

Bear River Middle School

Comprehensive Prevention Plan

July 1, 2024-June 30, 2026

LEA Stakeholder Input used to Inform the Plan: *(Parents, students, educators, and student support staff are required.)*

Date	Stakeholder Type <i>Parents, students, educators, and student support staff.</i>	Format <i>Survey, meetings, focus groups etc.</i>	Brief notes outlining key stakeholder input
2025-26	Student	Panorama Survey	Shows grit and growth mindset as being consistently low. Shows students feel low in changing interest level in a subject and being talented in school.
2023	Student	SHARPS Survey	Alcohol and marijuana are most abused substances, but use is declining.

			Students meaning in school work is declining. Bathrooms and parking lots most unsafe. Self reported suicide ideation is increasing slightly.
Ongoing	Educator and Support Staff	Educator's handbook	Educator's Handbook contains referrals for vaping, elopement/truancy

Goals, Strategies, and Resources:

Goals <i>Please use the SMART goal format.</i>	Strategies <i>Include evidence-based early-intervention and prevention practices tailored to achieve outcomes and mitigate risk factors consistent with</i>	Current Resources <i>Personnel, funds, etc. that are in place to help the LEA in accomplishing the goal.</i>	Needed Resources <i>Be sure to specify which resources the LEA is requesting Block Grant funds for.</i>	Person(s) Responsible <i>Not scored; for LEA planning purposes only.</i>

	<p><i>substance use prevention programs (53E-3-522), youth suicide prevention programs (53G-9-702), & positive behavior plans (53G-10-407). Include providing students with opportunities to build resiliency skills.</i></p>			
<p>Goal #1 Increase overall student attendance by 5% by the end of the year Data: We did not meet our goal; 2024-25 school year had 12% chronic student absenteeism. 2025-26 school year had 14% chronic student absenteeism. (source Panorama</p>	<p>Strategy #1 Attendance Study Skills Lessons Strategy #2 Counselor Home Visits Data: counselors made numerous home visits to at risk students and their families Strategy #3 Rewards & Incentives for Good Attendance Data: over 40 attendance reward</p>	<p>HB 396 funds if home visits take place outside of school hours; check and connect mentor and “Block Grant” to continue after 2025-26 school year; school counselors; funds to purchase rewards and incentives</p>	<p>Block grant for Check and Connect Mentor program to continue after 2025-26 school year</p>	<p>Aaron Tesch, School Counselor Jennifer Winward, Head Secretary Rachel Williams Financial Secretary</p>

<p>Data)</p> <p>84 students are chronically absent and have at least 1 failing grade. 70 students have attendance plans to address the academic and attendance needs of the students.</p>	<p>periods</p> <p>Strategy #4 Attendance Committee</p> <p>Strategy #5 Check and Connect Mentor (Block Grant)</p> <p>Data: our Check and Connect Mentor has met with 34 students throughout the year.</p>			
<p>Goal #2 Decrease students who abuse a substance at school by 5%</p> <p>Data: We met this goal. 2024-25 29 vape/tobacco and 7 drug possession for a total of 36 infractions. 2025-26 (as of 5/1/26) 11 vape/tobacco, 6 drug use, 3 alcohol for a total of 20</p>	<p>Strategy #1 Check and Connect mentor (block grant)</p> <p>Data: Check and Connect Mentor met with 34 students throughout the year</p> <p>Strategy #2 GYC will increase awareness of vaping and substance abuse</p> <p>Data: GYC did 3</p>	<p>Check and Connect funding through block grant; minimal resources for GYC to run activities; strike force coordination is donated time; At Risk Mentor provided by Box Elder School District</p>	<p>Block grant funding beyond the 2025-26 school year; At Risk Mentor provided by the District</p>	<p>Aaron Tesch School Counselor</p> <p>Shamra Nielsen Health Teacher</p> <p>Bonnie Young At Risk Student Mentor</p> <p>Kelli Rose School Counselor & GYC Advisor</p>

