, which I know is a low priority, I don't get to see my kids in the morning and it now that they are in middle school, they need me! Being able to be home 15 minutes later would have a tremendously positive impact on my home family life.

The schedule WORKS. Don't change it.

23	Need time to be in time as cars are waiting to get to the school parking area - not enough place for all the cars and make us late even if we sit 30 min earlier in the traffic jam I think that's later start would help older students perform better in school	Later opening Will give all more time to go at different times and not all at once	Tarries due to traffic trying to get into school
24		Concerned about how late school sports practices will go	Property sales and attracting young family's to purchase homes in Weston
25	N/A	N/A	N/A
26	Affects after school activity science informs us that our high schooler's circadian rhythm shifts into a later start in the day - and this dramatically alters the optimal time to learn. The current schedule dis-empowers children biologically and sets them up for failures. shifting the schedule later supports the child and the parents to be set up to win. If parents and educators have to experience a couple weeks of adjustment I think that the postitive outcomes will quickly reinforce back to them, that this was indeed well worth it.	Allows me to get more sleep	Could cause traffic for my parents when going to work
27			
28	Impact changes will have on single family household	Early start time prepares students for the real world as they transition into young adults	More opportunities to be socially engaged which is critical to their development

		Start times do not make a difference if the upper grade level students and their parents do not change their lifestyle behavior. These students will still be up late, on their electronic devices, and behaving in ways that the school start time does little for their well being. This change was instituted in the town I live in and in speaking with high schoolers, none of the changes made a difference in their lives. They are still doing what they did before.	
	The childcare needs and our families of staff members needs to be considered here. Very few live in Westin and these changes will cause a great deal of hardships for many. Some of us are single parent families with young children and the impact on these children	Changing start time needs to be accompanied with lifestyle changes and that is something we cannot impose on students and parents. The kids in my town now have fewer after school opportunities than before and transportation for them has become an issue.	
29	will be negative.		
30	Good sleep =healthy mind I like the current schedule	Good sleep = less stress I think current schedule for High school is too early	
31	for WIS	Need to teach responsibility by having school and jobs/ sports after school	We need tutors after school...it will be hard to get them later in dsy
32	Delay start makes day longer		
	support research that adolescence need more sleep for greater suceess		
33	at school		
	My child has an extremely difficult time making it on time to school with the current schedule	My child goes to bed at an early time compared to friends but needs more sleep in the morning	My child would have more energy, be more alert and do better in school with a later start time
34	Early wake ups strain my mental health and ability to learn.		
35	Morning Sleep for pre-adolescents & adolescents		
36	For our family, our young kids are up early naturally. Having them start too much later, will negatively impact their focus at the end of the day.	Older children have a lot of responsibility. Academics, sports, work, family. They go to bed later, and not getting enough rest negatively impacts them.	There is no solution that meets everyone's needs, even the children. What are the financial impacts to the town, by making a change.
37			
38	My own commute time	Meeting my family's needs	

<p>39 We need more buses or bus routes so that our kids don't waste 45 minutes on the bus.</p>		
<p>40 My children getting enough sleep</p>		
<p>41 The emotional, physical and academic well being of our children has to take priority over athletics and after school activities.</p>	<p>Many high scoring / competitive districts have already made this move. Athletics will (and should) have no choice but to compromise.</p>	<p>One option not presented was to have HES/ WIS start at 8:30 and WMS/WHS start at 9:20. Why not?</p>
<p>42 We like current schedule</p>		
<p>43 We like current schedule</p>		
<p>44 Getting to school on time</p>	<p>Having enough energy to do my best academically</p>	<p>Having enough time to complete my homework</p>
<p>45 The affects of staff and admin should be weighted a little heavier than the parent input.</p>	<p>Flipping creates afterschool care issues for older kids watching the younger kids after school, when both parents work.</p>	
<p>46 Sleep is very important to me, I am pretty big, and am active. I need my sleep. I am just dead throughout the school day, not able to perform as well.</p>		
<p>47 If the middle school and high school get to school earlier they should get out 45 mins earlier</p>		
<p>48 As a coach and staff member that work plenty of afterschool hours at the high school that a change from the current change will most likely lead to resigning as a head coach and reduce hours worked after school because childcare arrangements at home and time spent commuting.</p>		
<p>49 Science tell us that older children need more sleep.</p>	<p>It would help families if the entire district started and ended at times that only one drop off would be required in the morning</p>	<p>Offer homework clubs and reduce homework overall. It Has a detrimental impact on family time. Also cut sugars from school lunches that make concentration challenging for children.</p>

	Please keep in mind it is hard to manage delayed start if both parents are working. Unlike other school districts Weston does not seem to support working families. Who comes back from work at 4? That's when all after school activities end.		
50			
51	Morning commute Schedules would not be an issue if the town offered ANY kind of before and after school programs and transportation	After school job	
52			
53	I can't imagine dragging a 5 or 6 year old out of bed at 6:30 am to go to school - that is unnecessary and cruel it's been proven that teens need more sleep and are more effective if they don't wake up so earlier. it's simply a fact.	Teenagers need to learn time management so they need to learn how to "get it all done" and prioritize-(even with sleep) this is a good time to lean	I'd flipped, my middle schooler or high schooler won't be able to pick my elementary schoolers from the bus - causing childcare issue
54			
55	I think changing the time by 15 minutes for a start time for WHS/WMS at 8am is the best option. We've never had an issue with early mornings or tardiness in our family.	My workday begins at 8 so I need my kids up and out early.	My kids all play high school sports, so afternoon practice and games time is critical. after school activities for MS and HS would be moved to before school. which would not allow them to sleep in.
56			
57	Before and After school programming/daycare options The 7:45 start is very early the extra time in the morning would be great.	MS and HS kids would only stay up later and wake up later	
58	Traffic at school entrance makes us all late	Tarries due to traffic congestion Impact on family routine (commute, other school start times) Transportation has been cited by some as an insurmountable problem with changing schedules. This is silly. This is just a logistical	
59			
60	Sleep and related health/psychology		
61	Later start times are important for adolescent health and performance		

		issue that can solved with a gantt chart.	
62	The early start time for my now 9th grader was a concern but we are all use to the time and it works.	I would worry more about the ability to complete homework/study while having after school activities if a much later end time to school	I have a child in HES and HS. A very early start time would not be good for that age and later impacts working parents. I like the schedule it is now or at min have a 20 min difference
63	Changing everyones schedule		
64	Studies consistently show that sleep time shifts in older kids	Sleep is crucial for older kids	No matter what we do the kids go to bad late so if they get even half an hour extra sleep it will be great
65	None		
66	More sleep for adolescences is key		
67	Sleep, neural development and parental peace of mind.		
68	None		
69	After school activities will always be available, and should not determine school start times.	School sporting activities do not take priority over family time	An parent finances, school run before / after school program for working parents is much needed
70	Putting kids on the bus too late (after 830am) puts too much pressure on families with two working parents, given they both have to commute to jobs that likely start at 9am.		
71	High school students lack of sleep due to intense academic demands/homework and after school activities	High school students mental health issues including getting enough sleep, eating breakfast,	Weather issues that involve teacher and students transportation
72	Increased sleep for WHS students		
73	teenagers should not have to get up at 6am	little kids naturally get up early anyway	thank you for considering fixing this
74	position times can change given assigned school	current time favors night-classes	current time favors commute traffic
75	Safety of the Students	Productive School Day	WPS should have School uniforms
76	A significant time change would create challenges for working parents, and therefore needs to be a		

	key consideration when looking at possible changes to school start times.		
	Studies show that later school start times are		
77	much better. Both children heavily into sports, Hockey/Gymnastics, 3:15 dismissal high school would to affect us and I feel my reasons for a later start time would improve		
78	their overall being. I have no help getting kids to/from school and my job does not have flexibility	I do feel the start times are hard for high schoolers	Totally not in favor of shortening school days in any way
79	We hope that Weston continues to take student's mental health as a top	We hope that Weston will look into after school activities that can support the younger students	
80	priority extra sleep. because period one classes might have tests and being tired means you wont perform		
81	at your best just an extra 20 minutes of		
82	sleep would be enough effects students sports		
83	time		
84	N/A		
		If someone goes to sleep at 10:00 and have to get up at 6:00 they get 8hours	
85	Kids need their sleep.	I would love if we could have some free time in the morning.	
	Us middle schoolers need		
86	sleep Care most about sleep, and time after school for		
87	activities+homework.		
	Health for all family	Cognitive impact on sleep deprivation for all family members	
88	members I wont be able to see my kids anymore in the morning if there is a later		
89	start. My mom has to be at work, I want to school to	Kids will go back home later and will go to bed later. It wont change anything I have after school activities outside of WPS that are a priority	I believe those changes are impacting more working parents than home parents.
90	be at normal time		School safety is important the traffic buildup will be to imense

		When the clock changes time, later start times will result to kids coming home in the dark. Is Weston planning on putting more street lights??	
91	At this time there is no need to change the Lower School Start time		
92	Stress It is Important to start early because it will teach kids to be able to get up early in the mornings	Safety  It will mess with pre planned child care and work commutes	Commute keeping it the way it is will teach kids the importance of managing time so they can get to bed at a reasonable time
93	Less school plz		
94	Won't have time for swimming and homework		
95	I have no preference	I have no preference	I have no preference
96	If HES and WIS start earlier they will have to end earlier which impacts parents work schedule		
97	As a teacher commuting from New Haven county, heavy traffic forces an early morning commute. This will not change. I'm concerned that I will be leaving home at my normal time of 5:45 am and returning home at 4:30-5:00.		
98	As a teacher, the change in start and stop times effect my own family's schedule and commute.		
99	After school child care	After school appointments	Routines of day I want to get out of school at the same time
100	I want to sleep later My concern with a much later schedule for WMS/HS is that it will be harder to get to after school activities	I want to get to school later  Having the current schedule makes it very difficult to do school work with complete concentration	
101	why are we still here I know its there but I would really like to get more sleep and for me I would be less tired if I woke up later, opposed to going to sleep earlier.		
102	My family will make it work no matter what option is chosen.	I believe the older kids need more sleep for the betterment of all!	Having the older kids start as late as possible should be the
103			
104			
105			

			priority. All the other stuff will work itself out.
106	have more time after school before sports	have more after school program	have longer after school programs
107	Me getting my amount of sleep.		
	It's difficult to wake up at 6:00 AM every weekday nonstop especially for someone my age. I believe this is beginning to take a toll on the students		
108	on WMS.		
	I have to wake up in the morning and i cant usually	my parents have trouble driving us to school or	i don't perform to my goal in school when we come to school
109	because i am tired	sending us on the bus	early
110	After school care for my own children	Commute time to work	
			I feel that if we start at such a later time we will have to attend other activities at a later time, then having to do homework later, therefore losing sleep. It works the way it is now, why change it.nd other commitments
111	Being able to attend extracurricular activities	Having a way to get home	
	I would find the latest end time 4:05 VERY difficult & having large negative effects on my family, especially with my	Young kids are the best early in the AM but I still think it would be an adjustment to start earlier.	The slight adjustments in time with end time @ 3:35 is not ideal, & doesn't seem worth the change.
112	commute.	do not have much room for school to end later due to after school activities	
	will not be as productive if starting much later		
113	Moving the end time back would make it harder than it already is for student		
	athletes to have time to do		
114	homework		
115	more sleep		
	The crossing guards take a large amount of time to let seniors go and makes it	The mid terms put too much stress on students	Finals take too much time and prove to put a lot of stress on students
116	longer for others.	If you really want to address tardiness and absences at the high school, consider the impact of closing campus vs changing start times. The freedom to come and go has	
	I appreciate the efforts to gather our opinions. I do hope they have influence on the final decision.		
117			

more of an influence than anything else.

