



**EMERSON-HUBBARD
MENTAL HEALTH TEAM**

ROLES:

PEER SUPPORT

Jordan Rochester

SCHOOL COUNSELOR

Sandy Ahlers

CLINICAL COUNSELOR

Bree Kaufman

SCHOOL PSYCHOLOGIST

Amber Kilburn

ONE TEAM. DIFFERENT EXPERTISE. SHARED GOAL.

WHY SO MANY ROLES?

TO MEET THE GROWING NEED OF MENTAL HEALTH SERVICES IN CHILDREN AND ADOLESCENTS



1 in 4 girls and 1 in 6 boys
experience sexual abuse or
assault before turning 18



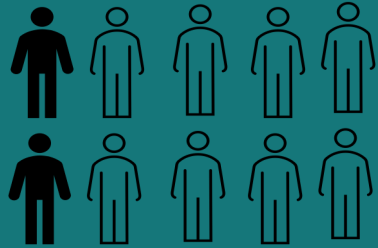
Estimated 10% of children
born with prenatal drug or
alcohol exposure



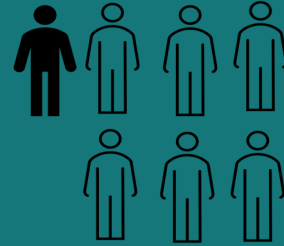
1 in 5 children
have experienced three or
more Adverse Childhood
Experiences (ACEs). Point to
abuse, neglect, & household
dysfunction.

WHY SO MANY ROLES?

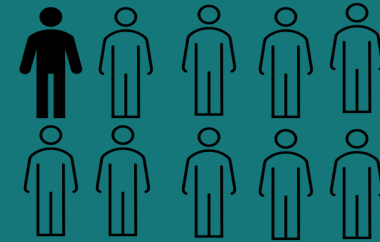
SELF HARM AND SUICIDE



17% kids 14-18
engage in non-suicidal
self-injury



1 in 7 High school
students **seriously**
considered suicide



10% of Highschool
students **attempted**
suicide in the past year

**SUICIDE IS THE SECOND LEADING CAUSE OF DEATH
FOR CHILDREN, TEENS, AND YOUNG ADULTS**

PEER SUPPORT

CONNECTION
BELONGING
ENCOURAGEMENT

ROLE SUMMARY:

Provides immediate, practical, and supportive assistance to students experiencing distress or a crisis, helping them feel safe and connecting them with appropriate school or community resources.

HOW TEACHERS CAN PARTNER:

Teachers can partner with this role by sharing concerns about a student.

CLINICAL COUNSELOR

MENTAL HEALTH THERAPY TREATMENT

ROLE SUMMARY:

Provides mental health counseling to address concerns such as anxiety, depression, trauma, relationships, or other emotional and behavioral needs, with a focus on therapeutic treatment

HOW TEACHERS CAN PARTNER:

Communicating relevant school-based observations, supporting agreed-upon strategies in the classroom, and directing students to counseling when appropriate.

SCHOOL COUNSELOR

ACADEMIC
CAREER
SOCIAL-EMOTIONAL
SUPPORT

ROLE SUMMARY:

Provides school-based support for students' academic, social-emotional, and career development, including individual counseling, groups, and coordination of student resources

HOW TEACHERS CAN PARTNER:

By referring students for support, sharing relevant classroom observations, and collaborating on strategies that promote student success.

SCHOOL PSYCHOLOGIST

LEARNING BEHAVIOR ASSESSMENT MENTAL HEALTH

ROLE SUMMARY:

Supports students' learning, behavior, and mental health through assessment, consultation, intervention, and collaboration with educators, families, and other school professionals

HOW TEACHERS CAN PARTNER:

Consulting about academic, behavioral, or social-emotional concerns and collaborating on strategies and interventions.

REFERRAL PROCESS FOR HEARTLAND SERVICES

1. TEACHER OBSERVES



2. TEACHER REFERS



3. SCHOOL COUNSELOR / SCHOOL PSYCHOLOGIST REVIEWS



Is Clinical Counseling Needed?

NO → Continue with school-based supports and monitor the student's progress.

YES ↓

4. REFERRAL TO CLINICAL COUNSELOR



5. CLINICAL COUNSELOR REFERS TO PEER SUPPORT

Teachers Role- Mental Health first line



Helping resources



1201 Arbor Drive
South Sioux City, NE 68776
Phone: 402-494-3337
Monday-Thursday 8-8; Friday
8-12

Crisis Response: 24/7
(402) 494-7655 or (877) 958-
7776



**SUICIDE & CRISIS
LIFELINE**



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