



**School Health Advisory Council  
(SHAC) Annual Report  
June 8, 2026**

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## What is SHAC?

The School Health Advisory Council is a group of district and community stakeholders approved by the school board to serve at the district level to assist in ensuring that local community values are reflected in the coordinated school health related programs, policies, procedures, strategies and curriculum.

Members of the SHAC represent different interests in the community and school district but the majority of members must be parents who are not employees of the District.

The SHAC meets at least four times a year and makes recommendations to the Board on topics such as health education and curriculum, nutrition services, physical activity and fitness, mental health services, substance abuse prevention, human sexuality education, and student and employee wellness and safety.



## Topics for tonight's presentation:

Share summary of this year's SHAC meetings

Propose a vote on curriculum that satisfies Senate Bill 9 requirements of instruction in prevention of child abuse, family and dating violence and sex trafficking.



# 2025-2026 Meeting Summary

September 29, 2025: Introduction of Members, Review of SHAC Responsibilities and 2024-2025 Report, Election of Officers, Report on Fentanyl Awareness Month

November 17, 2025: Update on Health and Sexual Wellness Program; Food and Nutrition Department Update

February 23, 2026: Report from Abilene Taylor County Health Department on new Mental Health Resource; Report on Senate Bill 9: Instruction Related to Prevention of Child Abuse, Family and Dating Violence, and Sex Trafficking curriculums

April 27, 2026: Presentation on AIM for Success—a Sexual Health Program from Youth Equipped to Succeed; Public Meeting on proposed Senate Bill 9 Curriculum from Serenity House Impact– Monique Burr Foundation Child Safety Matters

May 4, 2026: Second Public Meeting on SB 9 Curriculum from Serenity House Impact– Monique Burr Foundation Child Safety Matters



## SHAC Recommendations

- Secondary students watch the video “Real Talk About Fake Pills” by the organization A Song for Charlie during October which is Fentanyl Awareness month.
- Continued work with Curriculum Department to revamp 7th grade Health and Sexual Wellness curriculum.
- Implementation of the program AIM for Success from Youth Equipped to Succeed.



## SHAC Recommendations

- Continued recommendation that elementary recess time not be taken away as a form of discipline. Daily time for free play is imperative in the development of children.
- Explore ways to promote gun safety education to parents and families in AISD.



## SHAC Recommendations Continued

- Partner with Serenity House Impact Youth Prevention Program to present the Child Safety Matters curriculum from the Monique Burr Foundation to Elementary students Kindergarten through 5th grade. The program is evidence based education that teaches students how to prevent, recognize, and respond to the four types of child abuse (physical, emotional, sexual, neglect), bullying, cyberbullying, and digital danger.
- The Serenity House Impact has a grant that will purchase the material and train facilitators who would then go to each AISD elementary campus and present the curriculum unless the campus counselor chooses to be trained to present the material on their campus.



- The cost of program is \$1500 which includes training for two facilitators, scripts, slides, students engagement activities, online resources for students, parents and schools plus curriculum in English and Spanish.
- Program is developmentally appropriate and meets the Senate Bill 9 requirements.



Program teaches Five Safety Rules:

Know What's Up—recognize safe vs unsafe situations and warning signs.

Spot Red Flags—identify behaviors that signal potential danger

Make a Move—use a safety strategy (leave, say no, get away)

Talk It Up—tell a trusted adult and keep telling until someone helps

No Blame, No Shame—abuse is never the child's fault



**Kindergarten focus:** Basic safety awareness and identification of trusted adults.

**1st Grade focus:** Expanding understanding of safety rules.

**2nd Grade focus:** Applying safety skills and recognizing unsafe behaviors.

**3rd Grade focus:** Digital safety and peer-related risks.

**4th Grade focus:** Personal responsibility and boundary setting.

**5th Grade focus:** Transition readiness and real-world application.



The SHAC will resume regular meetings in September. Membership applications are currently being submitted and will need Board approval in September.

The SHAC would like to recommend for the Board to vote on the approval of the Monique Burr Foundation Child Safety Matters curriculum for use in all AISD Elementary schools.