



MHC and Medica Additional Programs

The supplemental programs listed below are available at an additional fee for member groups in our health insurance pool. The premium provided on the renewal confirmation page does not include the fees for the programs below. If selected, the per subscriber per month (PSPM) fee will be added to your premium invoice and billed monthly.

My Health Rewards - Invest

Check to Select

The **Invest** program is a supplement to the standard My Health Rewards program offered by Medica and MHC. Additional monthly wellness challenge goals for sleep, activity, and nutrition are incorporated. The program offers rewards of up to \$75 per month totaling a potential of \$900 per year per participant. This health and wellness program is for employees enrolled in an HSA plan.

Additional Cost Implementation Fee: None \$4.00 PSPM

Lead Time for program start: 6 months

My Health Rewards - Results

Check to Select

The **Results** program is a supplement to the standard My Health Rewards program offered by Medica and MHC. This program focuses on healthy biometric screenings and offers additional points in the My Health Rewards program for employees when their health numbers fall within recommended ranges. Biometric screenings may be available at clinic's or doctor's office when you bring the health screening form, or they can be completed through many national networks.

Additional Cost Implementation Fee \$1500.00 \$1.50 PSPM + \$55/screening

Lead Time for program start: 4 months

Optum - Employee Assistant Program (EAP)

Check to Select

The Medica® Optum® Employee Assistance Program (EAP) assists with challenges affecting your employees or workplace. Master's-level specialists are available 24/7 to assist your employees and their families with a variety of personal concerns. Management consultants can help you handle workplace challenges — from job performance to regulatory compliance. You also have access to 150 on-site hours for training workshops and crisis response if you need it.

Additional Cost Implementation Fee: None \$1.80 PSPM

Lead Time for program start: None

Authorized Signature:

Group Name:

Badger ISD #676

Date:

4/6/2026

We are not not electing any additional programs for this renewal cycle: