

Plan for stock bronchodilator availability at Waterford Union High School

Purpose:

To provide prompt, potentially life-saving intervention in cases of respiratory distress related to asthma or other reactive airway conditions. A stock bronchodilator inhaler (Albuterol) will be readily available for use on students, staff members, or visitors experiencing acute breathing difficulties. Disposable spacers will be stored next to the inhaler to ensure proper administration.

Training:

Designated staff will receive annual training on the administration of stock bronchodilators.

Training will include:

- Recognizing signs and symptoms of respiratory distress and asthma exacerbations
- Proper administration of a bronchodilator inhaler with a spacer
- Steps to take following administration of the bronchodilator, including calling 911 when necessary and remaining with the individual until emergency medical services arrive, along with administering additional doses if needed

Signs of Respiratory Distress:

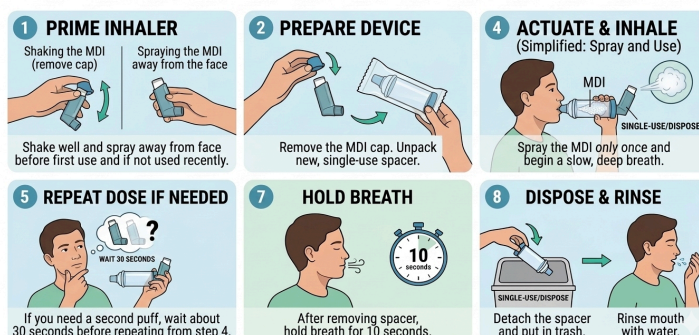
- Persistent coughing
- Wheezing
- Shortness of breath
- Chest tightness
- Retractions (visibly pulling in chest/neck muscles when breathing)
- Difficulty speaking in full sentences
- Increased respiratory rate (greater than 20 breaths per minute)
- Pale/blue lips or finger nails

Administration Procedure:

If respiratory distress is suspected:

1. Administer inhaler doses as shown and by following the medication administration instructions, utilizing the disposable spacer provided.
2. Call 911 immediately
3. Remain with the individual and provide additional care as needed, including administering additional doses if symptoms do not improve
4. If the individual stops breathing, begin CPR

HOW TO USE A METERED DOSE INHALER (MDI) WITH A SINGLE-USE SPACER



Storage Location:

The stock bronchodilator will be stored in the AED case in the atrium

Informational Materials:

Administration instructions are located with the medication and spacer device. Follow step by step instructions listed.

Contact Information:

For questions or further information regarding the stock bronchodilator, please see policy 5330 and/or contact:

Rachel Pankonin, BSN RN
District Nurse
262-534-3189 X 3505
rpankonin@wuhs.us

This plan ensures staff are prepared to respond quickly and effectively to respiratory emergencies, supporting the health and safety of our school community.