



EXECUTIVE SUMMARY

Meeting Date:	September 17, 2026
Agenda Item:	Local Wellness Policy
Item Type:	Information
Administrator:	Amy Muhler, Student Wellness Director
Objective:	Provide information on the process to update the Local Wellness Policy EFA

Background:

The Local Wellness Policy provides a districtwide framework for creating school environments that support student health services, nutrition standards and school practices that promote a readiness to learn. Because implementation occurs at the school level, a triennial review is important to determine whether the practices occurring in schools are consistent with the expectations established in Board policy.

The goals for the district wellness committee that met four times (quarterly) within this yearlong process are to evaluate how consistently the existing policy is being implemented across all district schools and update the policy using current OSBA recommendations. The district wellness committee met four times quarterly and consisted of a district nurse, nutritionist, teacher, classified and district staff and one Board member.

Board Policy EFA has been reviewed and revised at least every three years as requirements and recommended practices have evolved. The current district policy was originally adopted in 2017 and has subsequently been revised or readopted in 2020, 2022, and twice in 2023, with the most recent revision occurring in October 2023.

School-Level Triennial Assessment:

As part of the review, every school completed the ODE School Nutritional Triennial Review as part of the School Site Council meeting with a given due date of January 2026. School teams examined their practices in relation to the expectations outlined in Board Policy EFA and identified areas of compliance, strengths, and opportunities for improvement.

A district wellness committee met quarterly and in February reviewed the school assessments collectively to identify districtwide themes and areas where implementation may vary between schools. This provided an important connection between Board policy and actual school practices and helped identify where clearer expectations, additional guidance, or greater consistency may be needed.

OSBA Review and Policy Revision:

The district wellness committee then reviewed Board Policy EFA alongside the current OSBA model policy and recommendations. OSBA guidance was used to inform the proposed edits and

ensure the revised policy reflects current recommended language and provides an effective framework for districtwide implementation.

The proposed revisions therefore reflect both external guidance and internal evidence: OSBA recommendations establish the policy framework, while the school triennial assessments provide information about how wellness expectations are currently being implemented throughout the district.

Outcome and Next Steps:

The resulting proposed revisions represent a districtwide, evidence-informed approach to updating Local Wellness Board Policy EFA. Following School Board review and adoption of the revised policy, district staff will communicate updated expectations to schools and use the assessment findings to support continued improvement and consistency in implementation.

Additional Materials: 2025-26 Running [Agenda](#)

Recommendation: Recommend approving revisions included with the policy packet.

Suggested Motion: *(Motion included in the School Board Policies executive summary.)*