118	I am exhausted at school. It is a necessity to grant more sleep to high schoolers.		
119	I am beyond tired during the school day and I can't focus.	I fall asleep in class frequently	We need a shorter school day - it will be more effective
120	We need sleep	Like 9:15 hours	
121	I have an after school sport that would be impacted.		
122	Please don't change the schedule	N/A	N/A
123	Just please keep it the same, it works fine.		
124	This is not normal		
125	Let me sleep please.	It doesn't matter how late school ends we all have to stay up doing our homework anyways.	Have a nice day. Athletics will start later which means that I will get my homework done later, which also means that I will go to bed later.
126	The current schedule is the best so it should stay that way.	Starting later will encourage students to go to bed later.	
127	No	No	No
128	More time in morning allow both student & teachers to begin day with extra time to be ready & more awake. Many teachers likely to arrive early & take advantage of the extra time & students can go to bed earlier & wake up to get remaining work done.		
129	I think the starts and ends of the school days are fine the way they are, although I wouldn't mind a shorter day.		
130	An end time later than 2:50 will result in severe difficulties in attending Saugatuck Rowing Club		

131	Access to clubs Teenagers cicadian cycles are very different from all other age groups, we need the most sleep and we wake up later and go to	School expenses in the elementary school	Academic resources
132	ved later. My concern is the change in general as the immediate change of school hours will disorient		
133	students at first		
134	Mental Health Less time for homework if	Physical Health Conflicting schedules with out	Sleep
135	times are moved back. If we get out of school later then I will just have to stay up later to finish homework so I'm still going to get the same amount of sleep.	of school activities	
136	I think that by starting school later it doesn't necessarily mean that students will receive more sleep. If we delay the start to the school day by 15 min or whatsoever, students will just start going to sleep that much later. At first students will feel relieved for that extra amount of sleep that they will get, but as they adjust to this new schedule it will just be the same as before without a result. Going to bed at 10 and waking up at 6 is no different than going to bed at 11 and waking up at 7.	People that do sports not associated with WPS will have issues getting to them on time.  By changing the schedule dramatically students parents would have to adjust work schedules and transportations schedules, making parents unhappy and causing unnecessary difficulties at home.	Students mental state may be affected by sleep deprivation, but again, back to my first reason, delaying the start to school days does not change anything. Once students adjust, they will just start gong to bed later. Students are unhappy and mentally upset because of relationship issues and just the stress of teachers constant expectations for work and the expectation to get perfect grades and be a perfect student.
137	I may not be able to be driven to school if school starts later than a 15		
138	minute delay.		

	For people who take competitive or time consuming after school activities that aren't through school, usually there isn't much consideration taken for them but it would be a problem for those people and they might need special permission to leave early, have a free period last etc.		
139			
140	Sports Makes things stay the same a change like this could spark unprecedented problems	School  If can make the school day shorter Family coordination of scheduling	Sleep  Thanks for reading my comments
141			
142	Free time in the afternoon Club sports teams not related to school stay at the same time so it is harder to get there. my parents being able to drive	Get the same amount of sleep	Mental health!
143			
144			
145	Time for homework The school start time in Greenwich is an absolute failure! Both teachers and parents in that district have complained that it has had a negative impact on things from commute time, to students arriving later due to traffic, etc.	WPS needs to give more considered to the faculty who have to juggle their own child care issues and others who have outside jobs.	
146			
147	Sleep deprivation Shifting the time will make it more difficult for me to work in this district and schedule childcare.	Homework load	
148			
149	I need my sleep	I need time for homework and sleep	More time for lunch
150	I can't wait to graduate		
151	I	Need	Sleep
152	Dance starts at 3:15		
153	mental health	mental health Having enough time for homework in the evening	mental health
154	Sports Sleep is a primary concern.		
155			

156	None I like our normal school times but 10-15 minutes later would be better	None	None
157	I have a after school sport at 3:18 in Westport		
158			
159	I	D	C
160	Don't change the schedule the amount of sleep high schoolers get on average is nowhere near enough, which leads to worse academic and athletic performance, exhaustion, and worsened mental health		
161	Time change won't change amount of homework giving. Students would still be working as much, just later in the day		
162			
163	Shorter school	Less homework My parents have work and need to be there at a certain time so I have to come in earlier	Different lunch options  I have after school commitments
164	Homework Adolescents can only fall asleep after 11:00 pm. The idea that adult brains match that of a teenagers is an infantile assumption which you have based your entire curriculum upon.		
165			
166	ski team	the plays	therapy
167	Test scores		
168	Nothing	no	nothing
169	None		
170	My sports ending too late Maybe parents need to leave early can't drop me off	my job at senior center ending too late  Parents can't pick up if dropped off late	NO TIME FOR HOMEWORK  I have no other priority
171			
172	It is NOT WORTH IT		

		I am worried that despite this survey, a basic "decision" has already been made, and that the response from this survey will only be taken minimally into account. I only say this because this district has a history of this kind of behavior, and I think the most important demographics (teachers and students) will rank lowest on the totem pole in terms of this decision being made. Considering that these two groups are the most impacted, and the groups LIVING this change, I would request that their preferences weight the most. PLEASE do not disregard the wishes of the students we serve.	
	I (like many many of the teachers here) have a decently long commute (45 minutes), and I am worried about the later start time impacting my family's current and future plans for childcare and its exorbitant cost.		
173	Getting to work on time		
174	schedule time for datco		
175	bus		
176	Work	Sports	If school starts later work might be a conflict
177	Work		
	The current start times are dangerous to high school students health. If the school does nothing about making school open later, they are endangering their		
178	students' lives.	Younger kids actually are more active in the mornings.	Drowsy driving kills as many people as drunk driving.
179	Soccer		
180	9:00	8:45	7:45
181	no	no	no
	My bus comes at 6:50 and I absolutely despise getting up so early in the		
182	morning		
	later start time for the	making sure after school	shorter, more efficient school
183	older kids	activities will be held safely	day, but what will be cut?
			The extra time to sleep would
184	I need more sleep	I don't get enough sleep	help a lot
	Don't do this sports will be pushed back and leave no		
185	time for homework.	Kids will think that they could stay up all night.	
	Scientific research		
	supports the notion of		
186	younger kids be able to		

get up earlier whilst the older ones should start school later.

		With most parents waking their children up for the bus in elementary school, it is far easier to implement an earlier school time for kids, whereas middle/high schoolers are waking themselves up	
187	My Top priority is my academic success as well as mental and physical health	homework	
188	sleep	Amount of HW is the problem, not the start time - teachers are inconsiderate about the amount they give us in a certain period of time. Kids are up to 2 AM doing work because of this and 30 extra minutes if sleep wouldn't do anything to fix it.	working parents
189	Don't want to be in school to late		
190	Second job which starts at 4pm.		
191	make school start earlier		
	As a student I feel it is absolutely essential that we shift our schedule. I have seriously felt the massive negative impacts that the early schedule have on students mental, emotional, and physical health. It is paramount to negligence. Our schools have a responsibility to protect the welfare of the students in their care, and this change is an	As a full time athlete, I am not concerned for any complications in the change of schedule. Slight shifts will make it easy to readjust and this change is essential to make.	
192	important way to do that. Having a later starting time means that we would have to end school later and they means the sport times will go later no one would have time to		
193	complete assignments		
	WPS should study data from the last time we tried this. (Start time was changed from 7:20 to	The last time the start time was changed there was NO IMPACT on the mental or physical health of students. If anything it has gotten worse.	Other plans for bettering the mental/physical health of students should be investigated, starting with the impact of Smartphones/social media.
194	7:40.)		

195	My top two choices would be to leave the schedule as it is or flip it. This way what has already worked with traffic patterns, etc. will not have to be reevaluated	Should the schedule flip, teachers with multiple endorsements may have the flexibility to work at a different school.	Younger students often wake up early, leaving them tired in the afternoon. Although we must also consider the impact on younger students, especially if their school day is longer.
196	I will not be able to do after school activities	and I have a job I will not be able to attend	
197	School	Health	Friends
198	Students deserve to have a slight delay, enough so that they can sleep in a little, but it should not so get them home past 3:45		
199	First, this survey was very confusing at the beginning and will probably skew results.	Changing the schedule is not going to change student behavior in regards to sleep.	This is the least of the concerns of the district and focus should be elsewhere.
200	we should start school later because it would make students that are normally late, it would make them on time because we got more sleep! really don't want to like that		
201	I need to have a lot of time after school to do my homework.	On fridays I have to go directly to VT to go skiing and somtimes I have to leave 30 mins early with the current scedual, so if anything the start time should be earlier.	
202	sleep schedules	tardiness	academic success
203	Changing it would mess with sleep schedules, It's important to consider how the change in school times affect the parents' schedules and their abilities to drive students to school.	Would get in the way of after school activitys,	And is a bad idea
204	will cut in to my homework time	The school times should end as later as the time they start.	
205		will cut into sports travelling to Vermont with traffic bad later we leave	homework
206	soccer	None	None
207	None	School should still end around 2:30 due to	
208	When kids are more awake they learn better.	afterschool activities students have,	We would be more happy to go to school.

209	I believe that school needs to start later, as I'm basically asleep in most of my classes, and I'm only getting around 5-6 hours of sleep per night.		
210	ok	ok	ok
211	We don't get enough sleep on school days	The WIS/HES kids mostly wake up early and the older kids like to sleep in	
212	Its important to have more sleep time.	If you have more sleep, students would be more prepared.	Students would be less tardy to class.
213	I would really like to wake up earlier We must allow enough time for kids to do homework because we need to have an allowed time or else kids will not to good in school	The 4th option would make me less stress because I will be able to do more homework	
214	I think that it is important students get home on time to participate in afterschool activities and study and do homework.	older kids need more sleep because they have more assignments	we need time for after school activities and we will not get out any later than 3:00 its TOO LATE.
215	More Sleep	Need to be out of school before 3	Hard to get my sisters and I to school, as both of my parents work
216	I would like to start a bit later	when I don't get enough sleep I get headaches	
217		Option 4 will help middle school and high school students	
218	I like the idea of option 4		option 4 is just really good
219	keep it the same		
220	My brother has been going to bed at 1 most nights because he has so much homework and now he currently has a really bad cold that is keeping him away from school	I am someone who has many after school activities and I sometimes can't get my homework done and the next day I have to get up early to do my homework. whenever I even think about homework I get a really bad feeling and it keeps me from doing stuff I love.	I always get up in the morning to get ready to go to school and I can barely walk down my stairs to get breakfast let alone get out of my bed and if you move the time schools starts later then I will be able to sleep in more and walk downstairs without tripping on my own feet
221	If school ends later than I will have to leave school early for my soccer practice.		
222	i do a lot of after school and so do my friends i barely have enough time to complete the homework		

