

AMANDA RITTER

PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER

818 SW 16th St. Newcastle, OK 73065 · 405-760-9560

Awhite4424@gmail.com

EXPERIENCE

JULY 2024-AUGUST 2026

APRN-CNP, PMHNP-BC

OU HEALTH DEPARTMENT OF PSYCHIATRY, ADULT OUTPATIENT SERVICES

- Performed psychiatric assessments and evaluations.
- Ordered and managed psychotropic medications.
- Performed supportive psychotherapy and motivational interviewing.
- Ordered appropriate diagnostic studies and correctly interpreted results.
- Developed, implemented, evaluated, and altered the plan of care as needed.
- Maintained accurate, complete, concise, and timely documentation in the electronic medical record.
- Provided care that was patient and family centered.
- Incorporated the patient and family in care planning.
- Used evidence-based medicine to systematically analyze and improve patient care practices.
- Communicated and collaborated effectively with other health professionals and health related agencies.
- Counseled and educated patients and families.
- Served as an advocate for patients and families.

NOVEMBER 2019 – JUNE 2024

NURSING SUPERVISOR

NORMAN REGIONAL HOSPITAL BEHAVIORAL MEDICINE SERVICES

- Supervised staff of 15 registered nurses, 11 mental health technicians, 4 licensed clinical social workers, 1 registered nurse case manager, and 2 certified therapeutic recreational specialists.
- Trained new nurses in proper techniques, care standards, operational procedures, and safety protocols.
- Discussed patient care and treatment with care team members to optimize intervention plans and care delivery.
- Maximized staff and patient protections by enforcing optimal disease prevention protocols.
- Provided direct patient care when personnel were short-staffed.
- Assisted nurse manager with staffing concerns and ensured the monthly schedule was posted in a timely fashion.
- Served as leadership on-call every other weekend and as needed.

- Took action to ensure patient care was proper, least restrictive, and respectful.
- Served as adjunct RN educator and member of the Clinical Education Council.
- Served as alternate Norman Regional Health System representative board member for the Oklahoma Psychiatric Hospital Association.

NOVEMBER 2011 – NOVEMBER 2019

REGISTERED NURSE

NORMAN REGIONAL HOSPITAL BEHAVIORAL MEDICINE SERVICES

- Served as lead preceptor to new nurses.
- Coordinated nursing activities in collaboration with the multidisciplinary treatment team.
- Performed psychiatric nursing assessments and implemented individualized nursing care plans.
- Provided culturally competent and trauma informed care.
- Administered medication while ensuring correct dosage, frequency, and appropriate use according to physician's orders.
- Provided necessary guidance on health maintenance and disease prevention.
- Instructed patient and family on proper discharge care.

JUNE 2011 – NOVEMBER 2011

REGISTERED NURSE

NORMAN REGIONAL HOSPITAL STROKE UNIT

- Administered medications and monitored responses.
- Completed nursing assessments and developed individualized nursing care plans appropriate for each patient.
- Assisted patients with multiple chronic diagnoses.
- Performed MEND exams on stroke patients to monitor symptoms and/or change in condition.
- Collected blood, tissue, and other laboratory specimens and prepared for lab testing.
- Updated patient charts with data such as medications to keep records current and in support of accurate treatment.

EDUCATION

GRADUATED: DECEMBER 2023

MASTER OF SCIENCE IN NURSING (MSN-PMHNP)

HERZING UNIVERSITY

Milwaukee, WI

GRADUATED: MAY 2020

BACHELOR OF SCIENCE IN NURSING (BSN)

OKLAHOMA CITY UNIVERSITY

Oklahoma City, OK

GRADUATED: DECEMBER 2010

ASSOCIATE DEGREE IN NURSING (ADN)

OKLAHOMA CITY COMMUNITY COLLEGE

Oklahoma City, OK

SKILLS

- Medication management
- Supportive therapy
- Motivational interviewing
- Strong written and verbal communication skills
- Strong code of ethics
- Promotes accountability
- Extensive medical terminology
- Empathetic and compassionate
- Exceptional leadership skills
- Enthusiastic caregiver
- Strong clinical judgement
- BLS certification

PROFESSIONAL REFERENCES

Margaret Lee, MD

(572)268-5782

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Kevin Watson, MD

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Austin Hoffhines, APRN-CNP, PMHNP-BC, FNP-BC

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PEER REFERENCES

Sabina Winningham, MSN, APRN-CNP, PMHNP-BC

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