

# Approve Social Emotional Learning (SEL) Curriculum Resources Proposal\*\*

\*\*Recommending 2 year purchase and moving this curriculum resource review to align with Health/PE

## Proposal Titles

Second Step - PreKindergarten-12th Grade SEL

Little Spot Series - Kindergarten through 1st grade Special Education students

Zones of Regulation - 2nd through 3rd grade Special Education students

EveryDay Speech - 4th through 5th grade Special Education students

## Summary of Curriculum Resource

### Tier 1 and 2

The [Second Step](#) is a widely used, evidence-based Social Emotional Learning (SEL) program designed for students from preschool through high school with the primary goal of increasing social competence while reducing impulsive and aggressive behaviors. The curriculum explicitly teaches core human skills such as empathy, emotion management, and responsible problem-solving through age-appropriate lessons that often incorporate video modeling and role-playing. By fostering a growth mindset and providing students with practical tools to resolve conflicts, the program aims to create a safer, more respectful school climate and set students up for long-term success both in and out of the classroom.

### Tier 3

A [Little Spot Series \(K-1st\)](#) is a Social Emotional Learning curriculum designed for children ages 4–10 that uses colorful, personified "spots" to help them visualize and identify abstract emotions. Each character, such as the red Anger spot or the golden Confidence spot, provides a concrete anchor for complex feelings, while the central "Scribble Spot" teaches children how to "untangle" mixed-up emotions to return to a calm state. By offering actionable tools like specialized breathing techniques and "Anger Shields," the program empowers students to self-regulate, build empathy, and improve their overall social skills.

[Zones of Regulation \(2nd-3rd\)](#) is a self-regulation framework designed to help children (and adults) categorize all their complex emotions and states of alertness into four distinct colored zones. By labeling feelings as Blue (low energy), Green (focused/calm), Yellow (high energy/frustration), and Red (intense/out of control), the curriculum provides a simplified, non-judgmental language for emotional awareness. The program focuses on teaching individuals how to recognize their internal triggers and select proactive "tools" or coping strategies to navigate between zones, ultimately fostering self-control and social-emotional problem-solving. We do not need to purchase, as we already have the necessary materials.

[EveryDay Speech \(4th-5th\)](#) is a comprehensive Social Emotional Learning platform that uses a video-modeling approach to help students develop social, emotional, and cognitive skills. Unlike traditional paper-based curriculums, it provides an extensive library of "Social Power" videos that break down social interactions and emotional scenarios into step-by-step visual demonstrations. The curriculum covers a wide range of topics, including conversation skills, perspective-taking, and self-regulation, using interactive games and digital worksheets to reinforce the concepts shown on screen. By focusing on real-life social situations and providing explicit, repeatable visual examples, the program is particularly effective for diverse learners who benefit from seeing social nuances modeled in action.

## Item Details

Item	Quantity	Description	Unit Cost	Total Cost
<b>Main SEL Curriculum Resources</b>				
<b>Second Step Curriculum</b>	1 Site License For 2 years	<b>Digital</b> access to all Second Step resources for all <b>PreK-12</b> staff	--	\$6398.00
<b>Supplemental SEL Curriculum Resources</b>				
<b>*Social-Emotional Learning Educator's Starter Kit</b>	3 kits, for K-1st Special Education	The Little Spot Series, print materials	\$199.99	\$537.00
<b>*ADD ON Bundle to Social-Emotional Learning Educator's Kit</b>	3 kits, for K-1st Special Education	The Little Spot Series, print materials	\$358.00	\$599.97
*Shipping	--	Shipping for Little Spot Series materials	--	\$106.38
<b>*Zones of Regulations</b>	NA	District already has resource materials for this curriculum	NA	\$0
<b>*EveryDay Speech</b>	1 annual license	Digital License	\$599.99	\$599.99

**Total Cost = \$6398.00 from General Fund**

\*Resources paid through the Special Education procurement process annually.

\*\*Approximately \$1,243.35 for a single purchase, and then approximately \$599.99 annually.