223	My family is saauthdcj		
224	I need to be home by 3:30 I would want a later start so I could sleep in and then I'll be able to focus in the early morning more. How much time I have to do homework and how late I have to stay up doing it.	I wouldn't want to end too late because that would impact things that I do after school.  The amount of time I have to get ready in the morning before the bus comes.	
225	Some kids have to do things like stay up late to finish their homework and if our start and stop times are like this this could mess with their sleep pattern or schedule. I think that but as WIS should not start too late because many of them have after school sports that start at 3:30 or 4:00 so them getting out at 4:00 or 4:30 could impact out of school sports.	If we start later if some people didn't get to finish their homework or get something done by the night they can complete it before school with a clear mind.	This could help kids focus better in school and get good grades because they get more sleep and they can work more efficiently.
226			
227			
228	students sleep	homework completion	effects on mental health Students Success would be impacted better if school started later.
229			homework time when I get off the bus
230	Students Sleep	Students Mental Health	
231	sleep in a little I want a shorter school day, longer school days cause me stress	time for athletics  younger students should start earlier	
232	I have sports really late at night. I don't get home from soccer or basketball until 9:30. A growing kid could get really sick for the lack of sleep they get so that's why we should start later.	I have something that starts at 4 three times a week so I think the latest the bus should get home is 3:30  With the schedule right now I am really tired for school	I wish there was less homework
233			
234	Having sports after school Sleep is really important to me.		Getting places after school
235	I have soccer and like to leave school earlier so I would NOT like to leave school any later than 3:00PM		
236			

237	I have dance early and i like to get out of school at 2:30 so when i get home I have time to get ready for dance	Same as it is now	I do like it to start later but I Need it to end at 2:30
238	i think that it is a good idea to start at 8:30 because it will let students sleep in and not be tired	Another concern is that I have dance at 3:15 next year and I would have to leave school early if we get out at 3:45	
239	One of my concerns is that I am the last stop on my bus and it takes 50 minutes to get home. I think we should keep it the same because many kids have certain after school activities during some of the time options for a 30-50 min delay.	Plus my parents already drive me to school because waking up for the bus doesn't give them enough sleep.	
240	I really think that (even though I'm in 6th grade) high schoolers NEED lots of time to do their homework, because my brother already stays up really late doing it.	Other schedules can screw up mine because I do soccer and guitar. I can mess up the time for the coaches and teachers.	
241	Sometimes no one will be at my house when I get home later from the bus, if there was school that went later, there might not be anyone home.	I have after school activities and if we get out of school late and the program can't change the times, I won't be able to go.	The bus rides will be longer, no one likes to be on the bus for too long.
242	----- NONE----- -----	----- NONE----- -----	----- NONE----- -----
243	When I wake up in the morning I am really tired, and feel that I just want to not get out of bed. The school open time is so early, I don't get enough sleep.		
244	Please don't change the schedules.		
245	I have to wake up soooooooooooooo early that I get NO SLEEP. making it impossible to get any work done because my eyes can barley open	it would be much easier to wake up a little later then 7:00 in the morning. I think most of my friends would agree with me	My little brother gets woken up whenever I have to go to school and then HE gets no sleep
246			

	If WMS were to start later, then I would be ok with that. I could get more sleep, and have less stress for waking up in the morning. However, I also like the time that we start at right now, I am used to this time and moving the school start time back would take a while to get used to.	The smaller children would be impacted.	COOL
247			
248	I need to sleep	Im always tired	need sleep
249	Getting places on time		
250	students dont get enough sleep We should have our current schedules and have half days or delays	students dont get enough sleep	students dont get enough sleep
251	on fridays	We need to renovate the school	We NEED a longer lunch/recess period.
252	Sleep	Driving to Vermont on Fridays	Homework
253	none	none	none
254	School starts too early, we need more sleep.	We don't want to end too late though so maybe a 15 minute delay	
255	Please spare us from our sleep paralysis demon.		
256	have baseball prattice at 4	I go places after school do not change times- schedule will be ruined and family commute will be screwed up	
257	do not change times- will screw up entire family My mom would not be able to drive me to school if I started after her		
258			
259	no	no	no
260	The times he have now is perfect. Sports times would be ruined and athletes would get home much later causing the to go to sleep later, causing them to get the same amount of sleep. Impact on additional income based on less after school private tutoring time	My son has adjusted well to schedule.	Earlier times conflicts with parents work schedule.
261		If you push the start time back students will just go to bed later defeating the purpose of the whole thing.	
262		Due to later end time, arrival home later by shifting tutoring schedule later	Less time with family due to shift in tutoring schedule to later
263	The current schedule works well.	It would be difficult for the younger students to start earlier, or later.	

	I do not participate in WPS sports and this would ruin everything for me. Please don't change what already works!!		
264	As a student with a very busy schedule, later start times would greatly benefit me (and my peers with similar schedules). In fact, right now, I'm taking a break from doing homework on a snow day at 10pm to take this survey, and I'll probably be up for the next hour or two finishing homework that I have been working on today. Even just a little more time to sleep in the mornings would increase my effectiveness during the school day, in my after school activities, and in	I believe 5pm is too late for younger children to be just getting home (even if it is a small amount of them that would be in that position). Considering that sunset in the winter is often around 4:30 and that they too have after school sports, activities, and energy they need to get out, they could use the extra daylight. For this reason, it seems that flipping the current schedule would be the best solution for both groups.	
265	doing my homework. Ending the school day after 4 is REALLY LATE! It's already hard enough to run errands after work...this would make it almost impossible since many businesses close at		
266	5.		
267	After school sports being later	Starting homework later in the day	Less family time
268	Family Routines	Commuting	Sleep
269	n/a		
	looking for a balance....not starting too early but also not too late. This is more of a priority for the older students who need the		
270	sleep time. later start times for lower school significantly reduce realistic opportunities to tutor after hours; something that some families need to do in order to meet financial	A change of schedule by an hour can significantly impact commuting logistics already established and impossible to change	
271	obligations		

272	Students would be going to bed later with these times because of sports and homework, so they would not be getting any more sleep. Given train schedules to NYC, later start is not an option for me to keep my	Many away games are at 4pm and 6pm (JV and Varsity), and these would have to be scheduled later making late nights even later for many student athletes.	
273	current job.		
274	Amounts of sleep		
275	Sleep 20 minutes would allow most students to wake up after sunrise therefore having the feeling of	Sports schedules	Time for homework
276	longer sleep Small logistical change with major positive implications, for students and teachers		
277	I am most concerned about the amount of sleep I get and how it is currently impacting my physical and mental health. The opportunity to get an hour more of sleep every night will definitely change my attitude and attention span in school.	Stay current with Medical Research Knowledge & Apply the facts	
278		Ending the school day 15-45 minutes later than normal won't have a large impact on homework with students, but rather encourage them to be a little more efficient with their time right after they get out of school.	
279	Children's well being	Commute to work	After Shool activity
280	Starting later will not give us enough time to do our homework, as many us already struggle with completing homework with the normal amount of time. Great Impact outside after school activitys to get to them and have time to do homework before them if school ends latter.	Starting later will keep after school sports going later, and as a result making students get home later and start homework later. This will negatively impact our sleep schedule and grades. Parents won't be able to drop of on the way to work and potentaly have to pick up more often if start time is latter.	
281	The health, safety, and success in learning for our children should be the number one priority in this decision; all of the logistical considerations to be worked out once we	Shortening the school day by 15 minutes is critical in allowing later start times without pushing end times to be too late. With increased sleep and focus, children should gain as much from a shortened school day as they	I would like to see the bus system explored for optimization to see if there is a way to close the 45-50 minute gap between schools, whether through more buses, shorter routes, or eliminating kids from the bus program who do not
282	determine what's best.		

are getting out of the current time.

use it. This would allow a later start time for older kids without pushing all of the end times later than necessary.

283 Many adolescents are already staying up late, frequently on devices. I am concerned that later start times would encourage and justify adolescents to stay up even later.

284 I think school is currently way too early and favor a later start time for my teens

285 importance of more sleep for young people  
Adolescents need to be able to sleep later- as I understand it, schools that significantly change start times to later in the AM see marked improvement in SAT scores and other benchmarks. Please do this!

importance of physical/mental health

286 Students with late end of school times will likely miss academic instruction when pulled out early for whatever reason, but especially athletics. Students who miss class can be extremely stressed out and may struggle academically and emotionally. Make-up instructional time could become a huge burden for the district.

Reduction in teacher-to-student interaction. Later start times could mean fewer students stay after school because they do not have time to do so. It could also mean teachers offer help or make-up instruction/work only during before school hours, negating the point of moving school times. Fewer teachers may be available to interact with students as volunteer advisors for clubs and academic teams.

Retaining quality educators may be compromised as school end time becomes later and later. Teachers who commute a significant distance may find the time spent travelling is not worth the cost to their overall wellbeing and family life

288 I would really not prefer to change times at all. I have 4 other siblings and they don't want to either. I also have a mom that teaches and either does she. I

Not brought time for homework- affects bedtime

Sports

	have hours of homework a day and making me get out of school later will greatly effect the amount of time I have to do		
289	We think that the current start time is okay. I(a high school student) can wake up on time but I do know some people that can't Just everything 1/2 hour later.	I do not stay up unreasonably late doing homework/other things even though I do extracirriculars so thats okay Fixed days (eg tue & thu) for extra activities	I do know quite a few junoirs and seniors who skip in order to get more sleep
290	I would ask for the WHS and WMS students to start earlier because small children that are in WIS and WES have the energy to get up that early everyy morning. Studies have shown that teenagers like us need more sleep, and coming from my own experience I thinking it would be better and help me learn more if we started school later in the morning.		Fine tune the bus schedules
291	Shifting start times later for high school students will only shift their whole day later—sports will be later or they will miss instruction for early dismissals for sports, homework will keep them up well past midnight, they will not gain any sleep, and may lose more if they leave school early for sports and need to continually catch up, with a later start time. Simply shifting the day back does nothing to address the demands on them and their sleep needs.	Many students participate in outside activities that are structured around the standard school day. These start times will jot change because our start and end times do. You will be disadvantaging kids who want to participate in these programs.	
292	This is a waste of time and money		The cost to accomplish what will ultimately be problematic anyway seems ridiculous.
293			

		If children are not getting enough sleep, parents should take more active approach in monitoring the root cause at home and helping teach time management.	Take away your children's smart phones or set night time mode so they have uninterrupted sleep and reduce caffeine intake.
294	Shocking that WPS is even considering changing the current school times.		
295	Family Finding qualifies childcare around the school schedule is difficult enough as it is, a delayed start will force parents to now find before school care in addition to after school care.	School	Sports
296			
297	More time for breakfast Traffic to & at school makes students late for 1st period	Traffic at school makes child late at 1st period as we sit in lines to drop off	More time to sleep enough Child needs time to eat before school and can't as we leave too early for school
298	I don't understand the shortening of the school day for a 30 minute change but not for a 45 minute change. How was that determined?	Chil is always tired If the staff is working 15 minutes less per day, is their salary going to reflect this reduction? If not, then I am absolutely against this as an option.	
299		I still have not seen any objective follow up indicators to assess if any change were to be implemented how will it impact kids	a school that is surviving yb raising town taxes should not be looking to raise cost. a very ill advised move in the long run
300	A very ill informed decision based on poor quality research affecting schedules of smaller siblings in the house (either too early start / too late end)		
301	I want to start at the same time	I want to start at the same time	I want to start at the same time
302	I sometimes get home at 10:30 PM for volleyball, and to get home later due to later start times would be detrimental		
303		I NEED more sleep in the morning, I'm always tired until 3rd period capability to commute home during high volume times to meet bus	My mom has to drive to work in the morning, this might be an issue her old school started and ended just a bit later then ya'll do now. It made life a lot easier. i haven't slept in so long
304	Traffic + start time = tardiness.		
305	Later start time	please	
306	Sleep deprive As a student I feel like I'm not getting very much sleep because I have to do my homework then	Success	Health
307			

	wake up early in the morning.		
308	Younger sibling getting home before older sibling if schedules are switched us students need more sleep so we can do better in first period classes.	Two working parents make it difficult to have any delay in start times	Typically younger kids need more sleep and less time to do homework so current schedule makes sense for them
309	Teachers who's day ends after 3:35 will be absent more due to dr offices closing at 5 and the commute time to those offices	Wis/hes kiss will have behavioral difficulties if needing to stay at school past 3:35	
310	Tired of hearing upper school kids can't have a later time due to athletics — just not fair to sacrifice the health of the majority for the minority		
311	How can you present these options without the financial implications?	Please provide a new survey with the financial implications of each alternative	
312	This would be great, but we need to understand the budget implications of any of these choices. They cannot be made in a vacuum.		
313	Soccer time and Homework time after school is much shorter	Less time to do activities with family	Less free time in the afternoon
314	As a high-school student, I constantly feel the difficulty in waking up incredibly early for school and how it compromises my sleep schedule - as I am typing this, I am extremely aware of my fatigue from only receiving 2 hours of sleep last night when trying to complete all my homework I had assigned.	I feel a switch of the school times of the two tiers would be easiest for parents and students to adjust to - younger kids generally have more energy and don't have much reason to stay up late and it doesn't shift around parents schedules too much.	
315			

