

## 2026-2027 Extracurricular Handbook Key topics/changes and/or additions

-pg.9 final sentence of minibuses & SUV  
updated language to say "either district vehicle and/or gas pump."

-pg. 9 Post-Season Hosting  
Added: "including lower level coaches in the same sport" to the first sentence.  
(Example, Freshman & Soph. basketball coaches will remain with the varsity team throughout their postseason run)

-pg.10 communication parent/guardian should expect from coaches #2  
Added "disseminated in a timely manner"

-pg.10 communication coaches should expect from parent/guardian  
Added "Please communicate with the coach in a timely manner to discuss a concern(s)"

-pg. 10 Parent/Guardian & Coach Communication  
Added: We value open and respectful communication between parents/guardians and coaches as an important part of the student-athlete experience. Parents/guardians are encouraged to reach out with questions or concerns; however, communication must occur at appropriate times and through appropriate channels.  
To support a healthy work-life balance for our coaches, all parent/guardian communication should take place between the hours of 8:00 a.m. and 6:00 p.m., Monday through Friday. Coaches are not required or expected to respond to messages received outside of these hours.  
Additionally, if communication is sent over the weekend, coaches are not required or expected to respond until the next school workday. Parents/guardians are also asked to refrain from contacting coaches prior to or immediately following contests or practices as these times are often more emotional for both parent/guardian and coaches. Timing of these meetings do not promote positive resolutions.  
Coaches will make every effort to respond in a timely manner, typically within 24–48 hours during the work week. Matters requiring more in-depth discussion may be addressed through a scheduled meeting at a mutually convenient time.  
We appreciate your cooperation in respecting the professional and personal time of our coaches while maintaining a positive and productive line of communication.

-pg.22 multi-sport & dual sport participation  
Reworded: "At no time should a coach encourage a student-athlete to specialize in one or more specific programs" to "At no point should a coach discourage a student-athlete from extracurricular participation."

-pg.35 updated the dual sport form (mainly addresses seasonal overlap seen at the JH)  
Also added #5 on this form: "Practice for either sport will take precedence over any open gym for another sport."