



ECISD Dual Credit Programs

2026 and Beyond

Physical and Health Education

ECISD Course and Credit	OC Course & Credit Hours	UTPB Course & Credit
Lifetime Fitness and Wellness Pursuits Credits: 0.5 GPA: 4.5 Course Number: 4809 PEIMS #PES00051	KINE 1106 Jogging and Walking* Credits: 1 hr Prerequisite: No TSI Required	
Lifetime Fitness and Wellness Pursuits Credits: 0.5 GPA: 4.5 Course Number: 4809 PEIMS #PES00051	KINE 1111 Weight Training Credits: 1 hr* Prerequisite: No TSI Required	
Kinesiology I Credits: 0.5 GPA: 4.5 Course Number: **** PEIMS# N1302104	KINE 1164 Introduction to Fitness & Wellness Credits: 1 hr Prerequisite: No TSI Required	
Kinesiology I Credits: .5 GPA: 4.5 Course Number: **** PEIMS# N1302104	KINE 1304 Personal and Community Health I Credits: 3 hrs Prerequisite: No TSI Required	

**Kinesiology courses paired with Physical Education will include a physical activity component throughout the duration of the course.*