<p>I have one child in the high school and one in the middle school; and my high school student has a very rigorous course load and sports which leads to him having to go to bed at a very late hour every night and waking up in the morning very tired and in need of more sleep.  316 We need option 4. It will  317 be the most beneficial.</p>		
<p>318 Both parents working  If moving high school later, no clubs may be able to meet early, otherwise  319 defeats the purpose  If y'all move the schedule later, the after school programs are just going to shift later, kids are going to be going to bed later, but now they will think that a 15-50 minute later  320 bedtime is OK.</p>	<p>After school activities set for both kids in WIS and WMS   HES students can not learn well later in the day, they are ready early</p>	
<p>321 If start times is just a little later than I think overall most children should adjust a little more easily. Especially for the adolescent mind, sleep schedule lends itself to a later start and would be beneficial for the growing  322 brain and body  WMS/WHS will start too  323 late  Adolescent health and mental healthy are a  324 priority  Ride to school without the  325 bus  Activities ending too late  326 negitve impact on sleep</p>	<p>I'm concerned that my job will suffer because I teach early morning classes and ad of now I'm able to put my kids on the bus and then quickly get to my classes.</p> <p>WIS/HES will start too late</p> <p>School success is a priority  Less time for homework completion  ending of the day jamed even more if your busy</p>	<p>HS and MS kids sleep later than you get kids so changing the times for them makes a lot of sense. But putting elementary students on a bus before 7am is not acceptable.</p> <p>Transportation for other families with younger kids</p> <p>Look at the research</p> <p>not enough free time in the day  The lower schools should start earlier than the upper schools. Toddlers wake up earlier much easier and it is easier as a</p>
<p>327 Children do not need less school. Reducing the school day is absurd.</p>	<p>I like that lower schools start at different times than upper schools.</p>	

parent to bring my daughter to school at 7:15-7:30 than it is 8-8:30.

328	The early start time for upper class impacts their ability to rest and perform in and out of the classroom. Even a slight delay in the start of the school day would have a positive impact		
329	Start time for upper levels should be 7:30am. Like it was 10 years ago.	A later start will impact after school activities greatly. Students will need many early dismissals for events.	
330	Having time to do homework, sports, and spend time with family at night	Not staying up too late doing work and sports if school starts later	
331	I have activities that start early soon after school ends.		
332	As working parents, we have very limited afterschool care that provides evening hours. The hour afternoon program still does not allow for us to get home in time to pick out child up.		
333	I have a lot to do outside of school, not including homework, and I need the time to do it.		
334	Getting enough sleep is very important for me, especially since barely any highschoolers get enough while managing to get all of their work and activities done, a later start time would allow students to get significantly more sleep.		
335	Concern for my children's ability to have enough sleep and complete academics		
336	Changing the school start/end times could	N/A	N/A

	change a lot of families' schedules for work		
337	none Parent your child. Less screen time. Go to bed early and get up early to start your day. Parents have work. We can sit around while kids who stayed up too late can't		
338	get up for school. Athletic events...not having enough time to do		
339	homework before sports I think the students will greatly benefit from more		
340	sleep The current schedule		
341	works. Having WMS and WHS kids who are less		
342	exhausted Late start better suits	Late start helps parents who	
343	teenagers sleep patterns	work	
344	I think it's a waste ample free time in the afternoon for homework,	no early school start for	
345	sport & other activities Will our teachers quit b/c their town and family is on	HES/WIS	no shortening of school day
346	a different schedule? younger children naturally	adolecents need the sleep to	
347	wake earlier - they can start earlier!	develop properly and succeed! allowing WMS and WHS	i hope our district can be a leader in this
	emotional and physical health with longer sleep times for WMS and WHS	school students to have a later start time with help with	
348	sutdents is quite important and has scientific evidence to support later start times for adolencent	homework and extra help in monring for students needed	later start times for HighSchool students has been proven to work in other towns where is has been tried for the over all
	sutdents Prioritize the students - 7 am bus pickup is just too	attention. WHS students who drive will have a safer experience getting to school with addttional hour of sleep	better health and academic attention of students
349	early for high schoolers Majority of Greenwich teachers & parents say later HS start time has done nothing to help kids		
350	get	I don't want to drive home from sports after 8PM and practices will get pushed later and later at night.	

<p>351 All around Weston schools start later too. Surely if they can manage we can too. Especially for Middle/High school students research indicates later starts better for academic performance.</p> <p>352 Distance and daycare is a major factor for staff who don't live in district</p> <p>353 Time to be progressive lead the way</p> <p>354 I am always tired and having a later start can help me</p>	<p>Such a change in morning and afternoon routines can be difficult for young students</p> <p>Students first</p> <p>I have trouble doing my homework Well rested = better focus = better learning = better for teachers. This change will have far reaching and lasting positive implications.</p>	<p>My family is sometimes effected by the schedule Focus must be on health and Children's well being. Transportation &amp; other logistics must be a far 2nd to these critical known factors</p>
<p>355 Health and Sleep factually correlated. Esp in developing years The current start time of WMS/WHS is just too early. For most of the school year it is dark and freezing at 6:55am, when our bus picks up. I leave my HES student asleep in the house while I stand outside with my WMS student because I'm worried about her standing near the street by herself in the dark. A later start time for both schools would make a world of difference.</p> <p>356 Children's natural sleep cycles should be considered for older children</p> <p>357 Physical, mental and emotional well being of child when attending MS next year</p> <p>358 I don't want my younger kids getting home any later than they already do,</p> <p>359 4 pm.</p> <p>360 students need their sleep for optimal mental health</p>	<p>Older children wait by themselves in the am for the bus. It is dark most mornings which is unsafe</p> <p>The later teenage kids are in school the fewer trouble they get in</p>	<p>Homework , activities, and sleep deprivation are recipes for failure in older children Completion of school work is more significant in MS and HS. Getting extra sleep will ensure this</p>

<p>361 It concerns me we would be ending the day too late for me to continue with after-school employment and activities</p> <p>362 Working parents</p>	<p>It concerns me we would bestarting the school day so early that my exercise regimen is not possible</p> <p>The current schedule allows for adequate timing, if needed, for homework help and assistance that does not overlap into dinner or extra curricular activities.</p> <p>I would not have a lot of time for personal things.</p> <p>I am also concerned that sprotts teams would have 2 practices - conditioning before school and field play after school. That escalation needs to be anticipated.</p> <p>I am concerned about my students (I have kids at HES, WIS, and WMS) attitudes toward school. I firmly believe with a later start time their general attitudes toward school and their moods would be better with a later start time.a little more sleep goes a long way. I never had trouble waking up for my 9:20 start time in high school and I was always happy to go to school.</p>	<p>It concerns me I would have to rearrange standing medical appointments to fit new schedule</p> <p>Sleep is essential for growing minds and bodies - especially at the high school and middle school grades. I would've been happy seeing a 9:20 or 9:05'start time for high school. (That was an option for HES and WIS but not the upper grades). The older students need it most. The research has been shown later start times (letting kids wake up later) improves a variety of essential elements to growing teenage brains. There is no downside here.</p>
<p>363 The earlier start and dismissal timings permit more family time at home after school hours</p> <p>364 Generally in favor of extra time in the morning</p> <p>365 It would be harder for my parents because I would not be able to pick my siblings up off the bus</p> <p>366 If implemented, the high school needs to ensure that sports practices / clubs are not simply moved to before school. This would defeat the purpose of allowing teens more sleep.</p> <p>I am concerned with students' mental health and ability to succeed in middle and high school. All research shows that later start times are better. The K-12 school I attended in south Florida began at 9:20am. There were no health issues, issues with homework completion, attitudes were positive, kids loved school!, there were no issues with scheduling sports and after school activities. We were all involved in clubs and sports. Teachers were happy. Students were happy. Parents made it work with their work schedules. No one complained!</p> <p>367 I think all kids need more sleep than they are getting.</p> <p>368</p>		

369	A later start time for HES would greatly impact my childcare needs and cost me hundreds of dollars more per week for my family.		
370	Getting out significantly later would impact after school employment and doctor appointments	371	I have a teenager at home (not a WPS student though) and it's difficult to get her out of bet i feel the high schoolers would benefit from having more time to sleep in. Whereas the elementary students in general are early risers.
372	We have many after school commitments  If the dismissal time changes to a later end time for WIS I will need to take more time off to manage my own family's affairs. For example, due to my commute, I already have a difficult time getting myself and my children to doctors appointments.		If the dismissal time changes to a later end time for WIS I will be unable to get my own children to their after school activities without hiring a driver which I cannot afford to do at this point in time. It would severely impact my the opportunities that my own children will be able to participate in.
373	Wake time for middle and high schoolers in the current schedule is very hard, as my children have gotten older, their sleep schedule shifted considerably later (and research shows this is true for most). Having them start earlier than younger children does not make any logical sense.	374	School sports and extra curricular activities can be enriching, but academics and physical/mental/psychological well being are far more important, at least in our family's viewpoint. Disrupting some children's after school activities should be a secondary concern and is not reason enough to continue to infringe on the well being of the majority of children.
375	Health		We are a family that has one parent who commutes & works late, later school start times allow later bedtimes & thus more daily family together time, this is a serious issue that is not given enough attention or attributed enough significance.
376	Start times are too early for older kids.		Wellness Smaller children tend to wake up earlier. As kids get older they have later activities had require more sleep.
377	overall, would like a later start time for kids health Any later schedule would impact work - we are a working family		Sleep

	the performance of students in the schools.		
	often times i am much too tired to want and try to do any work in the first few		
378	periods of school my brother who is in high school has a trouble		my little brother who is now in 6th grade has a trouble getting up now .
379	getting up I feel we should have a delay but end at the	I have a trouble getting up	
380	normal time. It will be very beneficial to high school students to get	dalay should be told to parents the day before	
381	a little extra time to sleep. I think we should have some type of safety and medical training or a course in case of an	The end time should not be too late.	
382	emergency or shooting i feel as a student, having the extra 30 or (however long) minutes of sleep is crucial to my success during the day. High school and middle schoolers are staying up much later than elementary/WIS, yet they must wake up much earlier. Additionally, i feel that when we have even just one hour delays, the benefits of extra sleep are clearly evident in both the productivity of myself and		
383	my peers.		
384	none	none	none
385	Losing 1 1/2 hrs. of pay per week		
386	None	None	None
	Changing the times would highly impact my family and childcare arrangements, and make it even more difficult to get my own children to their		
387	afterschool activities		
	The little ones can not be going to school until 4 and		
388	getting home at 5		

	The data shows later start times would benefit WMS/WHS students. It makes sense to make the		
389	change.		
	I want school to start later		
390	and be shorter.		
391	Sleep	Sleep	Sleep
392	Sports	Homework Completion	
	more objectives could be achieved by rotation	changing to rotation with fixed	changing rotation is least
393	change than time change.	first and last periods give	disruptive to academics,
	More Sleep	families more flexibility to fit	athletics and budgets long-term
394	I strongly support middle school and high school starting later. My 2 older children, now in college, attended Newtown High School. There was a recognized improvement in moral amongst the students and staff. It is physically and mentally	their own students needs	More Sleep
	healthier to start later.	More Sleep	
395	Everything will be worse		
396	with change for everyone		
	Teenagers do not start producing melatonin until 11:00, so the sleep we try to force on them before that, so they can make an	Pre-teens need to both go to bed earlier for mental health, as well as wake up earlier for physical health. Kids who wake up to late, after getting	Many after school scheduling for these children do not take
397	early bus is useless.	enough sleep, generally struggle with more physical issues, which can carry on later.	into account after school activities, which, if included, can work around many of the teenage supporting their sibling problems.
398	Sleep schedules	Academic success	Mental health
	School will end way too late affecting after school	sleep deprivation is a big thing for me because I have	
399	activity attendance	to wake up so early	
400	too early	let me sleep in	not enough sleep to come full prepared to work
401	I want to sleep more	school is way too long	sports are important

This is a solution in search of a problem; any change in the start time will only move bedtimes in the same way the clocks are moved forward and backward for daylight savings time. People will adjust their bedtimes; they will not get more sleep. If research tells us the optimal time is between 9:00 to 9:30 and we are not moving to that, then the discussion is over.

