

Memo



To: Dr. Karla Guseman

From: Dianne McDonald

Date: September 4, 2026

Re: Addition-Individual/Dual Sports course

I respectfully recommend the addition of Individual/Dual Sports, a one-semester, unweighted course for grades 10–12, for the 2027–2028 school year.

The Physical Education Department will replace Competitive Education and Recreational Education with Team Sports and Individual/Dual Sports to better align with student interests. All PE 3-4 classes will be rebranded as semester courses available to students in grades 10–12, expanding student choice in their physical education options. This curriculum change aims to "streamline the course selection process and reduce confusion for students during registration." By predetermining activities, students can better engage in "personalized, student-centered" planning (Action Plan 3-1). The JTHS Physical Education Department remains committed to a learning environment that cultivates teamwork, social interaction, leadership, sportsmanship, and self-esteem. These program enhancements will ensure our physical spaces and curriculum "maximize functionality and create flexible, collaborative, and inclusive areas" for the entire student body (Action Plan 4-4).

This course revision has been discussed and approved at the Curriculum Coordinating Council.

Thank you and please let me know if you have further questions.