



June 1, 2026

Dear Dr. Waldron,

As the district designee supporting the Abilene ISD School Health Advisory Council (SHAC) this Year, I am submitting a report of the meetings held and the recommendations of the 2025-2026 SHAC Members.

The SHAC met in the Alta Vista Room at OneAISD from 6:00 pm-7:00 pm on September 29, 2025, November 17, 2025, February 23, 2026, April 27, 2026 and May 4, 2026. The topics presented during the meetings included information on Fentanyl Awareness Month, Health and Sexual Wellness program update, Food and Nutrition Department update, presentation from Abilene Taylor County Health Department staff on “Credible Mind” which is a mental health resource available, also discussed was information related to the proposed instruction of prevention of child abuse, family and dating violence, and sex trafficking that is mandated in Senate Bill 9 from the 87th Texas Legislative Session.

The SHAC has recommended that the District include during the Fentanyl Awareness teaching of secondary students the viewing of the video “Real Talk About Fake Pills” from the organization A Song for Charlie.

<https://www.songforcharlie.org/page/youth-assembly-film>.

The SHAC is also recommending the continued revamping of the 7th Grade Health and Sexual wellness program. They would like to see Health added as a requirement of graduation, but understand that this may not be possible. The committee would like to continue working with Jason Barber and the Curriculum Department to develop curriculum to meet the needs of the students. The committee did like the Aim For Success presentation from the Youth Equipped to Succeed company and would like to implement that program. <https://justsayyes.org/wellness-education/>.

The SHAC spent two meetings hearing from Kendra Tapie from Serenity House Impact Youth Prevention Program regarding two possible programs that they could facilitate on AISD campuses that would meet the Senate Bill 9 requirements. The first was the Monique Burr Foundation Child Safety Matters program. <https://mbfpreventioneducation.org/why-use-our-program/mbf-child-safety-matters/> The second was Second Step–Child Protection Unit. The Serenity House Impact Youth Prevention Program has a grant that can purchase either of these programs and train facilitators. The facilitators would then go to each AISD elementary campus and present the curriculum unless the school counselor would rather present it themself.

In accordance to the regulations of Senate Bill 9, the SHAC held two public meetings where the curriculum was presented prior to voting on the recommendation to the Board. The final vote was to recommend that the Monique Burr Foundation Child Safety Matters program be the one that is recommended.

The SHAC would also continue to recommend that elementary students not have recess taken away as a form of discipline. Students should have free play daily in order to be successful.

The SHAC would also like to continue to explore ways to promote gun safety education to parents and families in our District.

The Abilene ISD SHAC continues to serve as a recommendation body centered on district health and wellness. The SHAC focuses on the whole child model while keeping community values at the center of its recommendations. Members of the SHAC will continue to focus on current concerns in the Community such as student health, safety, and social emotional learning.

Please know that I am available to answer questions and assist in providing further information to the Abilene ISD Board of Trustees.

Respectfully submitted,

Angela Valentine BSN, RN  
Director of Health Services