<p>infractions. Represents a 41% decrease in substance abuse at school</p> <p>(source: Educator's Handbook Office Referrals)</p>	<p>awareness raising activities</p> <p>Strategy #3 8th Grade Health Class unit on substance abuse and Box Elder County Strike Force presentation</p> <p>Data: 374 students received the substance abuse training</p> <p>Strategy #4 At risk mentor to visit with students who have vaping violations</p> <p>Data:</p>			
<p>Goal # 3 decrease suicide ideation and self harm by 3%</p> <p>Data: We did meet the goal. 2024-25 suicide ideation was 24 students met with the counselors. 2025-</p>	<p>Strategy #1 Empowerment Club will increase awareness of risk factors, warning signs, and protective factors for self harm</p> <p>Data: The Empowerment Club organized 19</p>	<p>Funds from Comprehensive Guidance for Empowerment Club Activities;</p>	<p>Suicide prevention funding (\$1,000)</p>	<p>Aaron Tesch School Counselor * Empowerment Club Advisor</p> <p>Shamra Nielsen Health Teacher</p> <p>Tiffany Burnhope LCSW</p>

<p>26 23 students met with the counselors. Represents a 4% decrease in suicide ideation</p>	<p>informative activities that tied back to mental health and well-being</p> <p>Strategy #2 School counselors will present coping strategies to all students at BRMS during their classroom presentations</p> <p>Data: Counselors presented to all 8th and 9th grade students on stress management, mental health, and positive coping strategies. The presentations were done over a two day period and periodically reviewed.</p> <p>Strategy #3 8th</p>			
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	<p>Grade Health class has presenters and a unit discussing mental health including depression, anxiety and suicide ideation</p> <p>Data: 372 students received mental health training in the Health Class</p> <p>Strategy #4</p> <p>Licensed Clinical Social Workers will work with students to develop plans</p> <p>Data: LCSW meets with 24 students to develop mental health plans</p>			
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Implementation plan for positive behavior plans in accordance with UCA 53G-10-407.

Plan

Aim for one-three sentences.

Person Responsible for LEA Positive Behaviors Plans

Not scored; for LEA planning purposes only.

Bear River MS strives to find ways to positively reward students for good behavior through positive adult - student relationships (high on Panorama), prevention planning, and a variety of prevention resources like school counselors, Check and Connect mentors, LCSW, and in class units and presenters.

Aaron Tesch

Implementation plan for suicide prevention programs in accordance with UCA 53G-9-702.

Plan

Aim for one-three sentences.

Person Responsible for LEA Suicide Prevention Programs

Not scored; for LEA planning purposes only.

BRMS seeks to improve the mental health of its students by promoting coping strategies, building resiliency, and provide access to mental health services.

Aaron Tesch

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Plans for ensuring school personnel receive information on the impact of childhood trauma on student learning, including information advising educators against practicing medicine, giving a diagnosis, or providing treatment. 53F-2-525	
Plan <i>Aim for one-three sentences.</i>	Person Responsible for Distributing Trauma-Informed Information <i>Not scored; for LEA planning purposes only.</i>
School counselors will inform the faculty of the way childhood trauma impacts student success and well being. The approach will include LCSW, School Counselors and restorative practices.	Aaron Tesch

Attendance Prevention and Intervention Plan

Bear River Middle School

Attendance Intervention and Prevention Activities, Teaching Strategies, and Practices

Tier 1

- 8th and 9th Grade School Counselor Presentations
 - Presentation connects aspects of school, including attendance, to work and careers
- Safeut and anonymous tip line
- Plan for College and Career Readiness handouts
 - The PCCR process focuses on making school teaching, policy and behaviors relevant post secondary experiences
- Student Advisory Lessons
- Licensed Social Worker Mental Health Screenings
- Attendance incentives and “no tardy parties”

Tier 2

- Licensed Social Worker caseload
- Bear River Mental Health group
- Juvenile Justice and Youth Services Group
- School Counselor Group
- School Counselor Check Ins

- Parent Conferencing
- Check and Connect Advisor
- Attendance email sent to parents on the 5th and the 10th absence
- Meeting with parent, student and administrator
- Escort and possible in school lunch detention
- Counselor home visits bringing food and inviting the student to come to school

Tier 3

- Juvenile Justice and Youth Services Individual Check Ins
- Check and Connect Mentoring
- Counselor Check Ins
- Home visits (Counselors, Check and Connect Mentor)
- Escort
- 10 day consecutive absence drop per Utah state law

Bullying Prevention and Intervention Plan

Bear River Middle School

Bullying Intervention and Prevention Activities, Teaching Strategies, and Practices

Tier 1

- All students receive access to 7 Mindsets instruction during study hall hour. Topics include:
 - Positive thinking, acting and adjusting, finding our passion, focusing on strengths, embracing everyone, maximizing supportive and positive relationships, building a support team, giving and receiving compliments, live and give project
- Safeut and anonymous tip line training

