

HELP FEED ALSEA STUDENTS!

Weekend Backpack Lunch Program

The **Alsea Schools Family Outreach** program is seeking community support to provide weekend meals for local students. We serve **10–15 children each week** with nutritious, discreet food packs.

This program is need-based and proudly supported by the **Benton Community Foundation** and local donors like you.

1. Donate Nutritious, Shelf-Stable Foods

We need single-serving, easy-to-open items.

Gluten-free options are highly encouraged to help accommodate all children!

- **Proteins:** Canned tuna or chicken (pull-top), small peanut butter jars, chili, individual mac & cheese.
- **Breakfast:** Oatmeal packets, individual cereal boxes, fruit bars.
- **Snacks:** Fruit cups (in 100% juice), raisins, applesauce, crackers, popcorn, and rice cakes.

2. Become a Volunteer!

We need hands to help organize and pack bags each week.

- **Volunteer forms** can be picked up at the **District Office**.

Drop-Off Information

Location: Alsea Schools Front Office

Hours: On School Days (During regular office hours)

Questions & Contact

Coordinator: Sara Littlefield

Role: Family Outreach Coordinator

Phone: 541-487-5664

Thank you for ensuring no student in our community goes hungry over the weekend!

■ WEEKEND BACKPACK FOOD PROGRAM — PERMISSION SLIP

Alea Schools Family Outreach Program • Supported by the Benton Community Foundation and community donors

Dear Parent/Guardian, Our school offers a **free weekend backpack food program** to provide nutritious, kid-friendly, shelf-stable food to students over the weekend. Bags are placed discreetly in your child's backpack on Friday afternoons. This need-based program serves 10–15 children weekly. If you would like your child to participate, please fill out this form and **return it to the front office**.

Student Name: _____

Teacher / Grade: _____

Food Allergies / Dietary _____

Restrictions: _____

☐ **Please check here if your child requires GLUTEN-FREE options.**

Parent/Guardian Consent: I give permission for my child to participate in the Weekend Backpack Food Program. I understand that the food provided is shelf-stable and contains various allergens unless specified above.

Parent/Guardian Signature: _____

Date: _____

Phone Number: _____

■ DONATION & VOLUNTEER INFORMATION FLYER

Help feed kids this weekend! Our Alea Schools Family Outreach program welcomes volunteers and nutritious, shelf-stable donations to support our weekly food initiative.

■■ **CRITICAL PACKAGING REQUIREMENT:** All food must be individually wrapped and sealed in original containers.

Most Needed Items (Drop off directly at Alea School):

- **Proteins:** Mac and cheese cups, ravioli cups, canned stews/chili (pull-tab), tuna/chicken pouches, peanut butter.
- **Breakfast:** Oatmeal packets, individual low-sugar cereal bowls, shelf-stable milk boxes, granola bars.
- **Fruits & Veggies:** Applesauce pouches, fruit cups (in 100% juice), individual canned corn or green beans.
- **Grains & Snacks:** Gluten-free crackers, popcorn bags, single-serve pasta bowls.
- **Gluten-Free Specific Items:** Highly welcomed and strongly encouraged!

Want to Volunteer?

We love community support! Volunteer enrollment forms can be picked up directly at the school.

Need resources or have questions? Call Sara Littlefield @ 541-487-5664