

Aging Services in Saline County 2025-26

- **31,019 Units** of services provided to older adults and their caregivers.
- **8,461 Contacts** made to older adults and caregivers to assist with questions and make referrals for services—a 8.7% increase from previous fiscal term.
- **3,163 Units** of materials and equipment provided which allowed residents to remain in their own home.
- **1,278 Hours** of individualized & in-home services designed to keep people living in their own home. Includes case management and Medicaid Waiver coordination.
- **4,596 Meals** provided that meet dietary standards for older adults.
 - 2,493 of these were home-delivered meals to 65 consumers.
- **5,172 Sessions** of health activities and nutrition education provided.
- **8,247 Visits** to senior centers by consumers.
- **Served 365 clients and saved Saline seniors \$284,000** during Medicare D Open Enrollment.
- Expanded exercise program offerings to include four StrongBodies classes, Tai Chi, Chair Yoga classes and a new Gentle Yoga class.
- Began offering after-hours activities on Mondays and Thursdays for working individuals age 60 and above, featuring StrongBodies classes, Advanced Yoga and retirement counseling.
- Hosted a monthly meal at Saline County Aging Services in Wilber with approximately 40 participants per month.
- Hispanic outreach events are held in Crete two times a month, which included meals and social activities led by interpreters. Approximately 25-30 individuals are served each event. We had 47 sponsors and 125 participants.
- Applied for and received the following grants: Share the Love Grant for \$2,573, Land O'Lakes Foundation Grant for \$500, and Farmer's Cooperative Grant for \$500.
- Crete home-delivered meals through CAMC have grown to 14 people.
- DeWitt Senior Center enhanced meal service by offering meals at different times of the day and on weekends.
- DeWitt hosted intergenerational programs with local high school and daycare.
- DeWitt hosted a health resource fair with over 20 local organizations in attendance.

976 older adults found support through Saline County programs and services in FY 25-26