Moving 15 or 30 minutes is a waste of effort and resources. Moving it 45 minutes disrupts too many other things and you don't seriously believe that kids will get more sleep...they will just adjust their bedtimes.

402

I feel that keeping the schedule the same has many benefits and there is a reason why we have use the schedule today.

Keeping the schedule the same gives us time to do homework and study that I feel we would not have with a later start because instead of homework, that time is used to sleep. In addition, extracurriculars are a huge part of the students at Weston High School. The amount of opportunities that students may miss out in a later school day is larger.

403

My children are heavily involved in after school activities. A very late start will simply cause them to stay up later finishing work/training, with no net positive result.

404

School should start 15-30 mins EARLIER

405

The ranking segment of the survey is unfair. It suggests that even if something is ranked 2 or 3, that the ranker believes these are high-ranked options; which they are not to me.

This is going to happen regardless of how parents feel about this. Just another example of ramming huge, disruptive changes into peoples' lives. Weston is the number one school in the state. Why massively disrupt what is already working wonderfully?!

406	I want to start earlier GRADES ARE STUPID STOP THEY HAVE SERIOUS IMPACT ON 407 MENTAL HEALTH	FIX YOUR SCHOOL PLEASE GIVE US AIR CONDITIONING	STOP LETTING KIDS USE SLURS
408	Teens sleeping enough in the morning to function well		
409	Later school because I don't get enough sleep		
410	Sleep deprive	Success	Health
411	Please let me sleep for more than six hours.	Please let me actually eat a full breakfast, not a granola bar!	I don't want to be tired every morning.
412	sleep	homework time	sports
413	If the HES and WIS kids started school earlier they wouldn't be getting enough sleep which could cause problems in after school activities or out of WPS sports.	If the HES kids and WIS kids pickup for WMS and WHS kids would be more challenging. Also, parents would have to bring their younger children everywhere the older kid has to go.	
414	HES WIS kids will be badly affected if the start earlier. They should stay the same or start later		
415	We need more Sleep	More Homework time	Better Emotional health
416	Getting a good night's sleep	Having less stressful mornings	Having more time to complete homework
417	We need to make sure the new times accommodate for after school sport activities		
418	My parents want more sleep	I would like to sleep more and gain some emotional health on the way	More time to think about HW Maybe the school can give more time for arrival to school, and delay classes to start at 8:00. Doors should open at 7:15 am as usual.
419	The school schedule is perfect just the way it is.	Don't change the school schedule.	
420	Bananas	More Bananas	Even more Bananas
421	Getting more sleep	Having more time in the morning	Being more active in class because of sleep
422	Transportation will be an issue	If the school day is extended, there will be no time for homework	It would throw off time for extracurriculars
423	Sleep	Academic success	Health
424	nothing	I don't care	thank you
425	I believe that the extra time for sleep will make us		

	more attentive and ready to work		
426	This would help my sleep	More rest more ready to learn	
427	Need more sleep	Need more time after school	More lunch/break time Elementary students naturally go to sleep earlier than teenagers. We physically can't fall asleep very early or we have too much homework. We need more time to wake up later.
428	I need to get more sleep, this impacts my mental health. Answering this question, I took the mental and physical health of students very seriously	I do not want to end school at 3:30 that is far too late considering extracurriculars.	
429			
430	Need more sleep	Don't want to get out of school too late	Would like to go in a little later scheduling
431	sleep	transportation	
432	Give me sleep My only concerns would be my friends and siblings' mental health and room for athletics.	I need sleep	You need sleep
433			
434	There are sports teams out of Weston that have early practiced that the later the school day the harder to get to practice on time.	We already are one of the latest endings school in sports and sports games are getting later and later. This affects the amount of homework students can't finish their homework on time. starting later would make it harder for parents to find a ride to school for their children as most jobs start before these new school times. it would have an even bigger effect on parents with young children as they would have to find a babysitter to put their kids on the bus in the morning	
435	if the start time is pushed back a lot, then it will have a great impact on after school activities (like sports)		
436	I'm gay	Ur mum gay	Ur mum = Me
437	We need more sleep The later start will positively affect the whole school and help the students have sufficient sleep that is proven to lead to better attention span, quality of work and improve emotions. ONLY		
438			

POSITIVE THINGS CAN  
COME FROM THIS

	Later start will help all students with their sleep schedule. Many of us take rigorous classes topped with sports and other after school activities. This causes us to often be up after 12 am and be very tired and aggravated going		
439	into the day.		
	This will improve sleep and therefore student	This will improve academic performance	This will improve athletic performance
440	health		
441	I need more sleep	I need more sleep	I need more sleep
	We're tired all the time		
442	please let us sleep more		
443	Sports		
	It will not change attendance accountability will.	It will not change sleep. Cell phone use will.	It will not change behavior accountability will.
444	Getting home in time to pick up my elementary aged children		
445	Remember that many students have 2 parents who must be at work at	Early starts never hurt anyone for decades, no matter what some fashionable study says.	
446	9:00 or earlier.		
	We are a family with both parents working and having our children start school later while they still require close supervision would dramatically impact our lives with financially		
447	and mentally.		
	We have two working parents in our family. Work schedules are arranged around current bus times.	Students not arriving home until 5 pm would prevent them from participating in after school activities and doctors/dentist/orthodontics appts.	
448	Changes would cause significant hardship.		
	Changes to schedule can going later can impact my afterschool commitment to a graduate program in	It will impact childcare for those who travel 45-60 minutes and have selected housing and opportunities based on current hours.	Safety of young children at early morning and late bus stops
449			

which I am already enrolled.

450 what about a flipped scheduled with modest delay?

So many of the options for the lower schools involve the day going later. The little kids are the ones who are up at 5:30 anyways. They will not be available to learn at those later

451 times.  
452 student mental and physical health - later start times better!

student academic success - later start times better!

student attitude and overall happiness - later start times better!

453 Later start for high school I would be very concerned about shifting the current problem with early start times from one age group to another. While I understand there is particular research about adolescent sleep patterns which supports a later start time for WMS and WHS (and agree all the schools should look at shifting start times for that reason), I think 7.45am is too early for younger children to start too. It would make it difficult to get them up, ready, and properly fed in time for the bus (smaller children are perhaps harder to get fed and cannot eat on the move in the same way!)

None of the options involved shifting the start times back and flipping the schools - is that a possibility that has been considered? Then none of the schools would have to start before 8, and the teenagers could get an even later start.

454 Research shows that to make a difference start times should be closer to  
455 8:30 am for adolescents.  
456 Need before and after care for elementary students.

457 The earlier you start the day - the more of life you can fit in that day

Being responsible (parent) includes time management

as with accademics, time management starts with our children now and continues

			with them for the rest of their life
458	Strongly AGAINST this. will be a nightmare for my family.	Kids after school activities will end far too late for HES WIS	School would HAVE to provide early care FREE OF CHARGE IF this went into effect
459	I would like to see the survey include afternoon start time for MS and HS with Athletics and enrichment before school	I am happy the school is looking into this as it is an important issue	
460	I need time to do homework after school	I need time to go to after-school activities	I need time to sleep
461	Given my commute to and from Weston, my family would be negatively affected by a change in the end time of the high school. Even moving the end time to say 2:45 would still mean I could not leave work until after 3pm, which would tack on time to my commute and make it harder for me to contribute to picking up my children from childcare or even attending thier after school activities.	I think shifting the start time of the high school will not significantly impact student attendance or tradiness. Even with a 2 hour delay, several students are always chronically late to school.	
462	traffic during commuting times		
463	The more drastic options proposed would seriously impact the length of my commute and have negative financial implications for childcare, which is greatly concerning.	Why not consider WHS/WMS 8:00-2:30 as a compromise? It seems odd that a compromise can be made to shorten the school day with a WHS/WMS 8:15 start time but not as a solution to our current timeframe. This would lessen the impact of commute, childcare, and student athletic obligations. I'd be happy to make the conscious choice to continue leaving at the same time I do now and arrive early to avoid pushing my current commute to an hour +. Thank you.	If one of the much later proposed start time(s) prevails, please strongly consider moving current faculty contract times and after-school obligations to the morning to mitigate the negative impacts on commute and finances. Thank you.
464	The length of my commute is severely impacted by traffic which is worse at certain times.	Students learn better (in my observation) earlier in the day.	



with any of these potential changes. For families, this will cause hardship and necessitate taking unnecessary time off from work.

For me everyone is different and needs a different routine so no matter the start time some will not be at their best. I personally have always been a morning person and was very successful w school. I see different routines in my kids but if you keep them on a schedule I do t see much impact with changing the start times

470

471 Health of children

Athletics

From our family experience it is easier for younger kids to go to bed early and wake early. And older kids stay up so late with homework.

We felt 5pm bus drop off was too late for the littlest of children

My high schooler is too tired at 5pm to discuss this with me and she has hours of homework

472

7:45 is the earliest school start time we have ever experienced in my son's schooling and I have to wake him up every day, a first in his life. He needs more sleep to be focused.

473

Sleep is critical for students' health, especially social/emotional

Student health

Student health

474

In my opinion the sports should not be a factor in determining what is the optimal time for our students to learn. We are an education facility first and foremost. Sports matters to many, but not to all. And should not take priority over the health of the group at large.

As a working parent, a significant delay in the HES/WIS start time is extremely hard to manage.

But also as a HES/WIS parent, moving up their start times would seriously impact their rest routines.