Tier 2

- Licensed Social Worker caseload
- Bear River Mental Health group
- Juvenile Justice and Youth Services Group
- School Counselor Group
- School Counselor Check Ins
- Parent Conferencing
- Check and Connect Advisor
- Meeting with parent, student and administrator
- Escort and possible in school lunch detention
- Peer to peer conflict resolution in select instances
- No contact agreements where appropriate

Tier 3

- Safe School meeting attended by the superintendency, administrator, district safety specialist, nurse, district mentor, parent, and student

Guidelines for Assessing a Youth at Risk

- Parents, peers and school personnel may become aware of a student potentially at risk of suicide
- Bear River Middle School and Box Elder School District has technology that aids in identifying students at risk; such as Gaggle Reports, Safeut referrals and BRMS anonymous tip line
- School personnel (school counselor, administrator, and/or school nurse) to determine suicide risk
- Parent/Guardian is contacted to inform of conversation and any additional risk
 - Where necessary “means restriction” is taught (i.e. removal of medications, firearms, or any potentially harmful means)
- All conversations on the topic of suicide are recorded and administration is notified
- Student is supervised until parent/guardian can come

- Student may be referred to the Mobile Crisis Response Team for Cache, Box Elder, & Rich counties, hospital, and/or law enforcement

Substance Abuse Prevention and Intervention Plan

Bear River Middle School

Substance Intervention and Prevention Activities, Teaching Strategies, and Practices

Tier 1

- 8th and 9th Grade School Counselor Presentations
 - Presentation provides appropriate coping strategies (SELFIE Method)
- 8th grade Northern Box Elder County Strike Force drug prevention presentation
- Safeut and anonymous tip line
- Licensed Social Worker Mental Health Screenings (often mental health and substance abuse are connected)
- Attendance incentives and “no tardy parties”

Tier 2

- Students who are caught with a controlled substance (vapes/alcohol) are suspended 1 day, in school suspension 2-3 days. While in ISS students complete a vape cessation course. They also complete an accountability project
- Licensed Social Worker caseload
- Bear River Mental Health group
- Juvenile Justice and Youth Services Group

- School Counselor Group
- School Counselor Check Ins
- Parent Conferencing
- Check and Connect Advisor
- Meeting with parent, student and administrator
- Escort and possible in school lunch detention
- Counselor home visits bringing food and inviting the student to come to school

Tier 3

- After the 3rd offence students must have a safe school meeting attended by the superintendency, administrator, district safety specialist, nurse, district mentor, parent, and student
- Juvenile Justice and Youth Services Individual Check Ins
- Check and Connect Mentoring
- Counselor Check Ins
- Home visits (Counselors, Check and Connect Mentor)
- Escort

Suicide Prevention and Intervention Plan

Bear River Middle School

Suicide Intervention and Prevention Activities, Teaching Strategies, and Practices

Tier 1

- 8th Grade Health Presentations

- Mental health presentations
- Northern Box Elder County Drug Task Force
- 8th and 9th Grade School Counselor Presentations
 - SELFIE Method (Sleep, Exercise, Light, Fun, Interaction, Eat right)
- Safeut and anonymous tip line
- Plan for College and Career Readiness handouts
 - Everyday Strong Resiliency handout
 - Safe UT app informational handout
 - Medication and Firearm safety handouts
- Student Advisory Lessons (7 Mindsets)
 - Topics include: Dreaming big, Think positive, Acting and Adjusting, focusing on strengths, exploring interests, standing up for what is right, embracing those with different views, maximizing healthy and positive relationships, growth through experiences, our mindset, gratitude
- Licensed Social Worker Mental Health Screenings
- Empowerment Club Activities (Formerly Hope Squad)
 - Teaching Question, Persuade, Refer
 - Hope Week
 - Red Ribbon Week and substance abuse tied to mental health
 - Gratitude activities teaching coping strategies
- White Ribbon Week
 - Parent night with the following community resources
 - NAAMI
 - Bear River Mental Health
 - Bear River Health Department
 - Box Elder Suicide Coalition
 - 211

Tier 2

- Licensed Social Worker caseload
- Bear River Mental Health group
- Juvenile Justice and Youth Services Group

- School Counselor Group
- School Counselor Check Ins
- Parent Conferencing
- Check and Connect Advisor

Tier 3

- Juvenile Justice and Youth Services Individual Check Ins
- Check and Connect Mentoring
- Counselor Check Ins
- Parent Conferencing (Counselor, Administration)