



CAMBRIDGE-ISANTI SCHOOLS
EVERY STUDENT. EVERY DAY.

**Cambridge Intermediate, Isanti
Intermediate & C-I STEAM School**

4th Grade Kindness Retreat

September 2026

Mission Statement

The mission of Cambridge-Isanti Schools,
in partnership with our community,
is to **EDUCATE, EMPOWER and INSPIRE**
Every Student, Every Day
to achieve their full potential.

HONESTY | RESPECT | RESPONSIBILITY | SELF-DISCIPLINE | COMPASSION



What is the Kindness Retreat?



A high-energy, five-hour program designed for 4th students to build empathy, prevent bullying, and foster a positive school community.

<https://www.youthfrontiers.org/kindness-retreat/>

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Strategic Priorities Connections



WE WILL

**ENSURE STUDENT
ACADEMIC GROWTH
& SUCCESS**



WE WILL

**FOSTER POSITIVE
PERSONAL
RELATIONSHIPS**



WE WILL

**IMPROVE THE MENTAL
HEALTH & WELL-BEING OF
ALL STUDENTS & STAFF**



WE WILL

**PARTNER TO SUPPORT
THE GROWTH OF THE
SCHOOL DISTRICT**

3.4 We will expand opportunities for students to participate in school-based activities that build social connections.

4. We will broaden community partnerships to maximize resources, support the growth of the school district, and provide opportunities for students.

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Every Student, Every Day: Welcoming and Inclusive Environments

Culture: *The way things are done.*

Relationships, core values and beliefs, norms, traditions, and expected behaviors

Climate: *The feel of the environment.*

How staff, students, families, and the community experience the environment.

Courage: *The strength to move forward through uncertainty or challenge.*

Showing up, taking action, navigating challenges, and learning along the way.

Connection: *The relationships that help us move forward together.*

Trust, belonging, collaboration, support, shared purpose, and authentic relationships



The Goals of the Kindness Retreat are to:

- Understand why and how to make kind choices.
- Enhance empathy skills to understand how words and actions affect others.
- Develop conflict-resolution strategies that can be used in response to unkind actions.



RETREAT ELEMENTS

Activities

High-energy music & games

Presentations

Stories shared with humor & heart

Small Groups

Time to process, connect & learn

Sharing

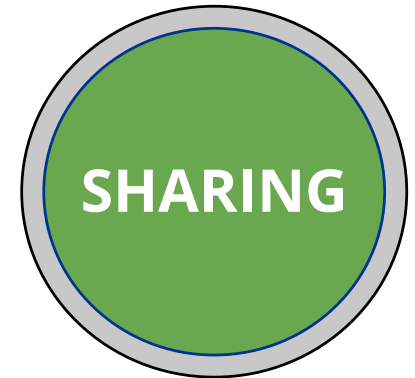
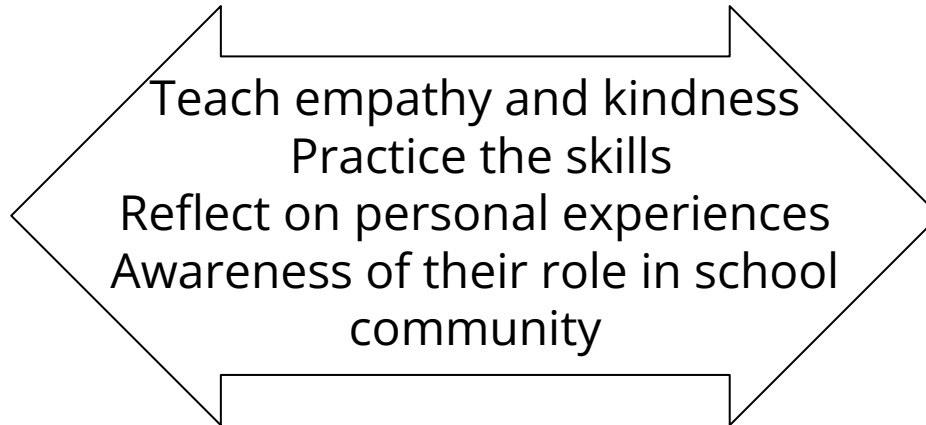
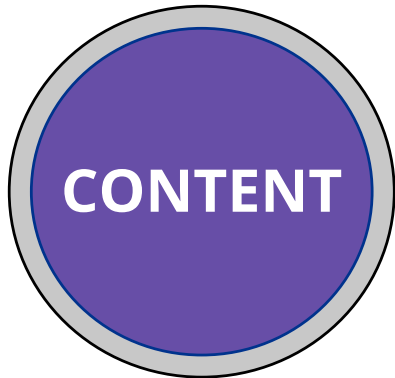
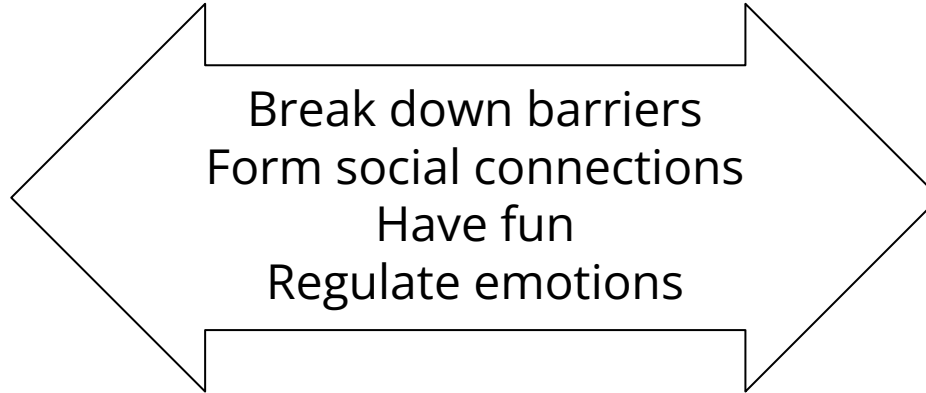
Chance to stand up & commit to an act of kindness

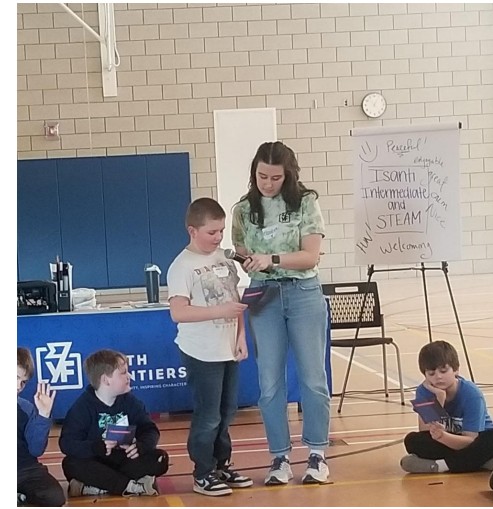
Follow-up

Additional resources to extend the impact beyond the retreat

HONESTY | RESPECT | RESPONSIBILITY | SELF-DISCIPLINE | COMPASSION







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Student Feedback



59 percent of your students reported that since the Kindness Retreat their school is a kinder place.



96 percent of your students agreed that they would recommend the Kindness Retreat to other students.

“The Kindness Retreat gives students practical tools to stand up for others, choose kindness, and help make school a more welcoming place to learn and grow.” -IIS Teacher



Implementing a Tradition of Kindness

- All C-I 4th & 5th grade students develop skills aligned with our district's character traits and PBIS goals—creating a positive impact that grows as they progress through school.
- Sustain this opportunity each school year through fundraising and community support.



Thank you for listening!

What questions do you have?





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