475

476	The reason my job works for me and my family is because of the current hours	single mom here and would need various childcare	i would lose money from tutoring with this change -single mom issue again
477	I see too many children including my own who are sleep deprived because school starts too early	Working parents including me must currently arrange for after school help until a parent can get home	With later starts it's a win-win all around. Kids get more sleep, parents get more time at the office and their health and grades will improve as a result.
478	A later start time leads to an even longer wait in rush hour traffic (times after 8AM)	The current start time allows earlier travel time to beat the traffic and be present/on time for the work day	
479	If start time for athletics ends any later for the high school, then our school will always be late for games. Our location, far from 95, makes it hard to get to sporting events on time as is, adding another 30-45 minutes would make the school reduce it's warmup time or have games start later, thus ending later, which is impacted by darkness, and other obligations	Teachers at the high school would not be able to coach because if the athletic team needs to leave early for an event, and the teacher is still teaching, they wouldn't be able to leave their class. Weston would end up with only outside-Weston coaches, instead of the great teachers/coaches we already have.	
480	Ability for both parents to have gainful employment, which becomes hard if school starts even later than now		
481	Child am and pm bus	Being able to coach after school I'd like to believe that a later start time would improve student attendance etc., but I fear a later start time would mean students will just wake later as well and continue the same pattern of behavior.	Would rather get out early and start early
482	While I appreciate the potential value of a change to students (academically and in terms of health), a later end time would dramatically affect my child care situation at home.	Further, the number of students missing class at the end of the day is already disruptive but I fear it will become unbearable with a much later end time in the high school.	

	<p>Many teachers and staff members don't live in town and have a long commute and young children. Changing the start/end time will greatly impact your staff members. Staff members' opinions need to be highly regarded, we</p>	
483	<p>ARE the schools! current WHS start time is</p>	
484	<p>too early for teenagers</p>	
	<p>Lower school students are less able to learn in the later afternoon. A later start time would increase the time of non-optimal learning for them.</p>	<p>If we delay the start time, for some of the winter, young students will be getting off the bus in the dark and most lower school staff will be driving home in the dark and rush hour. This is a safety issue.</p>
485		<p>It is already difficult to try to arrange appointments that have minimal impact on having to leave early. If the school day is later, almost every medical or other appointment will require time off and sub coverage.</p>
	<p>An earlier start time works for my family, but starting later would have a big financial burden on me as a single working mother of three children. Also, Starting/ending later would highly impact sick time at work. Due to a later end time, I would have to miss school to go to Dr appointments for myself and 3 children, where now, I can usually schedule something for after school and not miss any work time.</p>	<p>Same as above- I really think my first 2 choices are the most reasonable options. Also, Most elementary children are up early, so having a later start to school, means they will come in possibly more tired because they have already spent two hours of their day playing at home or on devices. I do not think that will have a positive impact on learning and behavior. Younger children also fatigue earlier in the day. So I would anticipate less good learning time in the afternoons and more behaviors to arise.</p>
486		<p>Same as above As a working parent (teacher) I sacrifice and miss so much of my children's special school events (first day of school, class parties ,etc)and I do not want to miss anything else due to starting school later. Its not fair. I rather start school earlier! Any change would impact after school care by older students for younger students.</p>
	<p>I need to be available for my own elementary school aged children.</p>	<p>I need to be available for my children's after school activities/sports</p>
487		
	<p>The current schedule should remain in place.</p>	<p>Any change in schedules would greatly impact parent's job.</p>
488		

489	<p>Opportunities to supplement income after school</p> <p>At the end of the day, time management is key. Each child is in school fro 6:45 min regardless of upper or lower schools. It's up to the child and family to figure out how to best use the remaining 17 hours and 15 min...</p>	Early riser	Insignificant to have impact on students
490	<p>Having WMS/WHS later would cause major disruption in childcare/commute for both parents.</p>		
491	<p>If the priority is to do what is in the best interest of the students and we follow the findings from the studies and data, then the school has a responsibility to do the right thing. There are no details, situations, or circumstances that cannot be figured out once a decision has been made. And if we are the first school in the district to set the trend, then the others will follow. It is not a</p>		
492	<p>question of if, but when. if our priority is to do what is in the best interest of our children, then the data and study findings should direct the narrative. Everything else will fall into place and the other school districts will follow our trend.</p>		
493	<p>Family arrangement are complex and difficult to make. No matter how small the change... the disruption does not seem to warrant the minor change in time as research is not as solid as promoters imply.</p>	<p>High school and middle school programs get punished as finding advisors and coaches is already problematic. people get punished</p>	<p>Very few teachers live in town and commute quite a ways. With afterschool programs going even later, it further disincentivizes.</p>
494			

<p>495 This would be terrible for my family! It would greatly affect child care arrangements and my ability to collect her in a timely manner. Also this will affect my ability to participate in her after school activities.</p> <p>496 We have wis and high schoolers changing times impacts care for both.</p> <p>497 Don't change</p> <p>498 There is no need to make any change.</p> <p>Childcare before and after school</p>	<p>This would also impact my ability to be a club advisor and run after school programs and events.</p> <p>Many use high schoolers for babysitting</p> <p>Traffic and commute A change will adversely impact working families. It seems there is a desire to accommodate wealthier families with only one working parent</p>	<p>This would also have a negative impact on my commute time to and from school as my drive is currently one hour long that would likely increase that time.</p> <p>We should be focusing more on the quality of the education being provided vs the hours</p>
<p>499 I am not interest in making changes. It's not broke. What are you trying to fix</p> <p>500 Research shows older students need a shifted schedule as they naturally need to get up later. Please do whatever it takes to help our higher schools improve our students academic success by having them go to school later.</p> <p>501 Traffic issues if later start. Commute is already difficult</p> <p>502 My younger brother is in HES and I do not want him to start early. He's always in a bad mood when he undersleeps.</p> <p>503 Please consider the needs of working parents, particularly since many of the active PTO voices are non-working mothers. The logistical effect that a later start time would have on our family's routines and mental health would be astronomical.</p>		

504	having to add an extra expense for child care after work if we end later	More sleep for WMS/WHS is priority.	
505	Any change should not cause extra expenses. Older children (i.e., teens) need more sleep; especially with the academic pressures that		
506	are placed upon them. If later start i wont be able to see my kids in the morning	If kids come home later they will go to bed later and be as tired the following morning	Later starts are more favorable to parents who does not work
507	My HS child is chronically sleep deprived b/c he cannot get to sleep early enough to get enough hours before school start time.		
508	I love if the middle school high school student start school at 8:00am or after	This was not a problem when he was in WIS/HES as he naturally went to sleep earlier. they middle school and hight school student have more time to rest and start fresh every day	As parent of three kids and different schools is difficult to start school to early
509	students should not be returning from school by bus after dark for student safety	older children have a longer school day due to after school activities at WMS/WHS whereas HES students have fewer after school commitments that lengthen the school day, thus later end time is less impactful	
510	All HES/WIS KIDS should be home by 4, not 5pm	WMS/WHS pickup should not start before 7:45	
511	HS/MS students will be more awake & alert in morning classes. I think HES and WIS should start earlier than the WHS and WMS. younger students are up earlier in the morning than the high school and middle school students.	Flipping start times would be better for students' academic success, health, and well-being.	
512			
513	Little kids wake up early anyway	Little kids would benefit from getting home earlier and be done with the day at an earlier time	
514	The Childrens mental and physical health should be the first concern	All That is ALL research based on real school districts has shown later start times to be beneficial	grades move up when you start later and give them breaks
515			

516	Sports outside of WPS Any change will make things more difficult for some families, and more convenient for others. Doing what is best for the students seems like a simple answer.	Sleep	Homework completion
517	Adequate sleep for teenagers.	Getting out in time for non WPS after school sports/ activities.	Effect on mental health.
518	Congestion on School Road between 7:30 AM and 8:30 AM	Reserved Staff Parking	
519	Unfortunately due to the ages of my children I already have a hard time staying after school, and shifting the school day would make it even harder. It would be a major disruption, so if the district chooses to go that way, I hope that it is the result of overwhelming buy-in and consensus from all stakeholders and I would hope that this adjustment would be considered during our next contract negotiation.		
520	I have family commitments that require me to be home by a certain time. Pushing the schedule back an hour would be a huge inconvenience and require major changes in our family life.	I am currently work on a degree which requires me to attend class at a certain time in the afternoon/evening.	I also volunteer. I would have to give that up if the school day was extended to 3:15 b/c I would not be able to commute home, pick up my daughter, and get there on time.
521	Health of students I think there will be minimal impact on students because I think it just delays them doing their school work and activities until later on.	Academic success of students	Achieve school goals
522	Later school dismissal will significantly impact family after school schedules / commitments	Later school start and end times would significantly affect commute times on both ends	Early dismissals for athletics and other after school programs would have a significant effect on academic
523			
524			

- 525 i understand all sides, but i think make a drastic change is unnecessary a slight one makes more sense
- 526 I am a teacher in another district which has recently made this change; the basic idea has some merit but the actual implementation is unforeseeably disruptive and we are continually compromising on things that were easily implemented by the old schedule.
- 527 A no-brainer based on academic research and pragmatic experience at schools like Wilton. Flip the schedules!!
- 528 will be vry difficult for staff with children to get to work on time and get back for children getting off bus with the later start time 5 year old sitting on the bus until 5 o'clock is crazy. My kids eat dinner as soon as they get off the bus as it is. Good luck to the bus drivers
- 529 My children are aging out of the school system in a few years, but I'm worried about Weston youth in the future. The evidence seems clear to me that adolescents need more sleep for their intellectual and emotional well-being. If Weston is going to be on the cutting edge of
- 530 academic achievement
- I am strongly opposed to option 5 and 4 to a lesser extent where kids get home at 4:30 or even 5. can you picture how many more people will pick their kids up from the elementary and middle school

our town needs to respond to what the best research has to tell us about child development

- 531 Current time too early for teenage high school students  
 phisical and emotional health of our children should always be our priority and studies clearly shgest that moiddle school and high school should start later.
- 532 no matter what after school activities our children have they always go to bad way too late so extra time in the morning is necessary
- 533 Starting an early day it makes it more productive  
 If later start I wont be able to see my kids before school
- 534 If later start I wont be able to see my kid in the am anymore  
 just thinking ahead to middle and high school...I think a 15-20 later start will time will be very benefical for my son
- 535 Added time in the morning will help MS and HS students well being
- 536 It should only change if clubs can't meet before school
- 537 Sleep
- 538 Read the research, studies show a later start time for teenagers has a positive impact on school success.
- 540 School bus management
- 541 Academics - this is school, priority #1 over sports and other extracurriculars
- 542 If teens start days later, will go to bed even later
- Later starts is more favorable for non working parents  
 By being home late kids will go to bed later. And still be tired in the morning
- It should only change if kids will actually be able to sleep more
- Sleep
- Teen mental health is priority #2 which supports later school start times for teens
- Later schedule will affect the whole family schedule and parents usually goes to sleep early  
 If kids are coming home later they will go to bed later and they will still be tired
- Later start is more favorable for none working parents.
- Sleep
- All other challenges to enhancing start start times - families must adjust for the mental and physical health and safety of the students

543	The extra sleep needed for the health of my child		
544	Mental, physical, emotional health of students	Student success and health in school	Childrens health, safety & education
545	My wife and I both work and starting much later makes it difficult to get them to school		
546	I will have two in Middle School next year and to me, the most important factor in school start times is adequate sleep the night before. My children's health and wellbeing is my top priority and I think it is unhealthy to deprive adolescent bodies and minds of the rest they require.	I am opposed to shortening the school day. I believe the number of hours of school should remain as is.	
547	Don't think the upper grades will sleep more with the change in later start times.	Concern for family and staff family whose children have after school activities that don't make Change in times	Non weston activities will have impact for students to participate in
548	Impact on early dismissal/late start times	Getting stuck in traffic on way to work	
549	A later start time for middle and high school makes total sense. Most schools let out at 3:00pm or later, why not ours?		
550	Young children are more naturally early risers, so I think it makes sense for them to start school earlier.		
551	MS/HS should start around 8 because it's scientifically proven	Elementary school should start earlier	
552	All the studies show teens need more sleep and yet their body clock runs later so falling asleep earlier is hard. Living with them I see this is true and that lack of sleep really adds to their stress levels.	I fully support a later start time for teens. As more high schools change to a later school start time the athletics organisations will have to adapt. The athletics organisations should be glad that their athletes can be healthier with more sleep.	As a smaller school and a high school of excellence I would hope that this change can be made to benefit the kids' health.
553	I think HES/WIS should still start after WMS/WHS		

	but both schedules should be later.		
	WMS and WHS should start later than HESnd		
554	WIS Change in start times to later in the am could affect the amount of colleges that students will have the opportunity to meet with in the fall. Most reps do not visit schools after 2pm for travel purposes.		
555	Childcare	Opportunity to play outside	Homework
556	Since this would be a significant change for many, overall health and wellness for students would be very beneficial and to be fair, hopefully start times are only 15 minutes which most		
557	should be able to manage Lengthen School day to build time for high achievement including		
558	executive function	Sleep	Frequency of class tests and quizzes
559	Excessive homework Kids being able to get enough sleep is my highest priority. They have a very sensible bedtimes but sports schedules dictate their bedtimes some nights and I would like them to sleep	Extra help changes in schedule? Before school?	
560	later.		
	The school schedule change with delayed opening will be extremely difficult for working	Flipping the current schedule and having the lower grade kids arrive school earlier will put significant damage onto their physical and mental health.	Higher grade students should practice taking responsibility and working on self control and self management to go to bed and wake up on time for school.
561	parents.		
	Weston is already one of later schools in SWC for dismissal time for athletics - making dismissal later would make practice and games later which means they		
562	would end later which		

means homework time is later which means sleep time is later which defeats the purpose of starting later - its a vicious circle!

563	Concerns about traffic could limit the time I spend at work outside of contract hours. Selfish reasons: my nanny wouldn't have to start as early, so my child care costs would go down, and I could drop off my son to school myself everyday, which would make me very happy.	Later end times could mean having to take time away from work for medical or other vital appointments.	Shortening the school day would have a negative impact on instructional time.
564	Weston provides no before school care, so having kids home later in the morning and then not having my older children home to get the younger off the bus in the afternoon would put a large financial burden on before and after school care.	Student reasons: time and again research has shown that student performance, attendance, and abilities improve with later start times for adolescents	
565	Please consider walking distance between stops and houses during bus stop times before sunrise and after sunset. My child will walk .5 mile on a narrow road with no street lights.		
566	Good sleep for teen	Late start limits screentime	Home early = more screentime
568	sleep phase delay of teens Student athletes will lose more academic time because they will need to be dismissed earlier to make game times at other schools.	impact of insufficient sleep on brain and physical well being	
569	Sleep (lack of sleep impacts the following two comments). These kids need sleep!		
570	Mental/physical well being	Emotional Health	Physical Health
571			

	I believe that younger children and the parents of younger children have more flexibility in scheduling and that the sleep/homework demands of adolescents demand we prioritize their needs in changing the school		
572	schedules.		
	The youngest children are naturally awake much	Having shortened days 1x per week is a model I see in other schools.	
573	earlier than adolescents. Making life possible. For those of us with two working parents, making the school day start later (given how slow Connecticut public transportation is and how horrible commuting is) would create real life		
	problems.	See Comment 1	See Comment 1. Changing the school day by a half-hour will make life worse for as many kids as it makes life better for. Please stop this silliness.
574	The day is jam-packed as soon as my child gets home, I feel if she were to get home any later it would make it more difficult.	I feel that my kid is able to get enough sleep with the current schedule and is fine physically, mentally and emotionally.	
575	Flipped start time for HES will negatively impact sleep schedules and children's developmental well being.	Late HES start will make it impossible to arrive at work on time	
576	Better sleep schedules for all my children	Easier for work arrangements with a later end time	
577	Leave as is not worth cost to town		
578		In life we need to get up early	Fine as is
	more rested and functioning teenagers	The time changes are so minimal other than the 830 start - not sure if it will make a difference	Consider school childcare option for younger children before/after school
579	Moving HS/MS start time doesn't add time to their day. It just moves it. HS & MS Kids will just end up staying up later to finish their homework. they won't get more sleep.	Schools that have moved their start times had much earlier HS/MS start times than we do in Weston. Our current start time isn't that early	
580			

<p>581 I am concerned if school time were cut by 15 minutes how it would affect an already busy day for my high school kids who have support classes and increased graduation requirements.</p> <p>582 changing school times will disrupt the life of many families where both parents work</p> <p>583 If it aint broke dont fix it ! The options that are moderate IE have school starting only a little earlier and ending a little later don't seem to do anything but incovnience everyone. School times have been consistent for the last 20+ years and to change it minimally would disrupt peoples work and famly life and child care for very little benefit.</p> <p>584 My middle schooler is exhausted and needs more sleep</p> <p>585 Mental Health of Students - older kids need more sleep in the am!</p> <p>586 Many staff members commute from far away. Not only would their commute times increase significantly, but it will mean less time spent with their families and more money spent on after school care for their children in other towns.</p> <p>587</p> <p>588 Children getting enough sleep per night both younger and older is very important.</p> <p>589 my commute would be over 45 minutes leaving school if it was pushed back as a later start time. I</p>	<p>I like the idea of shifting school schedules by 15 to 20 minutes, as I believe the current bus schedules are very efficient, and 8 to 8:10 am is a reasonable start time for my 2 high schoolers in my opinion.</p> <p>high school athletes will be coming home even later</p> <p>Sleep is a necessity for both emotional and physical health at this age In and Out of school activities - little kids CANNOT get out of school after 330!</p> <p>Traffic around town is already bad during normal commute hours, so it will be worse with the addition of buses and staff There should not be a tremendous gap between lower and higher schools to facilitate the transition from lower to upper grades with start times.</p>	<p>Need to provide after school care for working parents!</p> <p>More students will be absent from their afternoon classes due to athletic events being scheduled earlier. Students will also shift their schedules to go to bed ~one hour later and wake up ~one hour later.</p> <p>Please consider surveying the community to raise funds to buy more school buses if necessary.</p>
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	worry about inclement weather times		
590	Getting home from school and sports late I would like to see a change to the schedule ONLY IF the school day was LONGER so that holiday breaks could be extended. In several highly rated school districts this has been very successful	Staying up later to get homework done	Early wake up time currently
591		Swapping times completely would have an issue on my kids sleep schedule, younger and developing. They go to bed as early as possible, but we don't get home until 6 from afterschool programs	
592	A delayed start for HES would prevent me from getting to work on time		Why are people focusing on this issue and not more important ones like drugs in our school, falling performance and increased class sizes? Is all of that cured with a 15 minute later start time?
593	A 15 minute change is a nuisance and useless	A 45 minute change is impossible to implement	
594	Getting up early and to bed early is a good habit		
595	There is nothing wrong with the current schedule Please do not let athletics drive this decision. The physical and emotional health of ALL students is more important than soccer games.	Just STOP messing around with things that have little impact on the quality of student and parents lives	Keep the schedule as is as is... SPEND your time managing our school budget in a more efficient manner
596	As a parent of a middle school child who will soon be in high school I am indifferent to the start time of the lower school. They can start earlier or later as they desire but it is a critical health concern that the upper schools should start later.	And please do not start school before Labor Day.	And bring back a full week of break in February!
597			
598	Getting on a bus before 7am is just too early. To	Kids need more sleep!!!	

	have kids standing outside in the dark is not safe. Changing hours would result in trouble scheduling child care for teachers. I do believe that any options other than extending the date late could be helpful		
599	to students and staff.		
600	impact on family and work The science is undisputable so the school will have to make a change one way or another to accomodate the circadian sleep cycles of our middle/highschoolers	child care coverage  Sports schedules should not dictate the schools commitment to the health and well being of our children - it is your job to educate.	sports  The most budget conscious choice is the flip and that should be considered.
601	Moving to Option 2 - HES/WIS starting first would be a disaster for working families that rely on older children and /or HSers to pickup and watch younger children after school in home care is difficult to find with a 2:30 end time for younger kids	Moving HES/WIS start times too late would be tough for working parents that need to be in the office by 9am.	lack of pre and post school care is already an issue in Weston and would only get worse with changes to start times. Long term could really hurt real estate and any dual working families entering the town.
602			
603	High school kids getting more sleep	Not getting home from school too late so can do homework	
604			Not impact school sports I would like to see a presentation on the study or studies that indicated that a later start for HS students makes a difference in academic outcomes.
605	Having a later HES/WIS pickup would require us to hire a nanny in the morning at significant cost.	Would an early morning dropoff/child care be an option for HES/WIS students? There are pros and cons to every situation, and I think the way it works now is fine or simply flipping it. Although I think that having high schoolers get home later in the day to fit in sports, family and homework could be a disaster. Also, for working parents having small children home for less time in the afternoon hours is important where childcare is expensive.	
606	Shortening the school day cannot be an option - the kids already have enough days off, etc.		

Providing an early enough  
dismissal for HS so sports  
are able to be completed  
and give the student time  
607 for homework  
this is being done for stay  
at home moms.  
608 Unbelievable.  
If the schedule is changed  
from current, I will no  
longer be able to keep my  
job as a teacher in another  
district. This will be an  
enormous problem for my  
609 family.

People have jobs that they  
need to go to.

# SURVEY QUESTIONS



## School Start/End Time Options Survey (December 2019)

### Introduction

We encourage all parents, staff and middle and upper school students to complete the School Start/End Time Options Survey. We estimate it will take seven minutes to complete. The survey is not a "vote" on school start/end times, but will be an essential resource for the Superintendent, School Start/End Time Task Force and ultimately the BOE in determining future plans in the WPS.

As currently scheduled, the BOE will receive a recommendation regarding school start/end times for the 2020-21 School Year at its meeting on February 24, 2020. It is anticipated that the BOE will deliberate for at least two meeting cycles, with a vote on April 27, 2020. The intent would be to implement any new school start/end times in Fall 2020.

**The survey while accessible on all devices is most easily completed through a desktop computer browser (Chrome, Firefox, Safari).**



School Start/End Time Options Survey (December 2019)

Role Classification

**Please note that based on your role you will be presented with specific survey pages. All pages are not displayed for all respondents.**

\* 1. Please indicate your role in the school district. (Select One)

- Parent
- Staff
- Student

Note: If you are both a parent and a staff member, please take the survey two times.



School Start/End Time Options Survey (December 2019)

Parent Classification

2. Parents, please indicate with which school level you are associated. (Select One)

- Upper Schools (WMS & WHS)
- Lower Schools (HES & WIS)

Note: If you are a parent at both levels, and your responses would be different based on the perspective of those levels, you may take the survey twice (once from each perspective).



School Start/End Time Options Survey (December 2019)

Staff Classification

3. Staff, please indicate with which school level you are associated. (Select One)

- Upper Schools (WMS & WHS)
- Lower Schools (HES & WIS)
- Central Office or Other

Note: If you work at both levels, and your responses would be different based on the perspective of those levels, you may take the survey twice (once from each perspective).



School Start/End Time Options Survey (December 2019)

Student Classification

4. Please indicate which school you attend. (Select One)

- Weston High School
- Weston Middle School



School Start/End Time Options Survey (December 2019)

Specific Option Ranking

These questions ask for feedback on five leading options for school start/end times in the Weston Public Schools. They are listed below in detail, including the first and last bus stops. The ordering of the options should not be seen as a priority. The ordering starts with the current schedule, moves to the current schedule "flipped," and then is followed by three options going from earliest to latest start/end times for the upper schools. Using the slider please rank your preference for each of the options (low to the left and high to the right).

\* 5. **Option 1 (Current Schedule) (Length of School Day = 6:45)**  
WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)  
HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Low High

\* 6. **Option 2 (Current Flipped) (Length of School Day = 6:45)**  
HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)  
WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)

Low High

\* 7. **Option 3 (15/20 mins delay) (Length of School Day = 6:45)**  
WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)  
HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)

Low High

\* 8. **Option 4 (30/35 mins delay) (Length of School Day = 6:30)**  
WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)  
HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)

Low High

\* 9. Option 5 (45/50 mins delay) (Length of School Day = 6:45)

WMS/WHs 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)

HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

Low High



School Start/End Time Options Survey (December 2019)

Additional Questions

\* 10. Please rank order the five options, with one (1) being your top choice. To begin, the options are displayed in random order. Using the number drop down to the left, or by dragging the options up and down, indicate your rank order preference (one is your top choice, five is your bottom choice).



Option 1 (Current Schedule) (Length of School Day = 6:45)

WMS/WHS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)
HES/WIS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)



Option 2 (Current Flipped) (Length of School Day = 6:45)

HES/WIS 7:45 a.m. - 2:30 p.m. (First Pickup: 6:50 a.m.; Last Drop: 3:15 p.m.)
WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:45 a.m.; Last Drop: 4:10 p.m.)



Option 3 (15/20 mins delay) (Length of School Day = 6:45)

WMS/WHS 8:00 a.m. - 2:45 p.m. (First Pickup: 7:05 a.m.; Last Drop: 3:30 p.m.)
HES/WIS 8:50 a.m. - 3:35 p.m. (First Pickup: 8:05 a.m.; Last Drop: 4:30 p.m.)



Option 4 (30/35 mins delay) (Length of School Day = 6:30)

WMS/WHS 8:15 a.m. - 2:45 p.m. (First Pickup: 7:20 a.m.; Last Drop: 3:45 p.m.)
HES/WIS 9:05 a.m. - 3:35 p.m. (First Pickup: 8:20 a.m.; Last Drop: 4:30 p.m.)



Option 5 (45/50 mins delay) (Length of School Day = 6:45)

WMS/WHS 8:30 a.m. - 3:15 p.m. (First Pickup: 7:35 a.m.; Last Drop: 4:00 p.m.)
HES/WIS 9:20 a.m. - 4:05 p.m. (First Pickup: 8:35 a.m.; Last Drop: 5:00 p.m.)

\* 11. In rating and then ranking the five options, which of the following considerations were important to you? Scale 1-5 (with 5 high).

Table with 5 columns (Low (1), 2, 3, 4, High (5)) and 4 rows of considerations: Impact on athletic scheduling and opportunities, Impact on non-WPS after-school programs, Impact on family routines (including commuting to work), Impact on elementary students (HES/WIS) having to start later (8:50 a.m., 9:05 a.m. or 9:20 a.m.)

Impact on elementary students (HES/WIS) having to start earlier (7:45 a.m.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on non-athletic WPS after-school programs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on child care arrangements	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on potential early dismissals for WMS/WHS co-curricular activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on student transportation arrangements to and from school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on after school job opportunities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on WPS budget	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on WPS teachers and administrators (change in their schedules)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on WPS goals, priorities and initiatives	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on middle school and high school attendance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on sleep time for adolescents (middle and high schoolers)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on middle school and high school tardiness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on middle school and high school homework completion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on middle school and high school academic success	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on student mental and emotional health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact on student physical health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Impact on student  
behavior issues

Impact on student  
safety traveling to  
and from school



School Start/End Time Options Survey (December 2019)

Final Question

**Open-Ended Question**

12. Please share any other priority comments or concerns for you or your family. (Optional)

Priority Comment 1

Priority Comment 2

Priority Comment 3

Parents	<u>Overall</u>					Total	<u>Overall</u>
	<u>Rank 1</u>	<u>Rank 2</u>	<u>Rank 3</u>	<u>Rank 4</u>	<u>Rank 5</u>		
Option 1	194	96	91	94	178	653	<b>1925</b>
Option 2	134	109	89	147	174	653	<b>2077</b>
Option 3	104	211	207	106	25	653	<b>1696</b>
Option 4	125	138	203	145	42	653	<b>1800</b>
Option 5	96	99	63	161	234	653	<b>2297</b>
Total	653	653	653	653	653		

Parents	<u>Overall Sorted</u>
Option 3	1696 15 min. delay
Option 4	1800 30 minute delay (shorter day)
Option 1	1925 Current Schedule
Option 2	2077 Current Flipped
Option 5	2297 45 min. delay

Students	<u>Overall</u>					Total	<u>Overall</u>
	<u>Rank 1</u>	<u>Rank 2</u>	<u>Rank 3</u>	<u>Rank 4</u>	<u>Rank 5</u>		
Option 1	197	141	166	147	224	875	<b>2685</b>
Option 2	102	136	175	230	232	875	<b>2979</b>
Option 3	97	332	250	144	52	875	<b>2347</b>
Option 4	383	156	166	124	46	875	<b>1919</b>
Option 5	96	110	118	230	321	875	<b>3195</b>
Total	875	875	875	875	875		

Students	<u>Overall Sorted</u>
Option 4	1919 30 minute delay (shorter day)
Option 3	2347 15 min. delay
Option 1	2685 Current Schedule
Option 2	2979 Current Flipped
Option 5	3195 45 min. delay

Staff	<u>Overall</u>					Total	<u>Overall</u>
	<u>Rank 1</u>	<u>Rank 2</u>	<u>Rank 3</u>	<u>Rank 4</u>	<u>Rank 5</u>		
Option 1	126	43	17	10	11	207	<b>358</b>
Option 2	38	30	17	60	62	207	<b>699</b>
Option 3	12	79	79	31	6	207	<b>561</b>
Option 4	28	44	82	42	11	207	<b>585</b>
Option 5	3	11	12	64	117	207	<b>902</b>
Total	207	207	207	207	207		

Staff	<u>Overall Sorted</u>
Option 1	358 Current Schedule
Option 3	561 15 min. delay
Option 4	585 30 min. delay (shorter day)
Option 2	699 Current Flipped
Option 5	902 45 min. delay

**Upper Schools**

<b>HS/MS Parents</b>	<u>Rank 1</u>	<u>Rank 2</u>	<u>Rank 3</u>	<u>Rank 4</u>	<u>Rank 5</u>	Total	<b>Overall</b>
Option 1	125	63	60	75	155	478	<b>1506</b>
Option 2	103	63	71	120	121	478	<b>1527</b>
Option 3	78	160	139	83	18	478	<b>1237</b>
Option 4	90	113	161	83	31	478	<b>1286</b>
Option 5	82	79	47	117	153	478	<b>1614</b>
<b>Total</b>	<b>478</b>	<b>478</b>	<b>478</b>	<b>478</b>	<b>478</b>		

<b>HS/MS Parents</b>	<u>Overall Sorted</u>	
Option 3	1237	15 min. delay
Option 4	1286	30 minute delay (shorter day)
Option 1	1506	Current Schedule
Option 2	1527	Current Flipped
Option 5	1614	45 min. delay

<b>HS Students</b>	<u>Rank 1</u>	<u>Rank 2</u>	<u>Rank 3</u>	<u>Rank 4</u>	<u>Rank 5</u>	Total	<b>Overall</b>
Option 1	113	84	104	87	138	526	<b>1631</b>
Option 2	73	85	107	136	125	526	<b>1733</b>
Option 3	60	189	150	89	38	526	<b>1434</b>
Option 4	233	93	90	83	27	526	<b>1156</b>
Option 5	47	75	75	131	198	526	<b>1936</b>
<b>Total</b>	<b>526</b>	<b>526</b>	<b>526</b>	<b>526</b>	<b>526</b>		

<b>HS Students</b>	<u>Overall Sorted</u>	
Option 4	1156	30 min. delay (shorter day)
Option 3	1434	15 min. delay
Option 1	1631	Current Schedule
Option 2	1733	Current Flipped
Option 5	1936	45 min. delay

<b>HS/MS Staff</b>	<u>Rank 1</u>	<u>Rank 2</u>	<u>Rank 3</u>	<u>Rank 4</u>	<u>Rank 5</u>	Total	<b>Overall</b>
Option 1	77	15	10	8	8	118	<b>209</b>
Option 2	6	9	8	50	45	118	<b>473</b>
Option 3	11	60	36	7	4	118	<b>287</b>
Option 4	22	27	54	8	7	118	<b>305</b>
Option 5	2	7	10	45	54	118	<b>496</b>
<b>Total</b>	<b>118</b>	<b>118</b>	<b>118</b>	<b>118</b>	<b>118</b>		

<b>HS/MS Staff</b>	<u>Overall Sorted</u>	
Option 1	209	Current Schedule
Option 3	287	15 min. delay
Option 4	305	30 min. delay (shorter day)
Option 2	473	Current Flipped
Option 5	496	45 min. delay

**LowerSchools**

<b>ES/WIS Parents</b>	<u>Rank 1</u>	<u>Rank 2</u>	<u>Rank 3</u>	<u>Rank 4</u>	<u>Rank 5</u>	Total	<b>Overall</b>
Option 1	68	33	30	19	23	173	<b>415</b>
Option 2	30	46	18	26	53	173	<b>545</b>
Option 3	26	50	68	22	7	173	<b>453</b>
Option 4	35	25	41	62	10	173	<b>506</b>
Option 5	14	19	16	44	80	173	<b>676</b>
<b>Total</b>	<b>173</b>	<b>173</b>	<b>173</b>	<b>173</b>	<b>173</b>		

**ES/WIS Parents** Overall Sorted

Option 1	415	Current Schedule
Option 3	453	15 min. delay
Option 4	506	30 min. delay (shorter day)
Option 2	545	Current Flipped
Option 5	676	45 min. delay

<b>MS Students</b>	<u>Rank 1</u>	<u>Rank 2</u>	<u>Rank 3</u>	<u>Rank 4</u>	<u>Rank 5</u>	Total	<b>Overall</b>
Option 1	84	57	62	60	86	349	<b>1054</b>
Option 2	29	51	68	94	107	349	<b>1246</b>
Option 3	37	143	100	55	14	349	<b>913</b>
Option 4	150	63	76	41	19	349	<b>763</b>
Option 5	49	35	43	99	123	349	<b>1259</b>
<b>Total</b>	<b>349</b>	<b>349</b>	<b>349</b>	<b>349</b>	<b>349</b>		

**MS Students** Overall Sorted

Option 4	763	30 min. delay (shorter day)
Option 3	913	15 min. delay
Option 1	1054	Current Schedule
Option 2	1246	Current Flipped
Option 5	1259	45 min. delay

<b>ES/IS Staff</b>	<u>Rank 1</u>	<u>Rank 2</u>	<u>Rank 3</u>	<u>Rank 4</u>	<u>Rank 5</u>	Total	<b>Overall</b>
Option 1	45	28	7	0	3	83	<b>137</b>
Option 2	32	20	9	9	13	83	<b>200</b>
Option 3	1	17	39	24	2	83	<b>258</b>
Option 4	5	15	26	33	4	83	<b>265</b>
Option 5	0	3	2	17	61	83	<b>385</b>
<b>Total</b>	<b>83</b>	<b>83</b>	<b>83</b>	<b>83</b>	<b>83</b>		

**ES/IS Staff** Overall Sorted

Option 1	137	Current Schedule
Option 2	200	Current Flipped
Option 3	258	15 min. delay
Option 4	265	30 min. delay (shorter day)
Option 5	385	45 min. delay